

Indian Education Maadaadizi School Counseling Program (9th-12th Grade)

2019-2020 Supplemental School Counseling Services for American Indian Students

Cultural Counseling Groups

**Groups are available to both students in Indian Education and students with Federal Designation of American Indian or Alaskan Native*

Walking towards Graduation (10 sessions)

Reflecting on successful habits and obstacles to high school graduation. Students will make their own pair of moccasins.

- Humboldt (Q3 & Q4)

Walking in Balance (once a month, all year) Balancing one's emotional, mental, physical, and spiritual being. Group incorporates the Medicine Wheel Teachings through community guest speakers.

- Como Park
- Harding
- Johnson

The Good Path (10 sessions)

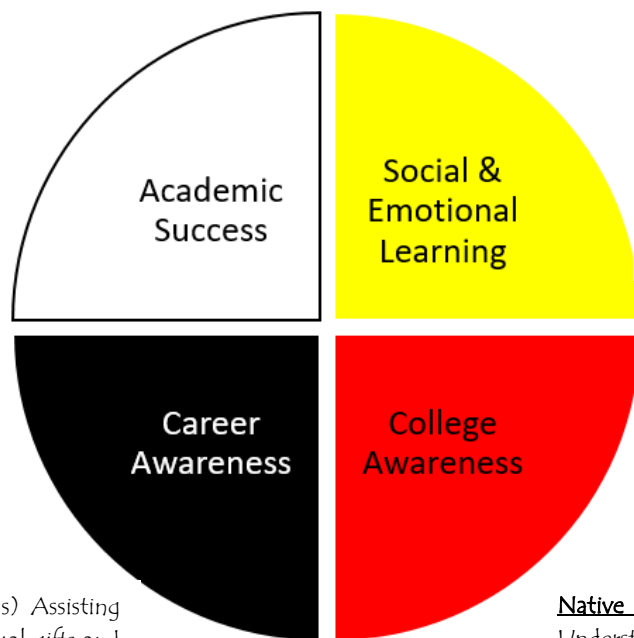
Learning about the Ojibwe values philosophy of thinking, being, and living. Group will learn how to loom bead.

- Highland (Q1 and Q2)

Native Pathway to College (10 sessions)

Understanding the need to continue education/skill attainment beyond high school and options to consider through a cultural lens. Students will craft a mini, decorative beaded headdress.

- Central (Q1 and Q2)



Catching a Dream (10 sessions)

Assisting students to discover their cultural gifts and talents in life. Students will use the information to consider careers that can help an entire tribe/community. Students will create their own Dream Catcher.

- Washington Tech (Q3 & Q4)

Individual Counseling

**Service available to student with Federal Designation of American Indian or Alaskan Native in grades 9-12 at Central, Highland, Humboldt, and Washington in general education. Indian Ed Social Workers will be supporting students with Special Education needs.*

Circle of Courage

Designated students in 9th-11th grade will receive culturally, responsive counseling focusing on the cultural needs of belonging, mastery, independence, and generosity, which are the foundations for resilience and positive youth development. The Indian Education School Counselor will meet with students to build and reclaim their strength in each area through goal setting.

Post-High School Planning

Designated 12th graders will receive post high school planning support to transition from high school to post-high school plans (job, college, apprenticeship, military, gap year), including financial aid planning and scholarship opportunity identification.

Expanded Opportunities/ Special Projects

- Twin Cities Native American College Fair
- Overnight College Visit to U of M, Morris
- Personal Finances in a Day with St. Paul College (Braided Journey Schools only)
- Be Entrepreneurial program (Harding only)
- Four Directions Pathway to St. Paul College
- Augsburg Native Youth Day Visit
- College Horizon Recruitment and Fundraising
- Summer Pre-College Programming Recruitment
- Employment Opportunities & Partnerships
- U of M Focus Group Project on AI College Matriculation
- AIFC Healing Generations Liaison and Referrals
- MoneySkills Online Personal Finance Module Access

St. Paul Public School's
Indian Education's

Maadaadizi School Counseling Program

During the 2019-2020 school year, the Indian Education School Counselor will be providing **supplemental** counseling services to 9th-12th grade American Indian students at the following schools...

- Central
- Como Park
- Harding
- Highland
- Humboldt
- Johnson
- Washington

...regarding the recommended American School Counseling Association (ASCA) Domains:

- Social & Emotional Learning
- College & Career Readiness
- Academic Success

...incorporating elements of the SPPS Strategic Plan, including:

- Positive School and District Culture 1A
- College and Career Paths 6a
- College and Career Paths 7a

Please note that these services do not replace the traditional, school counseling services available at the SPPS high schools.

Contact and Communication Information

Kerrie is an itinerant (traveling) counselor and rotates to high schools on a set schedule.

To provide consistent and timely communication to students, the following strategies are employed:

- *Weekly e-Newsletters*
- *Indian Ed Schoology groups*
- *Remind (Text app)*
- *Google calendar*
- *Gmail*
- *Mailings*

For more information on each of these modes of communication, please visit <http://bit.ly/IECommunication>

Contact Information:

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*Supplemental Service for
American Indian Students
in Grades 9-12*