

WELLNESS CHAMPIONS UPDATE

June 2019

Sign up for 2019-20 Wellness Champion Training

Before you leave for that well-earned summer break, take time to register in PDEExpress for Wellness Champion Training. Training will take place during Opening Week, on Wednesday, August 28th and Thursday, August 29th, from 7:30-9AM. Sign up for whichever session best fits your schedule and schools are encouraged to send their Wellness Committee.

Also, a million thank-yous for the wellness work you've done this school year. This work wouldn't, couldn't happen without you. Many thanks to you and your teams for planning remote walks to school, helping boost staff morale through playfulness and healthy eating, providing students with physical activity opportunities they might otherwise not experience, etc.



Garden Gab

Are you a gardener? Curious about what's happening with SPPS schools gardens? The August School Garden Tour is your chance to see what's taking root at several prime district gardens. Tour is tentatively scheduled for August 13th. An August training covering safe harvest food handling and other Garden to Cafeteria key information is also in the works. Interested SPPS staff and other stakeholders are encouraged to register on this [google sign-up](#).

Summer Learn to Skate Opportunity Sponsored by the Minnesota Wild

The Minnesota Wild is sponsoring a free Learn to Skate program for SPPS 4-8 year-olds. The lessons will run August 12th-16th, from 12:30-1:30PM at Tria Rink. If you know students that might benefit from this program, contact Terri Steen for more information.

Bring the SPPS Bike Fleet to Your School

Fall 2019 reservations are being accepted for the mobile bike fleet but the season goes fast so don't delay. The request form can be found on this [web page](#)



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