OCTOBER 31
No School
Grades PK-5
Digital Learning
Day Grades 6-8

NOVEMBER 1
Chocolate Chip
Oat Bar
Apple

2
Mini Cinnamon
Rolls
Apple Slices

3
Belgian Waffle
Banana

4
Chocolate Muffin
Strawberry Yogurt
Apple Slices

7
Apple Filled
Pastry
Mixed Fruit Cup

8
Digital Learning
day Grades 6-8

9
Blueberry Muffin
Strawberry Yogurt
Peach Cup

10
Mini Cinnamon
Rolls
Banana

11
Smart Round
Apple Slices

14
Strawberry Banana
Smoothie
Granola Bites
Pear Cup

15
Chocolate Chip
Oat Bar
Apple

16
Mini Cinnamon
Rolls
Applesauce

18
Trix Bar
Apple

17
Belgian Waffle
Banana

21
Apple Filled
Pastry
Mixed Fruit Cup

22
Trix Bar
Apple

23
Blueberry Muffin
Strawberry Yogurt
Peach Cup

24
Blueberry Muffin
Strawberry Yogurt
Peach Cup

25
No School!

For nutrient & allergen information, visit SchoolCafe.com/SPPS.
This institution is an equal opportunity provider.

Menu subject to change.

Other Choices
- Cinnamon Rice Chex Cereal
- Cheerios Cereal
- Yogurt
- String Cheese
- Juice
- Milk
**LUNCH MENU**

**NOVEMBER 2022**

**OCTOBER 31**
- No School
  - Grades PK-5
- Digital Learning Day
  - Grades 6-8

**NOVEMBER 1**
- Hamburger OR Cheeseburger
  - Potato Chips
  - Cucumbers
  - Hummus
  - Mandarin Orange Cup
- Meat Sauce over Penne Pasta
  - Sugar Snap Peas
  - Banana
- Corn Dog
  - Baby Carrots
  - Hummus
  - Apple Slices
  - Chocolate Spread
- Italian Dunker with Marinara Sauce Cup
  - Jicama
  - Grapes
  - Chocolate Chip Cookie

**7**
- Glazed Chicken Bites
  - Baby Carrots
  - Potato Wedges
  - Apple

**8**
- Chicken Tender
  - Corn Muffin
  - Cucumbers
  - Potato Wedges
  - Banana

**9**
- BBQ Beef Rib Sandwich
  - Baby Carrots
  - Tortilla Chips
  - Apple Slices
  - Chocolate Spread

**10**
- Cheese Pizza
  - Sugar Snap Peas
  - Baby Carrots
  - Grapes
  - Oatmeal Raisin Cookie

**14**
- Grilled Cheese
  - Potato Chips
  - Baby Carrots
  - Applesauce Cup

**15**
- Hamburger OR Cheeseburger
  - Potato Chips
  - Cucumbers
  - Hummus
  - Mandarin Orange Cup

**16**
- Meat Sauce over Penne Pasta
  - Sugar Snap Peas
  - Banana

**17**
- Corn Dog
  - Baby Carrots
  - Hummus
  - Apple Slices
  - Chocolate Spread

**18**
- Glazed Chicken Bites
  - Baby Carrots
  - Potato Wedges
  - Apple

**21**
- Mac & Cheese
  - Broccoli
  - Hummus
  - Pear Cup

**22**
- Chicken Tender
  - Corn Muffin
  - Cucumbers
  - Potato Wedges
  - Banana

**23**
- Italian Dunker with Marinara Sauce Cup
  - Jicama
  - Grapes
  - Chocolate Chip Cookie

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