REFRAME THE BEHAVIOUR

“KIDS DO WELL IF THEY CAN”
~ROSS GREENE

WON’T \rightarrow CAN’T

- Judgemental
- Willful
- Defiant

ADULT’S MINDSET

- He’s lazy
- She just wants attention... RUDE!

VIEW OF CHILD

- Curious
- Too many stressors
- Skills deficits

THOUGHTS

- Rewards & punishments

RESPONSE

- What’s getting in their way? How can I help?

CHILD’S EXPERIENCE

- Find & remove barriers
- Supported
- Strengthened

“SEE A CHILD DIFFERENTLY, YOU SEE A DIFFERENT CHILD”
~Dr. Stuart Shanker

When kids exhibit challenging behaviour we can be “STRESS DETECTIVES”...finding and removing barriers.

- Find stressors \rightarrow Reduce them
- Find unmet needs \rightarrow Meet them
- Find skills deficits \rightarrow Teach them