<table>
<thead>
<tr>
<th>Date</th>
<th>Breakfast Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>NOVEMBER 28</td>
<td>Strawberry Banana Smoothie Granola Bites Pear Cup</td>
</tr>
<tr>
<td>29</td>
<td>Chocolate Chip Oat Bar Apple</td>
</tr>
<tr>
<td>30</td>
<td>Mini Cinnamon Rolls Apple Slices</td>
</tr>
<tr>
<td>DECEMBER 1</td>
<td>Belgian Waffle Strawberry Yogurt Peach Cup Banana</td>
</tr>
<tr>
<td>2</td>
<td>Chocolate Muffin Strawberry Yogurt Apple Slices</td>
</tr>
<tr>
<td>5</td>
<td>Apple Filled Pastry Mixed Fruit Cup</td>
</tr>
<tr>
<td>6</td>
<td>Trix Bar Apple</td>
</tr>
<tr>
<td>7</td>
<td>Blueberry Muffin Strawberry Yogurt Peach Cup Banana</td>
</tr>
<tr>
<td>8</td>
<td>Mini Cinnamon Rolls Strawberry Yogurt Banana</td>
</tr>
<tr>
<td>9</td>
<td>Smart Round Apple Slices</td>
</tr>
<tr>
<td>12</td>
<td>Strawberry Banana Smoothie Granola Bites Pear Cup</td>
</tr>
<tr>
<td>13</td>
<td>Chocolate Chip Oat Bar Apple</td>
</tr>
<tr>
<td>14</td>
<td>Mini Cinnamon Rolls Apple Slices</td>
</tr>
<tr>
<td>15</td>
<td>Belgian Waffle Strawberry Yogurt Apple Slices</td>
</tr>
<tr>
<td>16</td>
<td>Chocolate Muffin Strawberry Yogurt Apple Slices</td>
</tr>
</tbody>
</table>

**Other Choices**: Cinnamon Rice Chex Cereal, Cheerios Cereal, Yogurt, String Cheese, Juice, Milk

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NOVEMBER 28
Grilled Cheese
Potato Chips
Baby Carrots
Applesauce Cup

29
Hamburger OR
Cheeseburger
Potato Chips
Cucumbers
Hummus
Mandarin Orange Cup

30
General Tso’s
Chicken Bowl
Sugar Snap Peas
Banana

DECEMBER 1
Corn Dog
Baby Carrots
Hummus
Apple Slices
Chocolate Spread

2
Italian Dunker with
Marinara Sauce Cup
Jicama
Grapes
Chocolate Chip Cookie

5
Glazed Chicken Bites
Baby Carrots
Potato Wedges
Apple

6
Mac and Cheese
Broccoli
Pear Cup

7
Chicken Tender
Corn Muffin
Cucumbers
Potato Wedges
Banana

8
BBQ Beef Rib
Sandwich
Baby Carrots
Tortilla Chips
Apple Slices
Chocolate Spread

9
Cheese Pizza
Sugar Snap Peas
Baby Carrots
Grapes
Oatmeal Raisin Cookie

12
Grilled Cheese
Potato Chips
Baby Carrots
Applesauce Cup

13
Hamburger OR
Cheeseburger
Potato Chips
Cucumbers
Hummus
Mandarin Orange Cup

14
General Tso’s
Chicken Bowl
Sugar Snap Peas
Banana

15
Corn Dog
Baby Carrots
Hummus
Apple Slices
Chocolate Spread

16
Italian Dunker with
Marinara Sauce Cup
Jicama
Grapes
Chocolate Chip Cookie

19
ENJOY WINTER BREAK!

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