CAPITOL HILL SUPPORT STAFF UPDATES

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It's Gonna Be May

Ahhh, May. The last full month of school before we start to wind down, wrap things up for the year, and help students transition into summer mode. May is a marathon, for students and staff. Both teachers and students start to get antsy, knowing that the end of another school year is on the horizon, with Memorial Day being the only day off of school.

Upcoming Dates:

- 5/5/22 - National Children's Mental Health Awareness Day
- 5/8/22 - Mother's Day
- 5/10/22 - Registration Night/Open House for New Accepted Students Grades 1-8
- 5/30/22 - Memorial Day NO SCHOOL
Mental Health Month

May is Mental Health Month, and May 5th is National Children’s Mental Health Awareness Day. We hope you take some time this month to focus on your family’s mental health!

Please check out the National Alliance on Mental Illness’s website for events and information about this month.

What's going on in Elementary School this month?

- Biweekly classroom lessons grades 1-5.
- 1st - 4th grades will wrap up personal safety lessons this month.
- 5th grade lessons will be focused on preparing for middle school and will complete registration for next year - more info to come!

What's going on in Middle School this month?

- 6th and 7th grade will be completing registration - More info to come!
- 8th graders should check the district 9th grade course selection page for their high school’s registration timeline and info.

Quote of the Month

"How you love yourself is how you teach others to love you"

-Rupi Kaur

Resources

Could you use Early Childhood Family Education (ECFE) resources for your families for kids at home ages birth to 5?

See here for class catalog or here to schedule a free home visit.

All SPPS students have access to TutorMe for free tutors 24/7?

Camp I Can for girls focuses on SEL skills. Check it out here.

Looking for other summer enrichment opportunities? We will be updating a list here as we learn what is offered in our community!
Counseling Vision Statement

Capitol Hill Gifted and Talented Magnet School graduates are high-achieving scholars ready to meet the challenges and high expectations required for institutes of higher education and careers in the 21st century. Graduates are considerate, world-class citizens who encourage positive interactions between members of the diverse global community to which we belong. As successful, lifelong learners, Capitol Hill Gifted and Talented Magnet School graduates develop their talents, achieve their fullest potential, value the importance of continued academic and career education, and make a positive and productive impact on the community.

Counseling Mission Statement

The Capitol Hill Comprehensive School Counseling Program challenges all students in an equitable manner to achieve their highest potential and pursue their dreams, through growth in academic, career, and personal/social domains. School counselors collaborate with all stakeholders to help students become successful lifelong learners, critical thinkers, and positive world-changing citizens in a diverse community. Students are provided equitable opportunities to develop strong skills in the five domains of social and emotional learning: self-awareness, self-management, social awareness, relationship skills and responsible decision making.

With June being such a short month of school, this will be our last SEL Newsletter for the year. We hope you have a wonderful summer filled with fun and relaxation. We look forward to another great school year!