HOW DO WE HELP?

We provide school-wide support through consultation with teachers and parents, as well as providing in-class and out-of-class support for individuals or groups of students.

Students come to see us for many reasons, none of which mean that your student or child has something wrong with them. Everyone needs a little extra support from time to time (yes, even us adults!) and we are here to support them however we can.

OTHER SERVICES WE PROVIDE:

Mrs. Rinn
- Bi-weekly social/emotional lessons in all 1st-4th grade classes
- Small support groups
- Individual brief and solution-focused counseling

Mr. Nauschutz
- Scheduling for 6th graders
- Bi-weekly social/emotion lessons for all 5th grade students
- Quarterly lessons for all 6th grade students
- Goal-setting check-ins 3 times a year with all 5th & 6th graders
- Small support groups
- Individual brief and solution-focused counseling

Mr. Fomafung
- Scheduling for 7th-8th graders
- Quarterly lessons for all 7th & 8th grade students
- Small support groups
- Individual brief and solution-focused counseling

Mrs. Larson
- Half-time with general education students
- Half-time with students with specialized services
- Individual and small group support
- Crisis Intervention
- Trauma Informed Interventions

Who Are We?

Megan Rinn
School Counselor Grades 1-4
Megan.Rinn@spps.org

Zach Nauschutz
School Counselor Grades 5-6
Zachary.Nauschutz@spps.org

Chi Fomafung
School Counselor Grades 7-8
Chi.Fomafung@spps.org

Lisa Larson
School Social Worker Grades 1-8
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Highlights of the Month

Welcome to the 2019-2020 school year at Capitol Hill!

The SEL and Support Staff team will provide monthly updates on school-wide SEL initiatives as well as how the support staff are working with all students.
WHAT’S HAPPENING IN ELEMENTARY THIS MONTH?

We are so excited to be back at Capitol Hill for another funtastic school year! This month, we will be entering the classrooms to introduce ourselves to the students and talk about how we can support them to be the best they can be through their time here at Capitol Hill and eventually as citizens of the world. We will begin to take referrals from teachers and parents for individual or group work as well.

WHAT’S HAPPENING IN MIDDLE SCHOOL THIS MONTH?

We are thrilled to be back at Capitol Hill and are ready to start working with our students! This month, we are finalizing schedule changes for the year, beginning to plan our quarter one lessons, take parent and teacher referrals for support groups, meet with students individually and plan school-wide SEL initiatives.

QUOTE OF THE MONTH

Everyone you meet is fighting a battle you know nothing about.  
Be kind. Always.