What is Travel Instruction?

Travel Instruction is one-on-one, comprehensive, and specially designed training in the skills and behaviors necessary for independent travel in the community. It is available to transition-age students (14-21 years) in special education.

During Travel Instruction, the student will learn travel skills including, but not limited to:

- Assessing the route and surroundings
- Crossing streets using safe techniques
- Accessing public transportation
- Learning safety strategies
- Solving unexpected issues or problems

Why should Travel Instruction be considered?

A lack of transportation options for students with disabilities can create barriers to employment, independent living, and social and recreational opportunities. For those who cannot obtain a driver’s license, Travel Instruction can equip students with additional skills to live, work, and have fun in their community with greater autonomy.

How does Travel Instruction work?

After a preliminary evaluation, students work individually with a district travel trainer on consistently used, functional routes. Training is generally short term and intensive with the objective of instructing the student at the precise time they would need to access the route. The trainer will work with the student until he or she has demonstrated the ability to travel confidently and independently on pedestrian routes and public transportation.
Who should I contact?

Contact your student’s case manager, special education teacher, or work coordinator to inquire about Travel Instruction services.

For more information, visit spps.org/Domain/12445

“How Instruction has been such an important part of my son’s transition programming. It has expanded his independence and community.”

- Parent of SPPS Travel Instruction student

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