

# FREE MEALS, FREE DELIVERY

Open Arms of MN & Ramsey County



## COVID-19 RESPONSE PROGRAM

Open Arms of Minnesota and Ramsey County are partnering to provide free, nourishing meals to community members who need them. If you are a Ramsey County resident who has been impacted by the COVID-19 pandemic, you may be eligible to have prepared meals delivered to your home for free!

## ELIGIBILITY

Meal delivery is available for Ramsey County residents who are over the age of 18, homebound due to COVID-19, and experiencing financial hardship.

## MEALS

Each weekly meal delivery will include 14 meals, including five frozen entrees with vegetable sides, two frozen soups, green and deli salads, fresh fruit, dessert and snack items, and milk and cereal upon request. Additional food items may be available for a total of 21 meals per week.

## HOW TO GET STARTED

To find out if you are eligible and get signed up for your free meal deliveries, visit our website at [openarmsmn.org/covid-19-response-program](https://openarmsmn.org/covid-19-response-program) or give us a call at **612-767-7333**. Translation services are available!