UPCOMING EVENTS:

★ Oct. 10  Conferences 4:00-7:00 pm  
★ Oct 10  Flu Shot Clinic 4:00-7:00 pm  
★ Oct. 17-18  No School-MEA  
★ Oct. 21  After School Programs Begin  
★ Oct. 25  Picture Retake Day  
★ Oct. 31  Blood Drive 9:00-2:00 pm  
★ Oct. 31  College Fair (10th-12th grades)  
★ Nov. 4  Site Council/PTO 5:30-8:00 pm  
★ Nov. 6  HKI Vision Screening  
★ Nov. 7-8  Finals  
★ Nov. 8  End of Quarter 1  
★ Nov. 12-14  HKI Vision Screening  
★ Nov. 15  No School - Staff Prof. Dev.  
★ Nov. 20  Financial Aid Night (12th Grade)  
★ Nov. 28-29  No School - Thanksgiving Holiday

INSIDE THIS ISSUE:

➢ Principal’s News  1  
➢ College & Careers  2  
➢ 8th Grade Team  3  
➢ TRIO ETS  3  
➢ Free & Reduced Lunch  3  
➢ iUpdate  3  
➢ Nurse’s Corner  4  
➢ Flu Shot Clinic  5  
➢ Attendance Matters  5  
➢ Humboldt Hawks  5  
➢ Communities in Schools  6

Parents and guardians, thank you for your support of Humboldt High and giving us your trust to help your child exceed their dreams.

We are two-thirds through the completion of our construction project. We’ve opened many new classrooms and after winter break we anticipate opening the third floor classrooms and the digital library. Over the next year, we will update the auditorium and the music classrooms, finish the flooring, install the sprinkler system, move the school store and concessions, plus complete the final touches throughout the school. Also, we are planning for the installation of lights on our athletic fields. If you toured during our open house, you saw many completed spaces and we’re excited to have our project completed by next fall.

The construction project is exciting, but we are a school first, and we are designing our school to help our students exceed their dreams. We recognize that the world is small and our students will not only be competing against students across town to get into college or for the jobs of the future, but also competing against their peers from around the world. We want Humboldt students to be prepared to secure their destiny ahead of their competition, and I need your help. As a school, I am expecting my teachers to intentionally use and support the vocabulary terms of their content within each class. Our students are learning to use this terminology. Please take time to talk to your child and ask them about the vocabulary terms they are learning in their classes. Ask them the meanings and have them apply the terms in context. I need your help by having our students practice these terms at home so they become comfortable using them in life.

Practice in sports and academics pays off! Humboldt’s Girls soccer team had their first winning season in 32 years and our middle school flag football team remains undefeated two years in a row! Congratulations to all our athletes!

As you’re aware, we issued our iPads without cases to ensure we are giving our students a sanitary product. We received new cases from another site, and we had them cleaned twice professionally, with the final cleaning completed as this newsletter goes to print. Students will be receiving their cases during lunches the week of conferences.

Finally, we have our parent teacher conferences Thursday October 10th from 4:00-7:00PM in our gym and cafeteria. We will have available flu shots, voter registration, and a light pizza dinner. Please come and meet your child’s teacher and learn how you can support her/his academic success.
**College and Career Center Updates**

During the month of October Humboldt staff and students will be busy with all things related to career and colleges. We will have over a dozen College Admission Reps visiting us throughout the month, and our Annual College Fair is scheduled for October 31st. In addition:

- Senior Advisory Classes are receiving a scholarship presentation
- A college application workshop is scheduled
- Field Trip to Job Corps
- College & Career Door Decorating Contest

**Humboldt’s Annual Career Fair**

The 3rd Annual Middle School Career Fair is scheduled for December 12th. Our AVID Students & staff will be paying a key role in its success, again this year.

The 2nd Annual Hands-On High School Career Fair is scheduled for January 31st.

**Apply for Financial Aid (FAFSA)**

It does not have to be a scary process, if you follow these steps:

1. Apply for an **FSA ID** - It will allow you to “sign” documents electronically. Both the student and parent need to create one.
2. Gather **ALL the documents** needed to complete the FAFSA form on-line, **BEFORE** you start.
   - Your Social Security Number
   - Your Alien Registration Number (if you are not a U.S. citizen)
   - Your federal income tax returns, W-2s, and other records of money earned. **(Note: You may be able to transfer your federal tax return information into your FAFSA using the IRS Data Retrieval Tool.)**
   - Bank statements and records of investments (if applicable)
   - Records of untaxed income (if applicable)
   - An FSA ID to sign electronically.
3. Come to Humboldt’s Financial Aid Night on **November 20th from 4-6:30M**, and receive help completing the FAFSA form.
4. Encourage your student to apply for **scholarships**.
5. You will receive a **Student Aid Report (SAR)** after your FAFSA has been processed. Review the document carefully and complete the items listed in it.

Please visit our website at: [http://bit.ly/HAWKCareer](http://bit.ly/HAWKCareer). You may also contact Tracy Zanitsch, the Career and College Center Coordinator at 651-744-1309 or [tracy.zanitsch@spps.org](mailto:tracy.zanitsch@spps.org)

**Humboldt Explores the Trades**

An APEX Grant supported Humboldt’s summer career and apprenticeship exploration program. Student spent two days at five different Trade Training Facilities. Big thanks to:

- Local 34 Heat & Frost Insulators
- Local 34 Plumbers
- Local 417 Sprinklerfitters
- Local 455 Pipefitters
- Local 512 Iron Workers
### 8TH GRADE TEAM

As in previous years, our 8th grade team of teachers will be honoring students at our annual 8th grade End of Year Celebration. In order for students to receive an award, they must meet the following criteria: pass 80% of their classes for the entire school year (silver award) and pass 100% of their classes for the entire school year (gold award).

Students who will be receiving a gold or silver award will be informed during quarter 4 and parents will receive a letter and a phone call inviting them to the celebration.

Our criteria for success is focused on encouraging students to work hard towards their academics and prepare for high school.

~The 8th Grade Team

### TRIO EDUCATIONAL TALENT SEARCH

St. Olaf TRIO Educational Talent Search (E.T.S.) is back at Humboldt for another exciting year of programming! E.T.S has been serving students at Humboldt since 1991, exploring the possibility of college after high school and completing the steps required in order to attend and graduate. We see 6th, 7th and 8th graders in classroom presentations and 9th-12th graders in small group workshops in Room 1702, next to the School Counselors offices.

Students who are in Educational Talent Search should try to attend monthly scheduled workshops during school and any college visits offered as well. This year we are going to the following colleges:

- October: Concordia College-Moorhead and North Dakota State University (Junior Overnight)
- November: Concordia University-St. Paul
- January: MLK Jr. Day of Service at Second Harvest Heartland/Great Moon Buffet
- February: University of Minnesota Twin Cities
- March: Century College and Bowling

Want your student to be involved in E.T.S.? See Academic Advisors at Humboldt in Room 1702 Wednesdays-Fridays.

Questions about St. Olaf TRIO E.T.S.? See our website [https://wp.stolaf.edu/ets/](https://wp.stolaf.edu/ets/). You may also call our office at 1-800-621-7601 or email program director Heidi O’Hair (ohair@stolaf.edu).

### FREE AND REDUCED LUNCH FORMS!

If you have not completed the Free & Reduced Lunch Form, please do so right away. Applications can be completed online at [www.schoolcafe.com/spps](http://www.schoolcafe.com/spps). Paper applications are also available in the main office of your child’s school or can be mailed to your home by request by calling Nutrition Services at 651-603-4950. Every SPPS family should complete an application for Education Benefits/Free or Reduced Price Meals. Not only does this help us identify families in need of assistance, it also allows the District to receive federal dollars for classroom programming.

### HAVE YOU COMPLETED iUPDATE?

There is still time to complete iUpdate online. All Parents/Guardians must complete an iUpdate for each student. If iUpdate has not been completed, the iPad will become significantly restricted.

- To complete iUpdate go to [spps.org/onestop](http://spps.org/onestop)
- Need your iUpdate username and password, Guardians can contact the school office for Login Information at 651-293-8600.
- Paper Copies are now available if needed. You can pick them up in the main office.
**Vision Screening:** Dear parents/families, Helen Keller International (HKI) will be at your student's school to provide FREE vision screenings this year for students in grade 7, 9 and 11. They will also help with treatment, such as glasses. If you do not want your child to be screened, you can call the Health Office at 651-888-7637 or email yia.leepalao@spps.org. Thank you!

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**What to do if your child has head lice?**
Lice spread by head-to-head contact OR by sharing personal items that come in contact with the head (combs, brushes, hats, etc.). Lice do not jump or fly. They do not live longer than 48 hours off the head.

After you have confirmed your child has lice, you should start treatment. It takes at least 2 weeks to get rid of lice. Check for lice and remove nits daily. If all nits within ¼ inch of the scalp are not removed, some may hatch and your child will be infested again.

Check everyone in the house for lice and treat those who have lice. Treat them all at once.

Recommended treatment includes either a store-bought or prescription lice killing product. Follow the product directions carefully.

If your child is signed up with the school clinic (Health Start), they can help with the treatment. Please call the clinic at 651-312-1996 for more information.

In most cases, your child does not need to stay home from school, but should be encouraged to avoid head-to-head contact with other children.

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**What to do if your child/house has bed bugs?**
Bed bugs are small, brownish, flattened insects. They are usually brought into your home in suitcases, handbags, and on clothing and furniture, especially previously used mattresses and other items. They can hitchhike a ride to school in a student's backpack or clothing and then spread to other students.

If you are not sure that it is a bed bug, contact a pest control expert.

**How to prevent them?**
Vacuum your house regularly. If you do have bed bugs, close the vacuum bag tightly and throw it outside in a trash bin. Inspect and clean used furniture with soapy water or a household cleaning product to remove any possible bed bugs or their eggs. If infested, place clothing in sealed bag and wash them in HOT water. Dry on high heat setting to kill bed bugs and their eggs.

Keep your home clean and clutter-free. Insecticides should only be used by a certified pest control operator.

If you have bed bugs, inspect your child’s backpack, clothing and other items that travel back and forth to school daily and store them in sealed plastic containers at home to prevent bed bugs from getting into them.

If you are a renter and you suspect or know of a bed bug infestation, contact your landlord immediately. If your landlord does not take action, you can contact your local housing code authority. For Saint Paul, the number is 651-266-8989 to make a report.

Your child’ school social workers team may be able to help you with making those calls.

**Bed Bug Hotline** 612-624-2200
For more information, you can visit Hennepin County Infectious Diseases Website at www.hennepin.us/childcaremanual.
"Dear Humboldt parents/ families,

We will be having our annual FLU clinic during Parent-Teacher Conferences on October 10th from 4 to 7pm. The vaccine is free to children under 18. There is a grant which will cover vaccines for adults. If you have health insurance, please bring the information as this will help to fund more events like this. This is open to families, friends, neighbors, students and staff. We hope to see you there!"

SCHOOL ATTENDANCE MATTERS

Absences – Students absent from school one or more days. Parents/guardians are required to call the school Attendance Line (651-744-5533) to report a student absent.

Tardy: Student’s arriving to school after 8:30 am are required to bring a written note from parent/guardian stating the reason for being tardy. Student’s who arrive to school after 11:00 am, unexcused, will NOT be allowed in the building unless accompanied by a parent.

Excused to leave the building – Students needing to leave school early must provide a written note from parent/guardian with the following information, date, time needing to leave, parent/guardian telephone number, and the reason for early dismissal.

Excused Absences and Tardies include: Doctor’s Visit, sickness, religious holiday, and extreme family emergency.

Unexcused Absences and Tardies include: Overslept, missed the bus, car problems, traffic, needed at home, cold weather, and babysitting.

HUMBOLDT HAWKS

Humboldt players Jeriah Yingst, from left, Ryan Prisch, Emilio Urbina, Desmond Lugo and Matthew Behnke hold up the Ken Mauer trophy, awarded annually to the winner of the Humboldt-Harding football game.

HOMECOMING

Our homecoming coronation assembly starts out with a song to get the crowd excited! Humboldt Pride!

Congratulations to our Homecoming Royalty!
Some amazing things are happening at Humboldt. CIS has coordinate extra help in the area of literacy for students. The program has a certified literacy coach, who can help your child gain confidence, reading skills, homework help, and have fun. If you are interested in having your child in our Literacy program, please let me know.

We had awesome volunteers from Allianz Life helped us set up our iSeek closet for students.

Thanks to them for taking the time out to make an impact at Humboldt High School.

If your interested in volunteering, donating clothing items, food, please contact Mary Vang, CIS site coordinator, 651.744.3478 or mvang@cistwincities.org

PARENT CORNER

If you are interested in helping with some of the decision making in your child’s school and want your voice to be heard, please consider checking out a Site Council/PTO meeting. We would love to hear from you! For more information, call 651-293-8600.

CIS recommendations for food resources:

Dayton’s Bluff Elementary
2019 Fresh Produce Distributions

262 Bates Avenue, St. Paul
Distribution 3 - 4:30 p.m.
2nd Tuesdays
July 9, August 27,
September 24, October 8

Things to know
• FREE fruit, vegetables and bread for the community.
• You can come to each one. No requirements are necessary to attend.
• Registration starts 1 hour prior to the distribution.
• Open to St. Paul residents and Neighborhood House participants.
• Bring your own carts and bags.
• For questions or weather cancellation updates please visit www.neighb.org/$pd-2, www.facebook.com/neighborhoodhouseMN, or call 651.793.7340 (Family Center intake line).

Recommendations for clothing resource:

Joseph’s Coat
www.josephscoatmn.org
1107 7th St W
Saint Paul, MN 55102
(651) 291-2472

Shopping Hours: Mon/Wed at 9am-12pm & 1-4pm