

## Community Resources for Summer

### ● Housing, Hunger, Household Essentials, and Other Supports

- Call the **2-1-1 Hotline** or call 651-291-0211 (Twin Cities Metro Area), 800-543-7709 (Toll Free), 651-291-8440 (TTY), or text your zip code to 898-211. The United Way provides resources for housing, meals, household essentials, and many other supports. Learn more at: [www.211unitedway.org](http://www.211unitedway.org).
- **Neighborhood House**: Call 651-789-2500. "Neighborhood House's Family Centers help stabilize families in crisis by meeting basic needs." To learn more, visit: <http://neighb.org/program/family-centers/>

### ● Housing & Housing Finances Support

- From Ramsey County Housing Services & Support:  
[www.ramseycounty.us/residents/assistance-support/assistance/housing-services-support](http://www.ramseycounty.us/residents/assistance-support/assistance/housing-services-support)
  - "Families with at least one minor child in need of emergency shelter should call the United Way's Helpline and Crisis Line for a prescreen at 651-291-0211. If a family is currently unsheltered, they can also call Ramsey County's Homeless Services Team directly during business hours at 651-266-7818.
  - For those experiencing domestic violence, Day One Services may be able to help find a safe place for families while fleeing abuse. Call Day One Services at 1-866-223-1111.
  - Women and children escaping abuse, battling addiction, or struggling homelessness and poverty can call Union Gospel Mission's Naomi Family Residence at 651-228-1800 or visit [www.ugmtc.org/our-work/shelter](http://www.ugmtc.org/our-work/shelter).
  - Families who are sleeping in a place not meant for human habitation (streets, car, camping, public transit, etc.) or staying at a domestic violence shelter and are only looking for supportive housing (not shelter) can call 651-215-2262."
- **Community Stabilization Project**: Provides support for tenant stability and tenant-landlord disputes. Call: 651-225-8778 or email: [csp501dale@gmail.com](mailto:csp501dale@gmail.com). More information at [www.communitystabilizationproject.org](http://www.communitystabilizationproject.org).
- **Housing Link**: Website to search for affordable housing: [www.housinglink.org](http://www.housinglink.org).
- **Emergency Assistance** with rent, mortgage, and utilities: Call 651-266-4444. For a 24/7 automated phone line that provides information about financial assistance programs in English, Español, Hmoob and Soomaali, call 651-266-3800. For more information, visit [www.ramseycounty.us/residents/assistance-support/assistance/financial-assistance/emergency-assistance](http://www.ramseycounty.us/residents/assistance-support/assistance/financial-assistance/emergency-assistance)
- Paying Energy Bills: **Community Action Partnership of Ramsey and Washington Counties**: Call 651-645-6470, email [eap@caprw.org](mailto:eap@caprw.org), or visit <https://caprw.org/services/energy-food-housing/energy-assistance.html>.

### ● Summer Meals

- **SPPS**: Meals continue to be available from Saint Paul Public Schools through home delivery or curbside pickup. See [www.spps.org/Page/38722](http://www.spps.org/Page/38722) for details.
- **Minnesota Food Helpline**: Call 1-888-711-1151, available 10 am - 5 pm. More information at [www.hungersolutions.org/programs/mn-food-helpline](http://www.hungersolutions.org/programs/mn-food-helpline). Find a food shelf in your area: [www.hungersolutions.org/find-help](http://www.hungersolutions.org/find-help).
- **Ramsey County Food Resources**: [www.ramseycounty.us/covid-19-info/community-resources/food-resources](http://www.ramseycounty.us/covid-19-info/community-resources/food-resources). Includes an interactive map to find food resources near you.

- **Pandemic Electronic Benefit Transfer (P-EBT):** “a temporary food benefit available to Minnesota families with children who would have received free or reduced-price meals if schools were open. Families with eligible children will receive a one-time payment of \$325 per child on a new or existing EBT card to help fill the gap created by a loss of school meals.” Visit <https://mn.gov/dhs/p-ebt/> for more information or call 651-431-4050 or 800-657-3698, available Monday through Friday, 8 a.m. to 4 p.m.
- **Summer Eats Minnesota:** Download the “Free Meals for Kids” app to your phone or device, or text "Summer Meals" to 97779 or "Food" to 877877. Learn more on their website: [www.summereatsmn.org](http://www.summereatsmn.org).
- **National Hunger Hotline:** Call 1-866-3-Hungry or 1-877-8-HAMBRE, or text “food” to 97779. Available from 6 am - 9 pm.
- **City Meal Service:** Families with a minor child in the home will be eligible to pick up one meal bag per child per week. Find the schedule and locations at [www.stpaul.gov/news/saint-paul-parks-recreation-covid-19-updates#meals](http://www.stpaul.gov/news/saint-paul-parks-recreation-covid-19-updates#meals).
- **Financial, Insurance, & Employment Support Services**
  - **East Side Financial Center:** financial counseling and employment support services. Call (651) 771-2566. For more information, visit [www.lssmn.org/financialcounseling/financial-wellness-services/eastside-financial-center-services](http://www.lssmn.org/financialcounseling/financial-wellness-services/eastside-financial-center-services).
  - **Portico Healthnet:** Provides assistance finding health care services, including care available to those who are uninsured or underinsured. Referral Line Phone: 651-489-2273; toll free 866-489-4899. For more information, visit <https://porticohealthnet.org>.
  - Health Insurance through **MNSure:** Call 651-539-2099 (855-366-7873 outside the Twin Cities) or visit [www.mnsure.org](http://www.mnsure.org).
  - To apply for Cash Assistance, Supplemental Nutrition Assistance Program (SNAP), Child Care or Emergency Assistance, visit **ApplyMN** at <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e4s1>.
  - **MN Unemployment Insurance Program:** <https://www.uimn.org/>
  - **Twin Cities Rise:** Career skills training program. Call 612-338-0295 or visit [www.twincitiesrise.org/training-programs](http://www.twincitiesrise.org/training-programs)
  - **Ramsey County Workforce Solutions:** “provides employment and training services to job seekers and businesses in Ramsey County.” Call 651-266-9890.
- **Mental Health Supports**
  - **Change, Inc.**
    - **Grace Iverson, Mental Health Practitioner** partnering with Battle Creek Elementary: Grace can provide support for the healthy, typical emotional reactions many students are experiencing in response to current events. Grace can also provide therapy for students experiencing mental health challenges. Call 651-231-1634 to talk about support for your student and family.
    - **Mental Health Support Line:** staffed by mental health professionals and practitioners able to provide brief phone support, referrals to community resources, or ongoing mental health services. Calls are answered Monday through Friday, 8:00 am to 4:00 pm. They have the capacity to provide phone support in Burmese, English, Hmong, Karen, Poe Karen, Spanish, and Thai. The phone number is: 651-262-5858.
  - **Ramsey County Children’s Mental Health Crisis Line:** (651) 266-7878 (answered 24/7)
  - **Ramsey County Adult Mental Health or Substance Abuse Crisis Line:** (651) 266-7900 (answered 24/7)

- **Suicide Prevention Hotline:** Call: 1-800-273-8255 (answered 24/7), or Text: “Home” to 741741. Español: 1-888-628-9454.
- **St. Paul & Ramsey County Domestic Abuse Intervention Project:** Office Line & 24-Hour Crisis Line: (651) 645-2824, Toll-Free: 888-575-3367. Se habla español. Peb hais lus Hmoob.
- **Day One/Domestic Violence Hotline:** Call 866-223-1111. This statewide 24/7 line also helps access Domestic Violence shelters or services in your area. Learn more at <https://dayoneservices.org>.
- **Prairie Care:** Provides mental health services. Call 612-274-7516 or visit [www.prairie-care.com](http://www.prairie-care.com).
- **Wilder Foundation:** Provides mental & chemical health services. Call 651-280-2310 or visit [www.wilder.org/what-we-offer/mental-chemical-health-services](http://www.wilder.org/what-we-offer/mental-chemical-health-services).
- **Child Care Assistance**
  - **Child Care Assistance Ramsey County:** Call 651-266-4444.
  - **State Information Hotline:** Twin Cities Metro number: 651-297-1304, Greater Minnesota: 1-800-657-3504, available between 7 a.m. to 7 p.m.
- **Internet:** Find your nearest internet hot spot here: <https://wifi.xfinity.com/>
- **COVID-19: MN Dept of Health COVID-19 Hotlines:** Interpreters available. Health questions: Call 651-201-3920 or 1-800-657-3903, available weekdays: 8 am to 6 pm, weekend: 8 am to 4 pm. For the Minnesota Helpline: Call 651-297-1304 or 1-800-657-3504, available weekdays: 8 am to 5 pm, weekend: 8 am to 4 pm. Find more information here: [www.health.state.mn.us/diseases/coronavirus](http://www.health.state.mn.us/diseases/coronavirus)
- **Resources for People with Disabilities**
  - **MN Disability Hub:** Call 1-888-333-2466 or visit <https://disabilityhubmn.org>.
  - **METRO Mobility Food Services:** Certified Metro Mobility customers can now order groceries to be delivered to your house. For more information, visit: <https://metro council.org/News-Events/Transportation/Newsletters/Let-Metro-Mobility-pick-up-your-grocery-order-2020.aspx>
- **Legal Services**
  - **Southern Minnesota Regional Legal Services:** Provides free legal help to low-income people in civil matters. Visit [www.smrls.org](http://www.smrls.org) or call 1-888-575-2954, available Monday - Friday 9 am - 3 pm.
  - **Legal Assistance Immigrant Law Center of Minnesota:** Call 651-641-1011 or 1-800-223-1368. Visit [www.ilcm.org](http://www.ilcm.org) to see available hours. Provides: Legal representation, brief services, and advice in various immigration matters to low-income immigrants and refugees of all nationalities. No fee for services for those who qualify; interpreter services available as needed.
- **Summer Activities for Students**
  - **Saint Paul Connect:** a website designed to host activities for young people and connect them to the many free youth programs offered throughout Saint Paul. Program launches on June 15th. Visit [www.spps.org/SPCpartner](http://www.spps.org/SPCpartner).
  - Visit <https://www.spps.org/Page/39293> for lots of online learning resources that students can access on their iPads over the summer. Many are free to use.
  - **SPPS Virtual Library:** Students may access library resources through the [SPPS Virtual Library](#) to connect to SPPS, SPPL, and eLibrary of Minnesota resources. Students can use [TumbleBook Library](#), [Teen Cloud](#) and [PebbleGo](#) throughout the summer months. Students can also access thousands of eBooks through our [MackinVia](#) online library which is available as an app on iPads.

- **St. Paul Public Libraries:** On [LibraryGo](#) accounts, students can check out digital materials to read or listen to, or check out up to 5 print copies from an SPPL [contactless pick-up site](#). Students' Library Go Barcode number is 22091600 + ID Number (6 digits) and the PIN is their birthdate (MMDDYYYY). Students can access Saint Paul Public Library's digital eBook collection through the Libby and Cloud Library Apps available on their district-issued iPads.