Please help keep everyone healthy.

Do Not Send your child to school if sick with the following:
Cold Symptoms
    Cough
    Fever 100.4 degrees or higher

**COVID-19 Guidelines**
Families should familiarize themselves with these guidelines, which are updated regularly and cover prevention strategies, health screening and monitoring, exclusion guidance, and the [SPPS COVID-19 Reporting System](https://www.spps.org/domain/3785).

**The Heights Website**
Please check out our website at [www.spps.org/heights](http://www.spps.org/heights)

Please read and discuss the Family Handbook with your students at: [https://www.spps.org/domain/13882](https://www.spps.org/domain/13882)
Click the link below for Title I information regarding:
- School Continuous Improvement Plan (SCIP)
- Family Friendly SCIP
- Family Engagement Plan (FEP)
- Compact
- Parent’s Right to Know
[https://www.spps.org/domain/3785](https://www.spps.org/domain/3785)

Title I information will also be available in the school office and the family resource room.

Look for revisions and more information newsletters and flyers sent home in **Thursday Folders**.

**EDL Update**

**EDL at The Heights will begin on November 4, 2021.**
Please make sure that you have transportation home (an adult must pick you up) promptly at 3:45 at the front of the building.
Call if you have questions,
Erika Berg 651-293-8815

**EDL en The Heights comenzará el 4 de noviembre de 2021.**
Por favor asegúrese de tener transporte a casa (un adulto debe recogerlo) puntualmente a las 3:45 en el frente del edificio.
Llama si tienes preguntas,
Erika Berg 651-293-8815
Cognitive Ability Testing (CogAT7) Dates

Cogat7 Gifted identification testing will be between Oct 11-Nov 11.

** Teachers & Parents can nominate students that have not been previously identified.

Parent/Guardian Information on Statewide Testing

The Minnesota Department of Education (MDE) requires statewide standardized testing on an annual basis. For more information on statewide testing, as well as parents'/guardians' right to refuse testing click the link below:

https://www.spps.org/Page/33916

Tests and Testing Schedules

For information on ACCESS 2.0, CogAT, FAST literacy and MCA testing for the 2020-21 school year check out the SPPS District Testing Calendar, Test Descriptions and School Schedules at this link:

https://www.spps.org/Page/21430

Office Hours 7:15am-2:45pm

7:05-7:15 Julie Wellman waits for walkers at the corner of Clear and Hazel (There are no patrols at this time)

7:15 Cafeteria opens for FREE Breakfast to Go

7:30 All students must be in their classrooms or they will be marked tardy.

Please, always use the Attendance Line to call in an absent student! (use even during regular school hours!)

651-744-2273

The Attendance Line is Available 24 Hours a Day / 7 Days a Week!

News from Mr Xiong

Lus tseem ceeb nyob rau lub 11 hli ntuj [November 2021]

Tim 2 ............ Kawk ntawv nyob tom tsev (tsis txhob xa me nyuam tuaj kawm ntawv hnub no).

Tim 16 .................muaj conference yav tsaus ntuj.

Tim 18 .................muaj conference yav tsaus ntuj.

Tim 19 .................tsis kawm ntawv muaj conference yav nrub hnub.

Tim 25-26 .............tsis kawm ntawv (Thanksgiving)

Complete Your iUpdate

Families should complete their annual iUpdate for each student to ensure SPPS has your current contact information and other required forms on file.

Visit spps.org/onestop to complete yours now.

November Conferences

Classroom teachers will start scheduling virtual conferences between Nov 1 and Nov 30.

The scheduled evening days and times are Tues, Nov 16 and Thurs, Nov 18 from 3-6pm and the daytime conference is Friday, Nov 19 from 8am-12pm. There is no school on Nov 19.

Because we are able to provide virtual conferences, teachers will be able to be flexible in meeting our families’ needs and offer conferences throughout the month.

On-site conferences can be scheduled if parents want them and/or have no other way to attend virtually.

Interpreters will be available as needed.

Transportation is available but limited. Contact Julie Wellman for information regarding transportation.
Dear Families,

The **American Rescue Plan (ARP)** has presented school districts across the country with an incredible opportunity. Saint Paul Public Schools (SPPS) is receiving approximately $207 million to be used over the next three years for COVID-19 response efforts and to address long-term student outcomes that have been impacted by the pandemic. K-8 Reading is one of twenty-four strategies that has been funded to hire a WINN(What I Need Now) K-3 Reading Teacher for each school.

WINN Reading Teachers are licensed teachers whose primary role is to provide daily differentiated small group reading instruction to support core instruction during the literacy block (guided reading, phonics or writing.) Your child may receive small group instruction by the classroom teacher or the WINN teacher. The Classroom and the WINN teachers will use screening data and progress monitoring data to target instruction at your child’s instructional level.

If you have any questions, feel free to contact us.

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**Parent Reminder**

Parents please remember that if your child has had a fever (over 100.4 degrees), diarrhea or vomiting; please wait **24 hours of symptoms free** before you send your child back to school.

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**Cafeteria Information**

Every SPPS family should complete an application for Education Benefits/Free or Reduced Price Meals. Not only does this help us identify families in need of assistance, it also allows the District to receive federal dollars for classroom programming. A new form must be completed each school year. Additionally, families who have completed an application and have experienced a change in household income or size are encouraged to complete a new application.

How to apply for free and reduced-price lunch?

- Applications can be completed online at [https://www.schoolcafe.com/spps](https://www.schoolcafe.com/spps).
- Video Link: [SchoolCafe Eligibility Walkthrough For Parents](https://www.schoolcafe.com/spps)
- Paper applications can be mailed to your home by request by calling Nutrition Services at 651-603-4950.

The Fresh Fruit and Veggie Program runs October through April/May. Students at The Heights will receive a fruit or veggie snack on Tuesdays, Wednesdays and Thursdays. **Menus are available online only.** Go to [https://www.spps.org/ns](https://www.spps.org/ns), click on “view school lunch menus” and check out School Cafe, the online interactive menu! Families can view the menu for The Heights. It has a feature for parents of students with allergies to filter out the menu items containing each allergen. It also gives nutritional information and can help with counting carbs for diabetics. It’s a great tool for parents to help educate their kids about their allergies!
Check out our new Heights Eagles Merchandise!

T-shirts, hoodies, sweatpants, tumblers, lanyards & more!

Fill out the order form using the link below. You will need an Venmo account to place our order. You will add the Venmo information to the order form so we can match the Venmo payment to the correct order form.

Questions? Contact Julie Wellman at julie.wellman@spps.org

Order Form:

https://forms.gle/oWymwgC9Z5sYQa2BA
P. E.:  Mr. Beason

IN NOVEMBER WE WILL CONTINUE WORKING ON THROWING AND KICKING SKILLS AS WELL AS OTHER FITNESS SKILLS. ADDITIONALLY, WE ARE GOING TO TRY SOME NEW NATIVE AMERICAN GAMES TO EXPAND OUR USE OF MULTICULTURAL GAMES.

FAMILIES PLEASE REMIND YOUR STUDENTS TO BE SAFE AT SCHOOL. THIS INCLUDES WEARING A MASK AT ALL TIMES, WASHING HANDS OFTEN AND AVOIDING TOUCHING OTHERS.

NOVEMBER BRINGS COLDER WEATHER BUT STILL OK TO GET OUTSIDE AND PLAY! TAKE YOUR KIDS OUTSIDE FOR A WALK, BIKE RIDE, A HIKE OR PLAY IN THE MANY PARKS HERE IN OUR AREA. IT’S IMPORTANT THAT KIDS GET 60 MINUTES EACH DAY, OF PHYSICAL ACTIVITY.

HAVE A GREAT NOVEMBER! ENJOY QUALITY TIME WITH FAMILY.

Science:  Mr. Welke

Many students have recently been able to get out into the garden. We have been cleaning out the weeds in preparation of next Spring’s planting. Our second graders had the opportunity to plant tulips in our garden as well. They had a blast doing it!

If you are interested in helping with our Community garden, please reach out to me, Jason Welke, at jason.welke@spps.org.

Music:  Teacher Claver

Hello Heights Families,

It is hard to believe that we are almost two months into the school year. All scholars continue to solidify their routines and rituals in music class. This year, all grades have been focusing on building their singing skills and making sure they have a strong foundation for future learning. After fundraising over $2,000, we were able to purchase 20 digital pianos. Scholars will start learning how to play the piano this week. I am so excited to continue to develop our strong musical foundation this fall, to allow for more progress in the winter and spring.

I am looking forward to our partnership this year! As always, if you have any questions, comments, or concerns, please do not hesitate to email me at michael.claver@spps.org

In Music,
Teacher Claver

Art:  Ms. Jordan Steger

Picture Day!

Starting in November and going through February, students will be taking a school photo for the yearbook. Teachers will sign up for a time for their class to take a photo. More information about picture day will come before your student’s specific time so be on the lookout for that information in the coming weeks.

Please note, this is not our usual picture day so these photos will NOT be available for purchase. The photos are only for the yearbook and will be taken at school by school staff.

If you are interested in ordering a yearbook, more information about how to do that will be coming in future newsletters. The yearbook will cost $13.75. All yearbooks must be pre-ordered and will be delivered in May.
The Family-School Compact will be discussed with families during conferences.

For easier viewing here is a link to the English version:


Here is a link to the Spanish version: