Greetings!

Congratulations to our 8th grade students on a wonderful Indonesian Arts showcase at Friday’s LMAP Upper Campus gathering. This was the sixteenth year of offering the Indonesian arts residency to LMAP students with guest artists, Joko and Tri Sutrisno. This year Joko and Tri were so inspired by the commitment of our eighth graders that they introduced two additional selections to challenge the group. What an honor! So proud of our eighth graders and their openness to explore identity and culture through Indonesian Arts.

Additionally, this week both campuses will host fall parent-teacher conferences. Conferences will be held on **Tuesday, November 15 and Thursday, November 17, 4:50 - 8:30 p.m.** Conferences will also be held on **Friday, November 18, 8:00 a.m. - noon.** Friday conference times will be limited for middle school families as some subject area teachers are required to attend district professional development from 7:00 - 10:30 a.m. Elementary conferences are scheduled with the teacher directly. Middle school parents are able to drop in and meet with teachers in an arena format.

Lastly, our students and staff observed one of the most divisive elections in some time. Our Superintendent issued a statement to Saint Paul families expressing our commitment to helping students work through the range of emotions that they may be experiencing based on the outcome of the elections. At LMAP, we are prioritizing lessons on democracy as well as providing students an opportunity to express their ideas about how we move forward in and through the arts. Our hope is to honor all the perspectives of our students while emphasizing UNITY in the LMAP community.

I have been humbled by the grace and kindness shown by our students and staff toward each other throughout this week. I’m so proud to serve as principal of this amazing learning community.

I look forward to connecting with families at conferences and one of our upcoming events.

Respectfully,

Bryan E. Bass, Principal
Linwood Monroe Arts Plus
Give to the Max Day is Thursday, November 17, 2016!

Although Give to the Max Day is set for Thursday, November 17, you may schedule your gifts during the scheduled giving period from November 1–November 16. All gifts made during this time will be automatically set to be processed on Give to the Max Day, making them eligible for all GTMD prizes, including a special $10,000 Super-Sized Golden Ticket just for scheduled gifts.

Our goal is $8,000 to support our arts program and art residencies. If we reach this goal, Principal Bass will spend one full school day dressed as a Super Hero!

Simply click on the "Donate" button in the upper, right-hand corner of the home page of our website (lmap.spps.org) to donate today!

Thank you very much, in advance, for your consideration to donate in order to support our art programs in this way!

Find more information on GiveMN and Give to the Max Day at givemn.org.
SPRIT WEAR!

The LMAP Spirit Wear Store is now open and taking orders!

To view Linwood Monroe Arts Plus apparel and place orders, go to the LMAP Spirit store at the following link: http://americanoutfittersltd.com/Linwood-Monroe-ORDER-BY-12-1-16_c859.htm
The store will be open until December 1st. Paper order forms will be going home with students the week of conferences.

CONFERENCE MEALS FOR OUR TEACHERS! VOLUNTEERS NEEDED!

Parent-Teacher conferences are underway! The LMAP PTA has a long tradition providing delicious, homemade meals for staff as they work extremely long hours on conference days and will again be providing meals on Tuesday and Thursday. Food donations, volunteer time, and financial support are still needed for Thursday’s conferences at both campuses. To show our support for our wonderful and dedicated staff, please go to http://tinyurl.com/conferencemeals2016 and sign up to provide food or make a donation.

The next PTA meeting will be December 8th, 2016. Meetings are held the second Thursday of the month from 6:30-8:00pm and always held at the Monroe campus (810 Palace Av, 55102). There will be free childcare and snacks for the kiddos.
Girls on the Run 5K

Congratulations to Mikiya Malone, Edie Pearman, Tallulah Sweet, Grace Lundgren, and Anne Westawker who all completed the Girls on the Run 5K on Saturday, November 12th. The race was held at Harriet Island in St. Paul. They all did an amazing job pacing, setting goals, and finishing strong! These girls are truly inspiring and demonstrate leadership skills both at school and during the training/race!
**THE NEWS FROM PRE-K**

Hello Families!

In Pre-K, we just recently started our second area of study: *Exploring Change In My World*. This area of study focuses on the changes in the children’s world. First children notice change, then they will explore adaptations and eventually children will see the connection to a complete cycle. Exploring Change in My World will focus on the changes children experience personally (growth, clothing, activities), in their families (food, shelter), and in their community (school and outdoor environment). This area of study will prepare students for *Adapting to Our World* (January) and *Cycles in Our World* (April/May). Through all three areas of study, children will have experienced and observed the predictable patterns that occur within a complete cycle.

We look forward to meeting with all families in for parent/teacher conferences!

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**HEALTH AND PHY-ED**

Greetings from the LMAP Physical Education Department!

We are proud to announce that students in Kindergarten through 8\(^{th}\) (with the exception of 5\(^{th}\) grade because they have science) are participating in Physical Education this year. Almost all of our 6\(^{th}\) through 8\(^{th}\) grade students will have physical education for one quarter, every other day for a semester.

During the PE class we have moved through a variety of units: Volleyball, Football, Soccer, Badminton, and are currently playing Speedball. Many students enjoy this fast paced team game. Speedball is a combination of soccer, team handball, football, and basketball. In addition to the skilled sports, Fridays always focus on fitness and cardiovascular endurance. We call our lessons Fitness Fridays. This year students have participated in partner runs (snake runs for elementary grades), obstacle courses, jump roping, stations, and the pacer test.

In addition to what students are doing in school, we have offered different opportunities to stay physically active outside of school. **Girls Fit Club** was offered every Sunday for 4 weeks this fall for middle school girls. It was a one-hour session focusing on cardiovascular endurance and strength training. Each session offered a different high-intensity workout. Movements included burpees, “death by 10 meters”, squats, lunges, push-ups, and sit-ups. The focus was on being active, on positive self-esteem, and on the importance of community.

**Family Gym night** was hosted on Wednesday, November 2\(^{nd}\). We had a nice turn out of K-8\(^{th}\) grade families. Students and parents participated in volleyball, basketball, jump roping, badminton, and catch with scoops. All families who attended were entered into a drawing to win a variety of basketballs, footballs, and volleyballs. Our second **Family Gym night will be held on Wednesday, January 11\(^{th}\) from 6:00 – 7:30.**
Linwood Monroe Middle @ Highland Park Senior
PARENT ACADEMY SEMINARS

Saint Paul Public Schools (SPPS) is excited to offer Parent Academy Seminars at your school. This Fall Session 2016-17 is designed to provide parents with additional tools and resources on how to navigate the school system to build trustworthy and lasting partnerships between the school, parents and the community.

Seminar #1
Date: Tuesday, October 25, 2016
Title: Middle School and Transition (221)
Description: This seminar helps families understand the importance of middle school as a bridge to high school and future success. (Available in English, Somali and Spanish)

Seminar #2
Date: Tuesday, December 6, 2016
Title: Social Media (441)
Description: Digital citizenship can be defined as the norms of appropriate, responsible behavior with regard to technology use. This seminar helps parents to understand what students should know to use technology appropriately and responsibly.
(Available in English only)

Seminar #3
Date: Tuesday, December 6, 2016
Title: Biliteracy (103)
Description: This seminar will help families understand the role of bilingualism/multilingualism and bi-literacy/multi-literacy in the development of reading skills at any age. (Available in Somali and Spanish only)

Where: Highland Park Senior High
1015 Snelling Ave S., St. Paul, MN 55116
Dinner: 5:30-6:00 PM
Time: 6:00-7:45 PM

Parent Academy Seminars are FREE to all SPPS families, but space is limited. A light meal and childcare will be provided to families.

To register contact: Carol Carter
Phone: 651-293-8690
Email: carol.carter@spps.org

Online registration
www.spps.org/engagement

SUBMIT TO CAROL CARTER AT LINWOOD MONROE MIDDLE

Parent Full Name: ____________________________  Phone: ____________________________

Student Full Name: ____________________________  School: ______________  Grade: __________

Register for Seminar  #1  221 October 25 (English, Somali and Spanish)
#2  441 December 6 (English Only)
#3  103 December 6 (Somali and Spanish)

Childcare needed? Yes ___  No ___  How many children? _____

Sponsored by the Office of Family Engagement and Community Partnerships
Phone: 651-767-8347  Fax: 651-221-1488  Email: parent.academy@spps.org,
Website: www.spps.org/engagement
Linwood Monroe Middle @ Highland Park Senior
SEMINARIOS DE LA ACADEMIA PARA PADRES

Las Escuelas Públicas de Saint Paul (SPPS) se complace en ofrecer seminarios para padres en su escuela. Esta sesión de otoño 2016-17 está diseñado para proporcionar a los padres herramientas y recursos adicionales sobre cómo navegar el sistema escolar para construir alianzas confiables y duraderas entre la escuela, los padres y la comunidad.

Seminario #1
Título: La Escuela Intermedia y Transición (221)
Descripción: Este seminario ayuda a las familias a entender la importancia de la escuela intermedia como un puente a la escuela secundaria y el éxito futuro. (Disponible en Inglés y Español)

Seminario #2
Fecha: Martes 6 de Diciembre, 2016
Title: Social Media (441)
Título: Medios de Comunicación Social (441)
Descripción: La ciudadanía digital se puede definir como las normas de comportamiento adecuado, responsable con respecto al uso de la tecnología. Este seminario ayuda a los padres a entender lo que los estudiantes deben saber utilizar la tecnología apropiada y responsable. (Disponible solo en Inglés)

Seminario #3
Date: Tuesday, December 6, 2016
Title: Biliteracy (103)
Título: Bilingüismo (103)
Descripción: Este seminario ayudará a las familias a entender el papel de bilingüismo en el desarrollo de las habilidades de lectura en cualquier edad. (Disponible en Español)

Donde: Highland Park Senior High
1015 Snelling Ave S., St. Paul, MN 55116
Cena: 5:30-6:00 PM
Hora: 6:00-7:45 PM

Los Seminarios de la Academia para Padres son GRATIS para todas las familias de SPPS, pero el espacio es limitado. Cena ligera y cuidado para niños son provistos para todas las familias.

Contacte a: Carol Carter
Teléfono: 651-293-8690
Email: carol.carter@spps.org

Registro en línea
www.spps.org/engagement

ENTREGAR A CAROL CARTER EN LINWOOD MONROE MIDDLE

Nombre completo del padre: ___________________________ Teléfono: ___________________________

Nombre completo del estudiante: _________________________ Escuela: ____________ Grado: __________

Registrar al Seminario #1 221 25 de Octubre (Inglés y Español)
#2 441 6 de Diciembre (Inglés)
#3 103 6 de Diciembre (Español)

Cuidado para niños? Si ______ No _____ Cuántos niños? ______

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Website: www.spps.org/engagement
Linwood Monroe Middle @ Highland Park Senior
PARENT ACADEMY SEMINARS

Waxaa farxad u ah Dugsiyada Saint Paul (SPPS) in Iskuulkaaga laga bixin doono Siminaarada waxbarashada waalidka. Qaybaha Dayrtaan 2016-17 waxa loogu talo galay in waalidka lagu siiyo macluumaad dheeraad ah sidii ay ula socon lahaaeyn nidaamka Iskuulka caruurtooda si ay u abuuraa iskaasho iyo isku-kalsooni ka dhaxaysa iskuulka iyo waalidka iyo bulshada.

Siminaarka #1
Taariikh: Talaadada, October 25, 2016
Cinwaanka: Ibedelka Dugsiga DhexeMiddle (221)
Sharaxaad: Siminaarkani wuxuu qoysaska ka caawinayaas waxbarashada labada looqadoon ku hadalka luqadaha fahanka muhimada. Dugsiga inuu yahay kaabasta isku xidha dugsiga dhexe ku xidha ka gudbitaanka dugsiga sare ee musaabalka. (Wuxuu ku baxayaa: English, Somali and Spanish)

Siminaarka #1
Taariikh: Talaadada, October 25, 2016
Cinwaanka: Ibedelka Dugsiga DhexeMiddle (221)
Sharaxaad: Siminaarkani wuxuu qoysaska ka caawinayaas waxbarashada labada looqadoon ku hadalka luqadaha fahanka muhimada. Dugsiga inuu yahay kaabasta isku xidha dugsiga dhexe ku xidha ka gudbitaanka dugsiga sare ee musaabalka. (Wuxuu ku baxayaa: English, Somali and Spanish)

Siminaarka #3
Taariikh: Talaado, December 6, 2016
Cinwaanka: Laboluqad Wax Ku Barasho (103)
Sharaxaad: Siminaarkani wuxuu qoysaska ka caawinayaas fahamka muhimada wuxuu barashada labada looqadoon ku hadalka luqadaha faraha badan iyo sida ay u hormariyaan xifadaha akhriska iyo waxbarashada da'kasta. (Wuxuu ku baxayaa: Somali iyo Spanish)

Where: Highland Park Senior High
1015 Snelling Ave S., St. Paul, MN 55116
Dinner: 5:30-6:00 PM
Time: 6:00-7:45 PM

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Online registration
www.spps.org/engagement

SUBMIT TO CAROL CARTER AT LINWOOD MONROE MIDDLE

MAGACA Waalidka: ___________________________ Tell: ___________________________

MAGACA Ardayga: ___________________________ Iskuulka: ___________________________ Fasalka: __________

Diiwaangalinta Siminaarka
#1 221 October 25 (English, Somali and Spanish)
#2 441 December 6 (English Only)
#3 103 December 6 (Somali and Spanish)

Baahida Caruur Haynta? Haa _____ Maya _____ Tirada Caruurta? _______

Childcare needed? Yes _____ No _____ How many children? _______

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