**November 28**
Strawberry Banana Smoothie
Granola Bites
Pear Cup

**29**
Chocolate Muffin
Strawberry Yogurt
Apple

**30**
Apple Filled Pastry
Peach Cup

**December 1**
Saint Paul Sunrise Croissant
Banana

**2**
Mini Cinnamon Rolls
Apple Slices

**5**
Mango Smoothie
Smart Round
Mixed Fruit Cup

**6**
Cheese & Egg with Green Chile Salsa Burrito
Apple

**7**
Blueberry Muffin
Strawberry Yogurt
Applesauce

**8**
Saint Paul Sunrise Sandwich
Banana

**9**
Artisan Belgian Maple Waffle with Chocolate Spread
Apple Slices

**12**
Strawberry Banana Smoothie
Granola Bites
Pear Cup

**13**
Chocolate Muffin
Strawberry Yogurt
Apple

**14**
Apple Filled Pastry
Peach Cup

**15**
Saint Paul Sunrise Croissant
Banana

**16**
Mini Cinnamon Rolls
Apple Slices

**19**
ENJOY WINTER BREAK!

**20**

**21**

**22**

**23**

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**Daily Choices**

- Cinnamon Rice Chex Cereal
- Cheerios Cereal
- Yogurt
- String Cheese
- Rice Bowl (most locations)
- Juice
- Milk

For nutrient & allergen information, visit SchoolCafe.com/SPPS.

Menu subject to change.

This institution is an equal opportunity provider.
### Lunch Menu

#### November 28
- **Crispy Chicken Sandwich OR Veggie Burger**
- Crinkle Cut Fries
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December 1
- **Mongolian Beef OR Teriyaki Tofu**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Oven Fried Chicken and Cornbread**
- **OR Grilled Cheese Mashed Potatoes and Gravy**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Italian Dunker with Marinara Sauce**
- **Mixed Vegetables**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### November 29
- **Beef Bulgogi OR Tofu Bulgogi**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### November 30
- **Chicken and Chili Crispito with Queso Blanco OR Grilled Cheese Refried Beans**
- **Choice Bar**
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Southern Chicken OR Plant Based Tender Bowl**
- **Roasted Corn Mix Mashed Potatoes & Gravy**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Teriyaki Chicken OR Teriyaki Tofu**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Cheese OR Turkey Sausage Pizza**
- **Make Your Own Caesar Salad**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Pancakes Chicken Sausage Hash Browns**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Cheeseburger OR Veggie Burger**
- Crinkle Cut Fries
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Italian Dunker with Marinara Sauce**
- **Mixed Vegetables**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Crispy Chicken Sandwich OR Veggie Burger**
- Crinkle Cut Fries
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Mongolian Beef OR Teriyaki Tofu**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Oven Fried Chicken and Cornbread**
- **OR Grilled Cheese Mashed Potatoes and Gravy**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Italian Dunker with Marinara Sauce**
- **Mixed Vegetables**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Crispy Chicken Sandwich OR Veggie Burger**
- Crinkle Cut Fries
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Mongolian Beef OR Teriyaki Tofu**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Oven Fried Chicken and Cornbread**
- **OR Grilled Cheese Mashed Potatoes and Gravy**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Italian Dunker with Marinara Sauce**
- **Mixed Vegetables**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Crispy Chicken Sandwich OR Veggie Burger**
- Crinkle Cut Fries
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Mongolian Beef OR Teriyaki Tofu**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Oven Fried Chicken and Cornbread**
- **OR Grilled Cheese Mashed Potatoes and Gravy**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Italian Dunker with Marinara Sauce**
- **Mixed Vegetables**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Crispy Chicken Sandwich OR Veggie Burger**
- Crinkle Cut Fries
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Mongolian Beef OR Teriyaki Tofu**
- Jasmine Rice
- Broccoli
- Choice Bar
- Soybutter Sandwich
- Choice Bar

#### December
- **Oven Fried Chicken and Cornbread**
- **OR Grilled Cheese Mashed Potatoes and Gravy**
- Choice Bar
- Soybutter Sandwich
- Choice Bar
- Soybutter Sandwich
- Choice Bar

### Notes:
- Choice bar is available with all meals.
- Milk is always available.
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