



2021 Winter/Spring Flipside Centralized Class Descriptions (February 8-April 1, 2021)

Acrylic Painting

Instructor: Ms. G and Ms. Petra

Class Schedule: Wednesdays only 4:00-5:00 pm OR 5:00-6:00 pm

Class Description: We will paint and sketch with professional artists around St. Paul. Students will receive art supplies and be able to keep and/or exhibit whatever they create.

Anime

Instructor: Cara Husnik

Class Schedule: Mondays/Wednesdays 3:00-4:00 pm

Class Description: Anime Club! Join us while we watch and discuss all things anime! No materials necessary, just you and your love of anime.

Art of Photography

Instructor: Tomas Leal

Class Schedule: Mondays/Wednesdays 4:00-5:00 pm

Community Partner: In Progress

Class Description: The Art of Photography with Tomas Leal Students will learn to take professional looking photographs using phones, ipads and other photo devices available from home. They will learn the language of lighting, composition and formal elements as they build a portfolio of photographs with writing.

Fall 2020 Flipside Class Descriptions

Board Game Club

Instructor: Austin Kennedy

Class Schedule: Mondays/Wednesdays 3:00-4:00 OR 4:00-5:00 pm

Class Description: Learn new games, develop strategy, and have fun playing a variety of games with peers!

Circus and Juggling

Instructor: Christopher Adams

Class Schedule: Tuesdays/Thursdays 4:30-5:30 pm

Class Description: Juggling is a good form of cardiovascular exercise, learning to juggle can boost self-esteem (by showing you you're capable of things you previously thought impossible), and many say that the meditative repetition of juggling helps them destress. Come learn the fundamentals of juggling and other circus-based activities!

Dakota Language Club

Instructor: Lisa Yankton

Class Schedule: Mondays only 4:00-6:00 pm

Community Partner: American Indian Family Center and Interfaith Action

Class Description: This class will focus on learning Dakota language, culture, and ways of life.

Explore Your Art Medium

Instructor: Nora Rickey

Class Schedule: Tuesdays only 4:30-5:30 pm

Class Description: In this class, you will have the opportunity to explore different art mediums; example: fruit and vegetable stamp making, making jewelry out of polymer clay, patch making, crocheting, weaving, and many more!

Film Appreciation

Instructor: Austin Kennedy

Class Schedule: Tuesdays/Thursdays 3:00-5:00 pm

Class Description: Students will learn the origins of movies starting with early silent films, to how they evolved to talkies, and then color. We will explore films of every genre and era, studying iconic filmmakers. We will watch films while discussing their meaning and importance, teaching students to watch movies with a more critical eye. We will be showing films ranging from G to PG13 (no R ratings). Some films have been shown in the past are: The Gold Rush, Singin' in the Rain, In The Heat of the Night, Some Like it Hot, Tootsie, Kramer Vs. Kramer, Green Book, A Quiet Place, Crooklyn. Students will also be assigned a filmmaker to research and present a critique of a favorite film.

Fall 2020 Flipside Class Descriptions

Fitness Class

Instructor: Chris Haider

Class Schedule: Mondays/Wednesdays 3:00-4:00 pm

Class Description: It is time to get UP and MOVE! Working with a fitness trainer, we will do a variety of workouts and develop nutritional plans. We will develop our goals for having a healthy lifestyle!

Flipside Newspaper

Instructor: Josie Johnson

Class Schedule: Mondays/Wednesdays 3:00-4:00 pm

Class Description: Students will create a flipside electronic Newspaper. You will write stories, report on flipside happenings, and learn the ins and outs of how to publish a newspaper.

Folding Campfire Chair Building

Instructor: Kaitlyn Custer

Community Partner: Urban Boat Builders

Class Schedule: Mondays/Wednesdays 3:30-5:00 pm

Class Description: Using hand tools and a variety of materials, build and decorate your very own folding Campfire Chair! An instructor from Urban Boatbuilders will guide you through the construction of this compact and portable chair, introducing you to woodworking, construction, tool use, and design. Once you have built your Campfire Chair, use provided paints and finishes to customize it using design principals that you have learned. Whether or you take it out to sit by a campfire or carry it around the house so you always have a seat, the folding Campfire Chair can go with you anywhere and always impresses!

Folding Functional Desk – Make Your Own (spots limited!)

Instructor: Liam DelMain

Community Partner: Urban Boat Builders

Class Schedule: Tuesdays/Thursdays 3:30-5:00 pm

Class Description: Build your own wooden desk using various woodworking tools, metal joinery, paints and oils! Compact and lightweight, this desk folds up so you can store it away when you're done using it. Learn about construction, tool use and design from an Urban Boatbuilders woodworking instructor and apply this knowledge to construct a folding desk that has movable joints and a storage area for your tablet and books. When you're done building, customize your desk's finish using a variety of paints and oil to make it your own! You can feel proud while doing work for school or other projects on a desk you built yourself.

Freedom School Express

Instructor: Carneada Milton

Community Partner: Freedom School

Class Schedule: Mondays/Wednesdays 3:00-4:30 pm

Class Description: Using creative fun to excel and believe in their ability to make a difference in themselves, community, family, and world. Students can Improve academic and social emotional skills by discovering/explore new abilities and interests. Make friends and connect with caring adults by being creative, active, healthy, and have fun!

Freedom School Express

Instructor: Talisha Jackson

Community Partner: Freedom School

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: Using creative fun to excel and believe in their ability to make a difference in themselves, community, family, and world. Students can improve academic and social emotional skills by discovering/explore new abilities and interests. Make friends and connect with caring adults by being creative, active, healthy, and have fun!

Game Design: Build an Avatar Maker

Instructor: Eileen King

Community Partner: MN Computers for Schools

Class Schedule: Tuesdays/Thursdays 5:00-6:00 pm

Class Description: Avatar maker games are a fun way to get creative, explore different styles, and use your imagination. In this club, we'll create our own avatar makers by drawing facial features, hairstyles, and different types of clothing, then coding the games in Scratch! No experience with art or coding is necessary, and everyone is welcome - even if you don't think of yourself as good at drawing or interested in fashion.

Game Design: Platformer

Instructor: Eileen King

Community Partner: MN Computers For Schools

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: Platformers are a type of video game where a character runs and jumps along platforms, often picking up items or dodging obstacles. In this club, we will use Scratch to design and code our own platformer games. No coding or video game design experience is necessary - if you've ever wanted to learn how to build a video game, this is a great place to start!

GGALS (Girls Getting Ahead in Leadership)

Instructor: Nancy Vang

Community Partner: WISE

Class Schedule: Mondays/Wednesdays 4:00-5:00 pm

Class Description: A fun, academic, self-advocacy, empowering, and leadership program for immigrant and refugee girls. We do everything from arts & crafts to music videos to health relationship workshops to healthy lifestyles to academic/homework help support. We are here to serve you and empower you to succeed!

Indigenous Graphic Novels

Instructor: Cyndi Bergloff

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: Indigenous graphic novels will explore aspects that make up a graphic novel and Indigenous storytelling. We will read through at least 2 stories through these sessions and will see how Indigenous experiences can be uniquely portrayed through the use of images.

Intro to Science Fiction Writing

Instructor: Don Allen

Class Schedule: Mondays/Wednesdays 3:00-4:30 pm

Class Description:

Magic 101

Instructor: DeWayne Combs

Community Partner: Mikayla Oz Magic

Class Schedule: Tuesdays/Thursdays 3:00-4:00 pm

Class Description: With an instructor to coach you along, watch professionally made videos of Mikayla Oz that will walk you through the steps of becoming a magician in your own home! Using common household items you will learn how to become a magician that will amaze friends and family!

Martial Arts

Instructor: Master Joe

Community Partner: Spirit

Class Schedule: Tuesdays/Thursdays 4:30-5:30 pm

Class Description:

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Metal Jewelry Making

Instructor: Sam Hirte-Runtsch

Class Schedule: Tuesdays/Thursdays 4:00-6:00 pm

Class Description: We will learn to make metal chainmail jewelry, weaving individual rings into bracelets or necklaces.

My Future, My Choices: College & Career Prep

Instructor: Annette Lee

Community Partner: Freedom School

Class Schedule: Tuesdays/Thursdays 3:00-4:00 pm

Class Description: The purpose of the College and Career Readiness Course is to provide planning and instruction for postsecondary transition. We will develop individual plans, explore careers and colleges including 2-year, 4-year, trade schools, HBCUs and Tribal college. We will play games and interact with each other in a relaxing informal atmosphere.

Ojibwe Plants: Traditional Ecological Knowledge

Instructor: Cyndi Bergloff

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: We will explore Ojibwe plant teachings, learning about plant growth and words for plants in Ojibwe language. This will incorporate both Botanical knowledge and Ojibwe cultural knowledge. Students will create their own plant knowledge journals that they can use for future adventures!

Our Voices Matter: Spoken Word & Poetry

Instructor: Talisha Jackson

Class Schedule: Mondays/Wednesdays 3:00-5:00 pm

Class Description: Spoken word and Poetry is the music of language in which it is simultaneously pure and abstract, both direct and ambiguous. Just like music, poetry needs an open mind, an open ear and, perhaps most importantly, no fear. Through creation of a safe space for poetry recitation, confidence and trust develop. Spoken word poetry is a unique hybrid, with written words memorized like lines in a play and said aloud with a performer's flair. While studying and writing any poetry helps students develop literacy skills, spoken word also helps students build social and emotional skill sets including self-awareness, communication and self-confidence.

Outdoor Survival

Instructor: Alexander Aman

Class Schedule: Tuesdays/Thursdays 3:00-4:00 pm

Class Description: We left the house, with our backpack to start a normal school day. As we stepped outside the front door, it locked behind us. Oh No! We realized we forgot our cell phone, money, and keys inside. The school bus never showed up, and our parents are already gone for work. Worst of all, our neighbors won't answer the door because of Covid. It's on us to find food, water & shelter. Together we will learn some basic survival skills in both urban and rural settings with Mr. A.

Page Turners Book Club

Instructor: Annette Lee

Community Partner: Freedom School

Class Schedule: Mondays/Wednesdays 3:00-4:00 pm

Class Description: Students will vote on books to read and discuss. We will highlight books by Black/African American Authors and graphic novels.

Phenomenal Young Men's Club

Instructor: Gregory Fairrow

Community Partner: Freedom School Express

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: What is in your future? Do you have a dream and plan to reach your goals? Guys, Let us Keep It Real!

Fall 2020 Flipside Class Descriptions

TikTok Dance Party

Instructor: Ellen Keane

Community Partner: Keane Sense of Rhythm

Class Schedule: Tuesdays/Thursdays 3:00-4:00 pm

Class Description: Have fun exploring TikTok dances and creating our own dances!

Videography

Instructor: Alexander Aman

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: Videography: In this changed world, we are finding ourselves spending more time consuming content via Facebook, Instagram, Snapchat, YouTube and in front of the TV. We are often consuming various styles of modern videography while doing so. A healthy way to adjust to our social media usage is to be producing more than we consume. Together, we will learn ways to be producers of video content. We will use our iPads and any camera based devices we have access to.

Where's My Wakanda

Instructor: Brandon Steele

Community Partner: Freedom School

Class Schedule: Tuesdays/Thursdays 4:00-5:00 pm

Class Description: Where's my Wakanda is a research project inspired by the popular Marvel movie Black panther. The movie shows a lot of similarities to many African countries even through its fictional storyline. In this course scholars will learn about different African countries valuable resources, democracy, currency, cultural traditions and beliefs and more.

Yoga

Instructor: Jenna

Class Schedule: Mondays/Wednesdays 4:00-5:00 pm

Class Description: