

SUMMER



MENU

PARKS, RECREATION CENTERS AND COMMUNITY SITES

BREAKFAST

MONDAY

Smoothie
Granola Bites
Apple
Orange Juice

TUESDAY

Apple Filled Pastry
Mixed Berry Cup
Orange Juice

WEDNESDAY

Mini Cinnamon Rolls
Fresh Sliced Apples
Orange Juice

THURSDAY

Muffin
Yogurt
Fresh Grapes
Apple Juice

FRIDAY

Cinnamon Rice Chex
Apple
Orange Juice

LUNCH/SUPPER

MONDAY

Artisan Belgian
Maple Waffle with
Chocolate Spread
Cheese Cubes
Juice
Berry Cup

TUESDAY

Cheese Pizza
Baby Carrots
Ranch Cup
Strawberry Cup
Homemade Cookie

WEDNESDAY

Turkey & Cheese
Sandwich
Cucumbers
Ranch Cup
Grapes
Chips

THURSDAY

Mediterranean
Chicken Pita
Tzatziki Sauce
Diced Cucumbers
Tomatoes
Lettuce
Watermelon

FRIDAY

Verde Bold Chicken
Bites
Cheese
Savory Cracker
Juice
Fresh Sliced Apples
Homemade Cookie

SNACK

MONDAY

Shortbread Cracker
Sour Raisins
Juice

TUESDAY

Smart Round
Apple

WEDNESDAY

Chips & Salsa
Juice

THURSDAY

Chicken Jerky
Tiny Twist Pretzels
Whole Orange

FRIDAY

Harvest Cheddar
Sun Chips
Sour Raisins
Juice