Greetings, it has been an exciting start to our year. We are so honored to have your child apart of our school community. As we continue to build on the great start to the school year, I would like to give some tips on how to help your child be successful at school. Talk to your child about how important school safety is. At The Heights Community School, we expect every student to show the 3 B’s: Be Respectful, Be Responsible, and Be Safe. Ask your child to explain what these expectations look like at school.

Please get to know your child’s teacher. The partnership between family and teacher is extremely important. When the teacher and parent/guardian have a strong partnership, students do better in school. Set school goals with your child. These goals can either be short term or long-term goals. Set routines for your child. Have a regular homework and bedtime. Also, set a consistent morning routine. Students work much better when things are predictable. Rituals and routines are very important at home and school. Ask questions each and every day of school. This shows your child that you are interested in their school and what they are doing. Insist on them giving their best effort. If your students knows that school is important to you, it will be important to them.

**FUN FACT:** Our eyes are always the same size from birth, but our nose and ears never stop growing.

**INSPIRATIONAL QUOTE:** “Try to be a RAINBOW in someone else’s cloud.” Maya Angelou

Principal Moeller

### Parent Info on The Heights Website

Please check out our website at [www.spps.org/heights](http://www.spps.org/heights). The Calendar-At-A-Glance is posted, as well as a family friendly Family Engagement Plan (FEP) and School Continuous Improvement Plan (SCIP). The information will also be available in the school office and the family resource room.

Please read and discuss the Family Handbook with your students at: [https://www.spps.org/domain/13882](https://www.spps.org/domain/13882)

Look for revisions and more information newsletters and flyers sent home in Thursday Folders.

For interpreting needs, please call 651-293-8815:

- Hmoob – Dennis Xiong
- Español – Herbert Mancilla Lima

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**OCTOBER 2019**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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</thead>
<tbody>
<tr>
<td>Tuesday, October 1</td>
<td>5:30-7pm Zones of Regulation Family Night</td>
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<tr>
<td>Thursday, October 3</td>
<td>Club’s Choice Fundraiser Ends</td>
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<tr>
<td>Thursday, October 10</td>
<td>PreK Take Your Parent to School Day</td>
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<tr>
<td>Thursday, October 11</td>
<td>5:00-7pm PTA Kick-off Meeting</td>
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<tr>
<td>Wednesday, October 16</td>
<td>3:00-9pm Chuck E Cheese Fundraiser</td>
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<tr>
<td>Thursday, October 17 &amp; Friday, Oct 18</td>
<td>NO SCHOOL State Teacher Meetings</td>
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<tr>
<td>Tuesday, October 22</td>
<td>Picture Day</td>
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<tr>
<td>Thursday, October 24</td>
<td>CANCELLED 6:00-8pm Saints North Roller Skating</td>
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<tr>
<td>8:00am Chat w/the Principal</td>
<td>8:45am Eagles Assembly PreK, grades 3-5</td>
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<tr>
<td>9:30am Eagles Assembly grades K-2</td>
<td>5:30-7pm Family Math Night, Flu Clinic &amp; Title I Annual Meeting</td>
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<tr>
<td>Friday, October 25</td>
<td>NO SCHOOL Conference Prep Day</td>
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</tbody>
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November events continue on page 2…
EDL (Extended Day Learning) Information

EDL will begin on October 8. We will be having classes for 3rd, 4th, and 5th grades. We will also have Music for 4th and 5th graders who have signed up with interest.

All bus and enrollment information will be delivered in the coming week as we get it.

Please contact Erika Berg at erika.berg@spps.org if you have any questions.

PreK Parents

Pre -Kindergarten parents mark your calendars! Thursday, October 3 is PreK Take Your Parent to School Day.

PreK parents are invited to visit their child’s classroom and learn about their day. Look for more information from your child’s classroom teacher.

Volunteer Information

Parents can volunteer in a variety of ways: join PTA, help at family events, help in the classroom, chaperone field trips etc.

All volunteers who wish to chaperone field trips are required to have completed a background check. The cost is $15 (cash only). The background check is good for one year only.

Please allow 2 weeks for processing.

Parents can still volunteer in the building and in classrooms by simply filling out a volunteer form.

Please see our family handbook for more info at: https://www.spps.org/domain/13882

We promote food-free classroom celebrations. Due to food allergies and dietary food restrictions, we will not be allowing cupcakes or sweet treats to be shared with classmates in ALL classrooms at The Heights.

Ask your teacher for an approved snack list. Please see our family handbook for more information on our website at: https://www.spps.org/domain/13882

Office Hours 7:15am-3:00pm

Classroom Celebrations

We promote food-free classroom celebrations. Due to food allergies and dietary food restrictions, we will not be allowing cupcakes or sweet treats to be shared with classmates in ALL classrooms at The Heights.

Ask your teacher for an approved snack list. Please see our family handbook for more information on our website at: https://www.spps.org/domain/13882
School Attendance Matters

On Time.
Every Day.
Every Class.

It is important for students to be in school the entire time that school is in session. All students should be in their classroom from 8:30 am until their teacher dismisses them at the end of the day at 3:00 pm. Tardy students and students that are picked up early are distracting to the entire classroom. Students leaving early may miss last minute instructions given by the teacher.

To avoid being referred to the School Attendance Matters Program do not pick up your child(ren) early from school unless:

* they are ill
* they have a medical/dental appointment
* there is an extreme family emergency

Parents/guardians MUST communicate every time a child is absent. Please note not all absences will be excused.

Call in or send a note to the main office, state reason for absence. Be specific.

Documentation may be required to excuse these absences.

Cafeteria Information

Free/Reduced Lunch Forms – The Heights offers Free breakfast and lunch to all students. All families must still complete the free/reduced lunch form every year even if you are exempt. If you are still in need of an application, they are available in the office. You can also apply on-line at www.spps.org.

Your child’s meal account PIN is their SPPS student ID number. Please keep practicing the number with your child to ensure the line moves quickly and efficiently. Students who bring a lunch from home and get a milk at school will have to have money in their account to pay for the milk. The cost for milk is $.50.

The Fresh Fruit and Veggie Program runs October through April/May. Students at The Heights will receive a fruit or veggie snack on Tuesdays, Wednesdays and Thursdays.

Menus are available online only. Go to https://www.spps.org/ns, click on “view school lunch menus” and check out School Cafe, the online interactive menu! Families can view the menu for The Heights. It has a feature for parents of students with allergies to filter out the menu items containing each allergen. It also gives nutritional information and can help with counting carbs for diabetics. It’s a great tool for parents to help educate their kids about their allergies!
Greetings Families,

My name is Kathy Drinkwine and I am honored to work with the students, families, and staff at The Heights Community School.

The School Counseling Program is for all students in our school. I reach all students by teaching Life Skill lessons to whole classrooms and supporting our school-wide Positive Behavior Intervention Systems (PBIS). I am proud to share that our whole school is learning about The Zones of Regulation. This is a framework used to teach students, staff, and families self-regulation. This is the ability to get to a place of self-control when faced with strong emotional responses. Please look for more information about that as the year progresses.

In addition to whole school counseling, I work with small groups on specific skill building. I also work with individual students when it is needed.

**Parent Support** – Parents might call to talk about things like:
- "My child doesn't want to go to school in the morning"
- "I'm concerned because my child keeps telling me that he doesn't have any friends"
- "We recently had a death in the family, and I'm not sure how my child is coping"
- "My child’s is very sad because her mother doesn’t live with us anymore"
- "My child gets really frustrated doing homework, and nothing I say seems to help"

If you have any questions or concerns about your child that you would like to discuss with a school counselor, please feel free to contact me, kathy.drinkwine@spps.org or 651-325-2415.

I can be reached Monday – Friday from 7:00-2:30. If I am not in the office, please leave a message and I will call you back as soon as I get it.

Please plan to attend the October 1st Zones of Regulation Family Night. We will talk about our programs to help students stay safe and learn ways to manage strong emotions. I look forward to seeing you there!

Ms. Kathy Drinkwine

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**Conversation Corner**

A conversation with your child is a great way to encourage children to increase vocabulary and gain confidence with speaking. Mrs. Galowitz has worked to give you some ideas to help you get more than a “yes”, “ok”, or “no” answer when asking your child about their school day. On the way home, at dinner or even bedtime is a great time for these simple questions.

1. Rate your school year on a scale from 1-10.
2. Did anyone get in trouble today?
3. What did you like about your teacher this year?
4. What questions did you ask at school today?
5. What was your favorite subject this year? Why?

As answers develop using a phrase such as, “tell me more” will help your child make more connections to school. It is a busy day full of learning and we hope children begin to talk more about the wonders of their school day.

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**Translations**

All school documents can be translated or interpreters made available upon request.

**Spanish**
Todos los documentos pueden ser traducidos o interpretados oralmente si usted lo solicita

**Hmong**
Tej ntaub ntawv tom tsev kawm ntawv uas xa los rau nej, peb yuav pab txhais thib hrhia neeg txhais lus rau nej yog nej hais qhia peb

**Somali**
Dhammaan dukumiintiyada iskuulka waa la turjumi karaa ama waxaa la heli karaa turjumaan hadii la codsado

**Karen**
"แนะน้อยโอกาสในการเข้าใจและทำให้เด็กมีพัฒนาการในการพูดได้บวกและมั่นใจ"
The fall Clubs Choice Fundraiser began Thursday, Sept 19th and ends Thursday, Oct 3rd.

Please return order forms and money by Thursday, Oct 3rd.

The fundraiser delivery date is Thursday, Nov 19th from 3:00-6:00 pm during conferences.

Please keep in mind that you must pick up food orders on Nov 19th.

We have no place to store items that need to be refrigerated.

Items will be returned to the company and will be delivered at a later date.

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The PTA Kick-off meeting is scheduled for:

Thursday, Oct 10
5:00-7:00

Please join us!

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Saints North Family Skate Center
1818 Gervais Ct, Maplewood
(651) 770-3848

Tues, Oct 22 6:00-8.pm Cancelled
Tues, Dec 10 6:00-8.pm Cancelled
Tues, Feb 4 6:00-8.pm Pending
Tues, April 16 6:00-8.pm Pending

Sts North is looking for a school for us to pair up with. Further dates are pending but may be cancelled later this year.

Chuck E Cheese
445 Commerce Dr, Woodbury
Wed, Oct 16 3:00-9 pm
Fri, Jan 17 3:00-9 pm
Fri, March 13 3:00-9 pm
Fri, May 8 3:00-9 pm

Keep collecting:

Box Tops for Education is moving toward collecting via an app. More information will be coming.

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Order Heights T-shirts and jackets all year round!

Look for all the details on the T-shirt flyer at the end of the newsletter.

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**Science-Mrs. Kartes**

Greetings Heights families. My name is Stephanie Kartes and I’m new to The Heights school this year. I was previously a 4th grade teacher for four years. I’m really excited and happy to be teaching science this year. The students are learning about safety, rituals, and routines so far this year. Some grades are starting engineering and problem-solving activities.

**Music-Mr. Claver**

Hello Heights Families, and welcome back to another year in music! My name is Michael Claver, and I’m excited to return for my second year as your student’s music teacher. We have so many wonderful activities planned for our scholars this year. In addition to our annual concert, we are excited to explore various performance opportunities, such as Eagle Assembly Performances, and possible public performances. Music is a big part of the Heights Community School. We involve music in many of our school activities and routines. We learn music in a fun and engaging way to help our scholars become the best musicians that they can.

This year, there are a few changes that we are very excited about. We are exploring a brand new curriculum called Quaver Music. This interactive, web-based curriculum will engage students in music in ways never seen before. In the few short weeks we have been using this curriculum, I can already see a difference in our scholar’s ability to retain and refine various musical skills. We also have transitioned to a daily rotation. Previously, scholars would attend one special for two full weeks, and then transition to the next specialist in their rotation. This year, students will be changing their specialist daily. This will ensure that all students get equal instruction time, and also allows more frequent lessons. We are so excited about this change.

Please note these important dates:

Friday, May 15th – Spring Concerts
K-2 – 8:45am
3-5 – 9:30am

Wednesday, June 3rd – Talent Show
K-2 – 8:45am
3-5 – 9:30am

**Enrichment and GT-Ms. Clardy**

Hello my name is Ms. Clardy (C Lard Dee). After teaching in St Paul Schools for 21 years, I am thrilled to join The Heights Community! I am the new G.T. and Enrichment teacher. I have a Master in Education in Curriculum and Instruction: with an Emphasis in Elementary Reading. This helps me create a classroom which facilitates a high-quality learning environment.

In September, I met with your scholar three times. We focused on establishing a strong learning environment by learning rituals and routines. We also began with goal setting. In October, we will focus on Mindset, the brain and taking academic risk to grow. I am teaching all scholars in grades one-five once a week for 50 minutes. In addition, I will be working with students identified as Gifted and Talented, Student Council, Socratic Seminars and research projects.

Cogat7 Gifted identification testing will be between October 7-November 14.

All kindergarten students will be tested. All second-grade students who were NOT identified in kindergarten will be tested. Scheduled classroom testing days will be sent to parents before the test date. Teachers will also be nominating student from grades one, three, four and five.

Student Council: Applications have been passed to all fourth and fifth grade students. Results will be announced in October.

**Cognitive Ability Testing (CogAT7) Dates**

Cogat7 Gifted identification testing will be between October 7-November 14.

** Teachers & Parents can nominate students that have not been previously identified, simply email andrew.beard@spps.org.**
Head back to school! Help our students build brighter futures.

We are looking for Reading Corps tutors for the 2019-20 school year. You can work with K-3rd grade students every day during the school day and help them become successful readers!

Reading Corps provides comprehensive training in strategies proven to help students build reading skills. Tutors are paid a living allowance and are eligible for up to $2,960 to pay tuition or repay student loans. Tutors 55 or older may gift the award to their child or grandchild. Tutors may be eligible for free health insurance and child care assistance.

Learn how you can get involved by visiting readingandmath.net. You can also help by telling a friend or family member (grandparents make great tutors, too!) about openings at our school and statewide! Positions start in October for the 2019-20 school year. Send questions to april.stensgaard@servetogrow.org or call 612-460-8617.

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**Title I Information – Parent’s Right to Know**

**ENGLISH: PARENT’S RIGHT TO KNOW TEACHER AND PARAPROFESSIONAL QUALIFICATIONS** Under the Every Student Succeeds Act, parents have the right to request information regarding the professional qualifications of their student’s classroom teachers and paraprofessionals. Parents who would like to receive this information should write to the Human Resource Department, Attn: ESSA Teacher Qualifications, Saint Paul Public Schools, 360 Colborne Street, Saint Paul, MN 55102-3299. You have the right to ask for the following information about each of your child’s classroom teacher(s).

- Information about whether the teacher has met state qualification and licensing criteria for the grade levels and subject areas in which the teacher provides instruction;
- Information about whether the teacher is teaching under emergency or other provisional status through which state qualification or licensing criteria have been waived;
- Information about whether the teacher is teaching (subjects or content) in which proper certification is held by the teacher.
- Information about whether the child is provided services by paraprofessionals and, if so, their qualifications.

**Hmong: Niam tXiav Muaj Cai Paub Txog Cov Xib Fwb Qhia Ntawv** Raws li txoj cai Every Student Succeeds Act, cov niam txiv muaj cai nug kom paub txog cov xib fwb qhia ntawv uaa qhia ntawv rau lawv tus me nuym tuq thiaq cov neeg uas pab tus xib fwb qhia ntawv seb lawv txawj thiaq kawn ntawv siab npaum li cas. Cov niam txiv uas xav paub txog tej li hais no muaj peev xwm suu sau tuq ntawv mus rau Human Resource department, Attn: ESSA Teacher Qualifications, Saint Paul Public Schools, 360 Colborne Street, Saint Paul, MN 55102-3299. Nej muaj cai nug txog cov nam qab no ntsi txog nej tus me nuym tuq tus xib fwb qhia ntawv.

- Kev qhia seb tus xib fwb txawj npaum li cas thiaq puas muaj lai xee qhia ntawv raws li lub xeev txoj cai los qhia qib ntawv ntawd thiaq yam uas nws qhia.
- Kev qhia seb puas yog tus xib fwb ntawd los qhia rau lub caij maj ceev es thiaq li tsis tag txawj txawj thiaq muaj lai xee raws li lub xeev txoj cai los tuq.
- Kev qhia seb puas yam qhia yam uas nws muaj ntawv pov thawv los qhia.
- Kev qhia seb tus me nuym puas raws li cas thiaq puas xib fwb (paraprofessional). Yog tuq no lawv txawj thiaq kawn ntawv siab li cas.

**Somali: Xuuq uguada ay Waalidka leeyihiin ogaaduqan Mucluumaadka Macalliminta iyo Shaqaalaha kale** Sida uu qabo qaamanku loo yaqaano "Every Student Succeeds Act" oo micne ahaan ah "Qaanuunka Guusha Arday Walba", waalidiintu waxay xaq leeyihiin ogaaduqan kala caabo macluumaad ku saabsan xirfadda macalliminta iyo shaqaalaha kale ee carruurtooda wax bara. Waalidintu raba inay helo macluumaadku, qoraal u soo diraan qaybta shaqaalaynta mas'ulka ka ah oo la dhaqo Human Resource Department. Codsigaaga halkan ku soo hagaajii: Attn: ESSA Teacher Qualifications, Saint Paul Public Schools, 360 Colborne Street, Saint Paul, MN 55102-3299. Waxaad xaq u leedahay inaad codsato macluumaadku hoose ee ku saabsan macalliminta ilmahaaga wax bara:

- In macalliminta ama macallimaddu buuxiyeen shuruudaha maadada iyoy fasalka ay digayaa la xiriira ee uu gobolku ka rabo islamkaana khibrad u leeyihiin maadada ay barayaan.
- In macalliminta ama macallimaddu haaystaa oggolaansho ku meel gaar ah inta ay soo buuxiinaan yam shuruudhii laga rabay ee dhinaca wax barista iyo in laga qaaday ama laga fasaxay shuruudahaas hadda.
- In macalliminta ama macallimaddu ay barayaan maaddoooyinka ay uu haaystaa shatiga islamkaana takhasuska u leeyihiin.
- In uu ilmahaaga helo kaalma macallin-kalkaaliyey, iyo weliba nooca wuxbarashada kalkaaliyeyahaas.

**Spanish: Los padres tienen derecho a conocer las calificaciones de maestros y paraprofesionales** Bajo el acta Cada Estudiante Triunfa, los padres tienen derecho a solicitar información sobre las credenciales profesionales de los maestros del salón de su niño y paraprofesionales. Los padres que deseen recibir esta información deben escribir al Departamento de Recursos Humanos (Human Resources Department), Attn: ESSA Teacher Qualifications, Saint Paul Public Schools, 360 Colborne Street, Saint Paul, MN 55102-3299. Usted tiene derecho a preguntar la siguiente información de cada uno de los maestros del salón de su niño:

- Información sobre si el maestro cumple con las credenciales y licencias del estado para los grados y asignaturas que enseña;
- Información sobre si el maestro está enseñando con una licencia de emergencia o provisional, por la que el estado lo ha eximido de los requerimientos de credenciales o criterios para obtener la licencia.
- Información sobre si el maestro está enseñando (asignaturas o contenido) en la cual tiene una certificación apropiada.
- Información sobre si el niño recibe servicios de paraprofesionales, y si sus calificaciones.
The Heights T-shirt & jacket orders!
No deadline! Order Year Round! Sample sizes in the Parent Room!
Check out colors and sizes on their website.
Items that are ordered are delivered to The Heights.

1. Call Avenue Shirt Works
2. Tell them you want a Heights Community School T-shirt
3. Tell them the shirts and sizes you want.
4. They'll help you with color choices
5. They'll work out the payment options

AVENUE SHIRT WORKS
1783 Arlington Avenue East
St. Paul, MN 55119
651-771-5744

Call Avenue Shirt Works to place your order:
651-771-5744