

Cov tsev neeg yuav tau saib kom me nyuam hnav ris tsho haum rau lub caij huab cua txias. Cov tub ntxhais kawm ntawv uas tsis hnav ris tsho kom sov txaus yuav tsis tau tawm mus nraum zoov thaum lawb ua si.

"Yog mloog zoo li" Huab cua	Hnav Khaub Ncaws
Qis tshaj 15 degrees	Cov khaub ncaws uas yuav tau hnav <ul style="list-style-type: none"> • Tsho npab ntev • Tsho sov • Tsho tiv no • Thom khwm tuab thiab sov • Hnab looj tes • Kaus mom tiv no/looj pob ntseg • Khau tiv no
15-30 degrees	<ul style="list-style-type: none"> • Tsho npab ntev • Tsho sov • Tsho tiv no • Thom khwm tuab sov • Hnab looj tes • Kaus mom tiv no/looj pob ntseg • Khau tiv no
30-40 degrees	<ul style="list-style-type: none"> • Tsho npab ntev • Tsho tiv no los sis tsho sov • Thom khwm tuab • Hnab looj tes • Kaus mom tiv no/looj pob ntseg • Khau ntaub los sis khau tiv no
41-65 degrees	<ul style="list-style-type: none"> • Tsho sov nyias • Khau ntaub
Siab tshaj 65 degrees	<ul style="list-style-type: none"> • Nyob ntawm niam txiv nyiam