Take Action
The Action Cycle (Choose, Act, Reflect) is an important part of our IB education. Please note any actions that you have noticed at home as a result of this unit and return this page to me at any time. Questions and comments are welcomed as well.

We are always looking for resources to enhance our Unit of Inquiry. If you have something to share, or know someone who can offer information, please let us know!

Principal
Kirk Morris

Benjamin E. Mays IB World School
How We Express Ourselves
Kindergarten

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How We Express Ourselves is an inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values.

During this unit we will explore feelings. We will ask such questions as: What are feelings? How do we manage our strong feelings? How do others express their feelings? How do we express our feelings?

To help our students learn, teachers will provide space and different props (mirrors, photos, and books, etc) for children to explore facial expressions. Through different art mediums, writing, and role-playing; teachers will encourage awareness of students’ feelings. In our classrooms we actively teach our kindergarteners to manage their emotions and behavior through the use of a Solution Kit and Zones of Regulation.

We will also be using our new technology to explore emotions through the Electric Company iPad Application.

As part of the assessment for this unit, each student will draw various feelings to depict what they’ve learned about feelings. The drawings will be collected and displayed. Students will be able to describe a feeling they have felt and what caused them to feel that way.

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