

Resources for St Paul Families

COVID-19 Medical Resources

Call the Minnesota Department of Health (MDH) COVID-19 Hotline at 651-201-3920 (7AM - 7PM). If you are experiencing symptoms, contact your healthcare provider for further instructions.

Free Legal Services (housing/employment)

Southern Minnesota Regional Legal Services
<https://www.smrls.org> or 1-888-575-2954
<https://www.justice4mn.org/a2j/> - to apply online

Distance Learning Resources

- 1) Comcast is offering free internet services to low-income families effective Monday, March 16th. Sign up for the new Internet Essentials 2-month free program. Visit <https://www.internetessentials.com/covid19>
- 2) SPPS will be offering free wi-fi hot spots for families in need of internet access as well. Visit

Food Pantries

- 1) West 7th Salvation Army
401 West 7th Street
651-244-6946
Note: food shelf by appointment only;
- 2) Department of Indian Works Food Shelf
1671 Summit Avenue
651-789-3856
Notes: Serves the Native population in Ramsey County; Open Monday 2-6pm, Tuesday, Wednesday and Thursday 10am-2pm
- 3) Concordia Food Shelf
1371 Marshall Avenue
651-603-6273
Notes: Accepts walk-ins; open second and fourth Tuesdays of the month from 12-2pm
- 4) Keystone Community Services Midway Food Shelf
1916 University Avenue W
651-917-3792
Note: open Monday, Wednesday, Thursday, Friday from 10am-1pm and 2-5pm, Tuesday from 10am-1pm and 2-7pm
- 5) Francis Basket Food Shelf
1293 Maynard Avenue East, Apt. 410
651-699-0986

Note: open Monday 9-11:30am, Tuesday & Friday 9-11:30am and 1-3:30pm

- 6) Hallie Q Brown Food Shelf
270 North Kent Street
651-244-4606

Note: call for appointment; also has pet food and a clothes closet

Free Meals (children and adults)

- 1) Bethlehem Lutheran - The Midway
436 Roy Street
651-646-6549
Mondays 12PM - 2PM
- 2) Salvation Army West 7th Street
401 7th Street West
Monday - Friday 7:30AM - 8:30AM
- 3) Loaves & Fishes at Dorothy Day
183 Old 6th Street
Sunday - Friday 4:30PM - 5:30PM

Restaurants Offering Free or Reduced-Cost Meals

- 1) Keys Cafe
Roseville, White Bear Lake, Forest Lake, Hudson & Woodbury locations
Note: Free kids meal for take-out or dine in with three options available (ham & cheese, PB&J, or Mac and Cheese)
- 2) Piada Italian Street Food
Several metro locations
Note: from 10:45AM - 1PM weekdays, they will be giving a free pasta meal and fountain drink to children
- 3) Eggroll Queen
1579 Hamline Avenue N in Falcon Heights
651-644-9959
Note: each child will receive a free egg roll, fruit, and fried rice; call it in or take out orders
- 4) Granite City Brewery
1595 1005 MN 36 West (Rosedale)
651-209-3500
Note: box lunches to go with no additional purchase necessary
- 5) Billy's on Grand
857 Grand Avenue
651-292-9140

Note: free lunch for children under 14 years old from 11AM - 2PM; no additional purchase necessary

- 6) Day by Day Cafe
477 7th Street West
651-277-0654
Note: free hot dog and chips for kids
- 7) Station 280
2554 Como Avenue #7
651-233-2165
Note: lunch provided for children only; one free lunch per day starting at 11AM
- 8) Hope Breakfast Bar
1 S. Leech Street
Note: nominate a family in need of a meal and Hope will provide an entire meal for that family
- 9) Augustine's Bar and Bakery
1668 Selby Avenue
651-447-3729
Note: free bag lunches for children from 11AM - 2PM; call ahead for lunch pick up

Emergency Housing/Shelter Resources

- 1) Ramsey County Housing Services and Support
651-291-0211 - housing for families with children
866-223-1111 - domestic violence hotline
651-215-2262 - for families sleeping in inadequate housing
- 2) Ain Dah Yung
1089 Portland Avenue, St. Paul
(651) 227-4184
Note: Emergency shelter for children or youth
- 3) Women's Advocates
588 Grand Avenue, St. Paul
651-227-8284
Note: domestic violence shelter for women
- 4) Lutheran Social Services
501 Asbury Street, St. Paul
651-444-5757
Note: homeless youth services

Childcare Services

- 1) Child Care Assistance Ramsey County

651-266-4444

Note: Call to inquire about eligibility

- 2) Greater Minneapolis Crisis Nursery
4544 4th Avenue South, Minneapolis
763-791-0100

Note: child care for families going through an emergency

- 3) Pillsbury United Communities
3501 Chicago Avenue, Minneapolis
612-302-3500

Note: emergency childcare for families going through an emergency

Other/Miscellaneous Resources with Ramsey County

- 1) Emergency Financial Assistance - 651-266-4444
- 2) Emergency Healthcare Assistance - 651-266-4444
- 3) Veteran's Assistance - 651-266-2545
- 4) Disability Assistance- 651-266-3613