Take Action
The Action Cycle (Choose, Act, Reflect) is an important part of our IB education. Please note any actions that you have noticed at home as a result of this unit and return this page to me at any time. Questions and comments are welcomed as well.

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Principal
Kirk Morris

We are always looking for resources to enhance our Unit of Inquiry. If you have something to share, or know someone who can offer information, please let us know!

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Benjamin E. Mays IB World School
Who We Are
4th Grade

560 Concordia | St. Paul, MN 55103
651.325.2400 | spps.org/mays.org

www.spps.org/mays | 651-325-2400
**Who We Are** is an inquiry into personal, physical, mental, social and spiritual health.

In this IB unit, we will look at the human body. We will answer questions like: How do our body systems operate? How can one system negatively/positively affect another system? How do our bodies mature throughout a lifetime? How and why should we care for our systems?

We will explore the answers to these questions using books, videos, iPads, and exploration centers. Our classroom exploration centers will focus on: sleep and rest, nutrition, personal hygiene, routine health care, disease prevention, and exercise.

During this unit we will have outside professionals visit our classroom. We hope to arrange a visit from a dentist and a doctor. Additionally, we are inviting a guest speaker to come to the classroom and talk about life changes that people go through when they hit puberty. You will receive more information regarding this before the visit takes place.

As part of our assessment, students will choose a project to demonstrate their knowledge of the central idea. They will work in groups using their iPads to create a Prezi®. The Prezi® should include knowledge of how the body systems work independently as well as functioning together, and why their functions are critical to our health.

Communication skills:
- Listening: to guest teachers, peers, read-alouds, and movement activities
- Speaking: plays, skits, reading, explaining their projects
- Non-Verbal: present in drama, music activities, and projects including arts and crafts

Social Skills:
Students will work on systems of their choice in groups to create a Prezi®. Students will have group roles for presentation.

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