NYSP Summer Camp 2018!

At the National Youth Sports Program, otherwise known as NYSP, we encourage learning for life. Through a varied program with learning activities and games, active participation, and community engagement, we strive to educate a vision of a better, healthier tomorrow. At NYSP, students stay busy learning in the classroom and on the field! We at NYSP believe in the importance of academics and athletics to maintain a balanced life.

Language Arts

My name is Miranda Besaw and this year NYSP Language Arts has focused on poetry and creative writing. Students learned about poetic devices and had the opportunity to read and analyze various types of poetry, allowing for both poetic observation and artistic creation. Throughout the unit, students completed a daily writing journal as well as created their own poems. Finally, using their knowledge of poetic devices and various styles of poetry, students collected and combined their individual work into a Poetry/Writing portfolio. The poetry portfolios reflect the individuality, uniqueness, and interests of each student while displaying their familiarity with the creative writing process. I look forward to watching students realize that poetry is all around us and that they have the ability to contribute to ongoing conversation!

Math

Welcome, to NYSP Math! My name is Gene Ward Jr. and I have the pleasure of working with your children this summer. Over the course of the summer, our scholars have the opportunity to receive math instruction, academic skill building and community building, through collaboration with students from across St. Paul Public Schools. During the first week of NYSP camp, all students take a Math pre-test, to assess their initial academic skills, which is used to develop an individualized instructional plan for each camp participant. Every scholar completed a Progress Report to identify their strengths and areas for improvement and are provided time to work on skills in a collaborative way. Each week students are exposed to skill building content that they will be able to use over the summer and throughout the upcoming school year. During the last week of camp, students will have an opportunity to showcase their math skills on their post-test and share what they have learned, during the end-of-summer showcase.

Meet Nurse Stacy!

Stacey Hulsey is our camp nurse. She ensures everyone stays safe and healthy at camp. A day in the life of our camp nurse consists of Band-Aids, ice packs, medication administration, keeping students hydrated, minor scrapes, bruises, bumps, and some TLC. One of her favorite parts at camp is seeing the kids excited about classroom projects and having fun in sports activities!
NYSP 2018

Hello! My name is Samra Asghedom and during the NYSP program, students have learned about different types of colleges and degrees, and what characteristics they should look for when researching colleges. Students have also gone on a college campus visit. Students have practiced their public speaking and communication skills by researching and presenting on a college and presenting on a mock student application to college. Students have also learned about resumes and created a resume of their own. They have learned about the job application process and attended a mock interview. Students have also volunteered at Loaves & Fishes, a free meal program serving people in need.

Science

My name is Taylor Anderson and this year NYSP Science has focused on the systems of the body and how it relates to sports science! Students began by learning about the respiratory system. Students conducted an experiment to measure their vital and tidal air capacity levels. Students created a data table and graphed their results from the experiment. Next, students learned about the circulatory system. Students found their resting and active heart beats as well as participated in the circulatory system relay race. The relay race was an informal assessment to demonstrate their understanding of the circulatory pathway. Lastly, students will learn about the nervous system. Students conducted an experiment to measure their reaction time. Students also conducted an experiment in which they worked collaboratively to create a way to protect the brain. The students also completed a post-assessment and compared it to their pre-assessment that was taken at the beginning of NYSP.

NYSP Athletics

Our leaders here at NYSP manage and motivate the youth to become the best versions of themselves. At our program, we, the coaches, implement strategies to teach our young athletes the importance of leadership, discipline and engaging with others. We work on creating a safe environment built on two core values, honesty and integrity. A great leader must have a vision, be a team builder, and know his/her own strengths and weaknesses. Discipline enables you to choose, and then persevere with actions, thoughts and behavior, which leads to improvement and success. Engaging helps build trust, increases communication, and creates new opportunities. We want to help our students achieve excellence!

College & Career Readiness

Hello! My name is Samra Asghedom and during the NYSP program, students have learned about different types of colleges and degrees, and what characteristics they should look for when researching colleges. Students have also gone on a college campus visit. Students have practiced their public speaking and communication skills by researching and presenting on a college and presenting on a mock student application to college. Students have also learned about resumes and created a resume of their own. They have learned about the job application process and attended a mock interview. Students have also volunteered at Loaves & Fishes, a free meal program serving people in need.