

BREAKFAST MENU



SEPTEMBER 2022

5

NO SCHOOL TODAY!



6

Chocolate Chip
Oat Bar
Apple

7

Mini Cinnamon
Rolls
Applesauce

8

Belgian Waffle
Banana

9

Chocolate
Chocolate Chip
Muffin
Strawberry Yogurt
Apple Slices

12

Apple Filled
Pastry
Mixed Fruit Cup

13

Trix Bar
Apple

14

Blueberry Muffin
Strawberry Yogurt
Peach Cup

15

Mini Cinnamon
Rolls
Banana

16

Smart Round
Apple Slices

19

Strawberry Banana
Smoothie
Granola Bites
Pear Cup

20

Chocolate Chip
Oat Bar
Apple

21

Mini Cinnamon
Rolls
Applesauce

22

Belgian Waffle
Banana

23

Chocolate
Chocolate Chip
Muffin
Strawberry Yogurt
Apple Slices

26

Apple Filled
Pastry
Mixed Fruit Cup

27

Trix Bar
Apple

28

Blueberry Muffin
Strawberry Yogurt
Peach Cup

29

Mini Cinnamon
Rolls
Banana

30

Smart Round
Apple Slices

Daily Choices

- Cinnamon Rice Chex Cereal
- Cheerios Cereal
- Yogurt
- String Cheese
- Juice
- Milk

LUNCH MENU



SEPTEMBER 2022

5

NO SCHOOL TODAY!



6

Cheese Pizza
Anytimer
Broccoli
Carrots
Hummus
Savory Crackers
Apple
Homemade Cookie

7

Turkey & Cheese
Hoagie
Tomatoes
Dragon Juice
Banana
Chips

8

Chicken Verde Bites
Cheese Curds
Savory Cracker
Dragon Juice
Baby Carrots
Sliced Apples
Homemade Cookie

9

Soybutter Sandwich
String Cheese
Baby Carrots
Cucumbers
Pretzels
Grapes
Chips

12

Bean Dip
Cheese Cup
Tortilla
Pea Pods
Apple

13

Cheese Pizza
Anytimer
Broccoli
Carrots
Hummus
Savory Crackers
Apple

14

Turkey & Cheese
Hoagie
Tomatoes
Dragon Juice
Banana
Chips

15

Chicken Verde Bites
Cheese Curds
Savory Cracker
Dragon Juice
Baby Carrots
Sliced Apples
Homemade Cookie

16

Soybutter Sandwich
String Cheese
Baby Carrots
Cucumbers
Pretzels
Grapes
Chips

19

Grilled Cheese
Potato Chips
Baby Carrots
Applesauce Cup

20

Hamburger OR
Cheeseburger
Potato Chips
Cucumbers
Hummus
Mandarin Orange Cup

21

Meat Sauce over
Penne Pasta
Sugar Snap Peas
Banana

22

Corn Dog
Baby Carrots
Hummus
Apple Slices
Chocolate Spread

23

Italian Dunker with
Marinara Sauce Cup
Jicama
Grapes
Chocolate Chip Cookie

26

Glazed Chicken Bites
Baby Carrots
Potato Wedges
Apple

27

Mac & Cheese
Broccoli
Hummus
Pear Cup

28

Chicken Tenders
Corn Muffin
Cucumbers
Potato Wedges
Banana

29

BBQ Beef Rib
Sandwich
Baby Carrots
Tortilla Chips
Apple Slices
Chocolate Spread

30

Cheese Pizza
Sugar Snap Peas
Baby Carrots
Grapes
Oatmeal Raisin Cookie