2019-2020 Afterschool Program Information
4:00 p.m. – 5:45 p.m.
Monday through Thursday

Session 1: October 21, 2019 – January 23, 2020
No Program on 10/24, 10/29 due to conferences and 11/5 due to elections.

Return Registration to Flipside Office by September 30

Session 2: January 27, 2020 – May 14, 2020
No Program on 3/5, 3/10 due to conferences

Flipside Program Mission
We believe that all youth deserve the chance to reach their full potential. Our program partners with licensed teachers, community experts, and community organizations to provide engaging, fun, and interesting activities that will help young people discover their passion and develop 21st Century skills to succeed in life. Flipside provides hundreds of high-quality afterschool classes that positively influence the lives of middle school youth. We hope your child will choose to participate!

Your child will have more positive influence as a result of participating in the program if they attend afterschool 30 or more days per year. Research on youth attendance in high-quality afterschool programs has shown higher results when youth participate consistently over a longer period of time. We strongly encourage you and your child to make this commitment for the 2019-2020 year. We look forward to meeting your child(ren)!

Follow us @ sppsflipside

Flipside is sponsored by the Saint Paul Public Schools Alternative Education, Athletics and Community Education Departments in partnership with the City of Saint Paul Parks and Recreation and is partially funded with a grant from the Minnesota Department of Education using federal funding, CFDA 84.287, Every Student Succeeds Act, Title IV B – 21 Century Community Learning Centers. The contents of this publication do not necessarily represent the policy of the Federal Department of Education or the state Department of Education and you should not assume endorsement by the federal or state government.
Fast Facts
- Welcomes all youth in grades 5 through 8.
- There is no cost to participate.
- Participation is voluntary.
- Food is provided daily (snack or supper).
- Flipside offers high quality academic, athletic, and enrichment opportunities.
- Flipside leaders include licensed teachers, school staff, and community experts.
- Transportation is provided to all participants if they already receive a bus for school.

Registration
- Priority registration is given to youth in need of academic support.
- Registration forms are available on the school website and in the main office.
- Completed Registration Form and Class Choice Form are required before attending.
- Consistent attendance is expected.

Busing Schedule & Expectations
- The bus is scheduled to pick students up from Flipside at 5:45 p.m.
- Bus routes may take 30 – 45 minutes to drop off all students.
- Routes will be given to students on the program start date.
- We expect all parents/guardians who pick up their children, to pick them up by 5:45 p.m.
- Please remember to contact the school if your address changes throughout the school year. In event of a bus incident or a bus is significantly off schedule please call transportation personnel at 651.696.9600.

Participation Expectations
Flipside follows District policies and procedures according to the Student Behavior Handbook which can be found online at http://www.spps.org/Page/3249

For Frequently Asked Questions, please visit http://www.spps.org/flipside

Family Involvement
We welcome and encourage parents, guardians, and community members to volunteer at Flipside. There are many ways you can support the program from very short commitments to ongoing including:
- Chaperone field trips.
- Event support such as set up, check in, serving food, etc.
- Observe program and provide feedback.
- Join the Flipside Advisory Council to help shape the program.
- Assist the Site Coordinator with check in, photography, supervise hallways, data entry, etc.

If you are interested helping, please contact the Program Coordinator below!

<table>
<thead>
<tr>
<th>Program Coordinator</th>
<th>Nina Nguyen</th>
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<tr>
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<td>651-744-6930</td>
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<thead>
<tr>
<th>Main Office</th>
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<td>651-293-8880</td>
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<th>Transportation</th>
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TeenVenture Non-School Day
All day events will be held on the following dates throughout the school year to provide opportunities for grades 6-8 when school is not in session:

October 17, November 15, March 6, March 31, April 1 and April 2.

Detailed information will be provided with a separate registration form 3 weeks in advance of each date.
Thank you to the wonderful organization partnering with our program this year!

St. Paul Conservatory of Music
3M Lego League
East Side Arts Council
NASA (National Aeronautics and Space Admin)
Century College TRIO Educational Talent Search

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<th>Clubs and Program Descriptions</th>
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| **Boxing Club:** Condition your whole body in this heart-pumping workout that incorporates boxing techniques while increasing muscle strength, endurance, balance and coordination. Begins Nov. 4 at Sir Boxing Gym  
*Instructor: Mr. Davenport*

**Chess Club:** Come and learn the basic rules, or enhance your skills through study of strategy. Players of all skill levels are welcome.  
*Instructor: Mr. Lynch*

**Musical Theater:** For anyone who loves music and theater you will work together to prepare songs with acting skills and choreography, leading to a performance at the end of the session for family and friends.  
*Instructor: Ms. Hazelton*

**First Lego League**  
Does being an inventor, researcher, programmer, tinkerer sound appealing to you? How about working with a team of your peers to design and program a robot to carry out tasks in an obstacle course? Lego League is Free for all participants thanks to 3M’s generosity.  
*Instructor: Mr. Good & Ms. Pfeifer*

**Hmong Dance:**  
Come to have a great time, build teamwork, and learn more about the free style dancing of the Hmong people.  
*Instructor: Ms. Julia Vang*

**League of Legends**  
This class will build on student’s current knowledge of League of Legends. Students will encounter hardships and adversities throughout their time with League of Legends, but more importantly in life.  
*Instructor: Mr. Good*

**Fit Squad – Line Dancing Class**  
Line dancing brings a cultural connection that traces its roots to Africa and the Caribbean. It is one of the best activities one do can for total body wellness. Dancing is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise while also allowing you to engage in a social activity.  
*Instructor: Carmel Davis*

**Rockband Music:** Come play guitar, drums, bass, keyboard and sing! At the end of the session, perform an entire song as a group!  
*Instructor: L.A. Buckner*

**NASA Space Challenge** – Thru a unique partnership with NASA you will choose from 6 different real space challenges that astronauts face and work as a team to solve the challenge. You will have opportunities to video chat with scientists and engineers from NASA to help you along the way.  
*Instructor: TBD*

**Soars Tutoring** helps you stay on top of your homework and gives you the extra support to get good grades.  
*Instructor: Mr. Davenport*

**Student Council:** Learn about democracy and leadership, while being role models and representatives for the student body. The council will plan, organize, and lead school activities such as school dances, The Talent Show, and school fundraisers. The council is open to 6-8 graders ONLY.  
*Instructor: Ms. Kley & Mr. Kihega*

**TRIO Club:** Are you interested in writing - movies, music, books, poems and more? This class is for TRIO ETS students who want to practice creative writing and interact with friends. Not in TRIO ETS? Stop by our office in the cafeteria to join our program!  
*Instructor: Mr. Carpenter*
Flipside Registration Form

Return to Flipside Office by October 4th

_____ Yes, I want my child to participate in Flipside  Student Grade: __________

Student Lunch #: __________  Student First Name: __________________  Student Last Name: ______________

Parent/Guardian Name: __________________________________________ Phone: ____________________

FLIPSIDE INFORMATION
Flipside Afterschool is a free after-school program that offers middle school students academic support and enrichment activities. The program begins Oct. 21, 2019 and is held immediately after school for two hours, four days per week (Monday-Thursday). Flipside programs are led by licensed teachers, community experts, and community instructors. Enrollment is not confirmed until the form below is returned. Confirmation will be sent to families by email in early October and students will receive a class schedule on Tuesday, October 15th.

PROGRAM EVALUATION PARTICIPATION
Flipside After School continually works to improve the program quality and experience for students through regular evaluation. By enrolling in this program, your child will participate in program evaluation activities such as surveys. For detailed information, please see the Flipside Data Privacy Notice and Program Surveys which are available at www.spps.org/flipside.

TRANSPORTATION FROM FLIPSIDE TO HOME

☐ WILL NOT ride  ☐ WILL Ride – To stop nearest our home address  ☐ WILL Ride – To stop nearest our alternative address listed below

Alternative Address for transportation TO home after Flipside: __________________________________________

Alternative Address Contact Info: Name __________________________ Contact Phone Number ______________

My signature below signifies that I understand the statements above and give my child permission to participate in the Flipside Afterschool Program.

Parent/Guardian Signature ___________________________ Date __________________

- Students will choose ONE class on Monday/Wednesday and ONE class on Tuesday/Thursday
- We encourage students to attend all four days of Flipside
- No Program will be held on October 24, October 29 due to conferences and November 5 due to elections.

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<thead>
<tr>
<th>Monday &amp; Wednesday Class Options</th>
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<td>Please select first choice with a #1 second choice with a #2.</td>
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<tr>
<td>— Study Skills &amp; Homework</td>
<td>— Rockband Music</td>
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<td>— Lego League</td>
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<td>— NASA Space Challenge (begins Nov 4)</td>
<td>— Student Council 6th-8th GRADE ONLY</td>
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<td>— Instrumental Music **</td>
<td>— TRIO Club</td>
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**Instrumental Music Additional Information: My child would like to play:

☐ Alto Sax  ☐ Baritone  ☐ Cello  ☐ Clarinet  ☐ Viola
☐ Drums/Bells  ☐ Flute  ☐ Trombone  ☐ Trumpet  ☐ Violin

My student’s current music level is:  ____No Experience  ____Beginning Level  ____Intermediate Level  ____Advanced Level