September 20, 2019

**Athletic Eligibility Requirements**
It is important that all parents of athletes and the students themselves are aware of the athletic eligibility requirements as it related to credit status. Please review the attached document if your student participates in athletics. This information is also on the athletics section of our website.

**Parent Conference Meal Sign Up: A Message from the PTSA**
Parent-Teacher conferences are October 3rd from 4-8pm. A simple way we can express gratitude to our teachers is by providing them with a meal on this long day. Please use the link below to sign up to contribute a meal. The HPSH Parent Teacher Student Association thanks you for your support!  [https://signup.com/go/vGbqhoA](https://signup.com/go/vGbqhoA)

**PSAT Testing**
The PSAT is Wednesday October 16th, 2019 @ 8:30 am in the Field House. Juniors must sign up in person with Ms Cyndi or Ms Esso in the counseling office. We do have a limited number of tests. Students who would like to take the test will need to sign up right away to ensure they have a seat. The test will take approximately 3 1/2 hours. If there are questions students should see Ms., Esso.

**Opportunity to Host an Exchange Student**
Youth For Understanding USA (YFU), a nonprofit educational organization, seeks volunteers and host families to mentor and host high school exchange students coming to St. Paul. Share your school spirit by welcoming an international teenager to experience your family and school traditions, American culture, and build friendships that will last a lifetime. All you really need to host is the ability and desire to share your home and open your heart to a new family member. This is a chance to share your story, your traditions, and your customs and to help shape a student's understanding of US culture. Your ordinary life is extraordinary to an exchange student! YFU offers a wide range of opportunities lasting from a few weeks to many months, designed to engage individuals at various points in their lives. To learn more about hosting, contact your local Community Development manager, Julia Bazal at 202-774-5315. Additional information and an online application is available at [www.yfuusa.org](http://www.yfuusa.org).

**Groves Academy: A Fair for Special Needs Students**
Parents of students with students special needs please see the attached flyer regarding a College & Post-Secondary Opportunities Fair. This has been attended by Highland students in the past and they have found it very useful. If applicable please have your child consider attending this event. Please see the attached flyer and/or connect with Mr. Giles for more information.
Vaping: A Growing Health Crisis

Vaping is a growing health crisis among our young people today. Often students think it is a safe alternative to cigarettes. Companies are targeting our young people to make vaping look fashionable. They are luring our young people with flavored vaping cartridges. We encourage you to discuss with your child the health hazards of vaping and how addictive it becomes. In addition, we will be having an educational assembly at Highland to better educate our students about this growing health crisis.

Chinese Delegation

Highland is again hosting a delegation of Chinese educators who will be touring our Chinese classes and immersion program. The delegation includes teachers, principals, and directors of education from China. We welcome them on September 27.

Picture Day for Grades 9-11 is Monday, September 23rd

Students were given packets with information and can also sign up at mylifetouch.com and use the following code: EVTRCWNJP.

Picture Day for Seniors: Monday Sept. 23rd!

New Location
Sept. 23rd seniors will come down to the Library Learning Room, east of the Library.

New Seniors Call Downs
9:23 announcement (start of 2nd hour) for the 9:30-10:30. "Seniors last names letters A-H"
10:16 announcement (start of 3rd hour) for the 10:30-11:30. "Seniors last names letters I-P"
11:34 announcement (start of 4th hour class meeting after lunch one and in the middle of 4th hour class with lunch two) for the 11:30-12:30 "Seniors last names letters Q-Z" with a "Final call for Senior Pictures" at 12:27 (12:30-1:00)

If you don't want to miss class, you can contact Photographer's Guild (651) 646-3239 to set up your own session. Photographer's Guild is the only company the Yearbook will accept senior photos from. Any extra outfit sessions are optional, must be paid for, and are not required by the school or yearbook staff.

Picture Retake day will be Monday October 21st

If you are in PSEO, or are absent on the first picture day, plan your back up outfit and come for retakes. Seniors will go to the field house lobby, and grades 9-11 will come to the auditorium. Watch for posters, schoology posts, and afternoon announcements for specific times.

More Information:
For more information on ordering photos and yearbooks options check out the yearbook webpage under Activities. https://www.spps.org/Domain/1173
Highlanders Dance Team
Now accepting students interested in dance ages 7th-12th grade.

Did you know St. Paul Highland Park Dance Team has a long history with the school and the community? With a newer coaching staff and dedicated captains, we have been working to revitalize this program. Currently, we are looking to continue growing our program and welcome new participants to join in the fun. The Highlanders dance team has both a Fall (non-competitive) performance season running from late August until mid-October and the Winter (competitive) season running from the end of October until early March. The Fall Performance Dance Team is still accepting new dancers. No experience necessary...Let's make each season a wonderful experience! Please contact Coach Mahrya Johnson for more information mahrya.johnson@gmail.com. The team performs at all the home football games during halftime. Please come cheer the team on! Interested in learning more about the Winter (Competition) dance season? Please contact the Head Coach, Sydney Franklin at highlandersdanceteam@gmail.com for more information regarding the season and tryouts.

Cell Phone Expectations

Students will not be permitted to use cell phones in the classroom. Nor are they to be visible and must either be off or in the Do Not Disturb mode. Students can use them before school, during passing time and lunch, and after school. Each student is issued an iPad so there is no need to utilize a cell phone for research or assignments. Cell phones are a constant distraction in class and we want our students to focus on their academics without the constant interruptions that occur due to texting, snapchats, instagrmas, etc. Please reinforce this expectation with your student as they will be held accountable and remind your child to bring a charged iPad to school every day.

Parent Teacher Student Association

Get Involved with the PTSA (Parent Teacher Student Association)

Wondering what you can do to help support our students at school? The PTSA has a few ideas for you! Whether you have 10 minutes or 10 hours of time to give, we have something you can do that will make a difference for the students, teachers and staff at HPSH:
- Teacher Wish List - please take a look at this Google Doc and pick up a needed item for a classroom.
- Consider a volunteer leadership position for the 2019-2020 school year. It is fun and many hands make light work. Find the latest news on the PTSA Facebook page at Highland Park Senior High Friends and Family. Next meeting of the school year is Wednesday, October 7 at 6:30 in the library. All are welcome.

Upcoming Events

September 23, 2019
Picture Day in Auditorium 8:30-3:00

October 3, 2019
Parent Conferences, 4-8pm

October 7, 2019
Parent Teacher Student Association Meeting, 6:30pm, Library (note this is a new date from originally planned)
Homecoming (September 30-October 5)
Friday: Homecoming coronation and student pep assembly
   Dance: 7-10pm
Saturday: Power Puff Football: 9am
   Tailgating: 10am-12:30pm
   Football Game: 1pm