



Parent Resources



We are always looking for resources to enhance our Unit of Inquiry. If you have something to share, or know someone who can offer information, please let us know!

Take Action

The Action Cycle (Choose, Act, Reflect) is an important part of our IB education. Please note any actions that you have noticed at home as a result of this unit and return this page to me at any time. Questions and comments are welcomed as well.



Benjamin E. Mays IB World School

How We Express Ourselves Kindergarten

Principal
Kirk Morris



560 Concordia | St. Paul, MN 55103
651.325.2400 | spps.org/mays



Transdisciplinary Theme

How We Express Ourselves

How We Express Ourselves is an inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values.

During this unit we will explore feelings. We will ask such questions as: What are feelings? How do we manage our strong feelings? How do others express their feelings? How do we express our feelings?

To help our students learn, teachers will provide space and different props (mirrors, photos, and books, etc) for children to explore facial expressions. Through different art mediums, writing, and role-playing; teachers will encourage awareness of students' feelings. In our classrooms we actively teach our kindergarteners to manage their emotions and behavior through the use of a Solution Kit and Zones of Regulation.

We will also be using our new technology to explore emotions through the Electric Company iPad Application.

As part of the assessment for this unit, each student will draw various feelings to depict what they've learned about feelings. The drawings will be collected and displayed. Students will be able to describe a feeling they have felt and what caused them to feel that way.

Contact us:

Katy.Bittner@spps.org

Sarah.Kaufenberg@spps.org

Heidi.Taylor@spps.org

Miles.Vieth@spps.org

Central Idea

Feelings impact our actions and expressions.

Lines of Inquiry

- Different types of feelings and what they look like (facial/body language)
- How our feelings affect others
- Causes and situations that change our feelings

Transdisciplinary Skills

Social - Students will learn how to appropriately express their feelings, how to respect others and their space, and how to resolve conflicts with each other.

Self management skills - Students will learn about spatial awareness and gross motor skills by staying in their own bubble.

Key Concepts

Related Concepts

Form, Connection and Responsibility

Learner Profile

Caring and Balanced

Attitudes

Respect and Empathy

