Success is the sum of small efforts, repeated. R. Collier

The end of quarter one is fast approaching! All of the small efforts students have been putting forth are adding up to their success in their classes. Please be sure that you are checking your student’s Schoology pages for grade updates and reaching out to teachers with any questions. The end of the quarter is Friday, November 12. There is still time to connect with a teacher and address questions you may have. Additionally, this is a perfect time to sit down with your student and have a conversation to reflect on their progress for the first quarter. Some questions you might consider when speaking with them could be the following -

- What went really well for you?
- What was challenging for you?
- What do you want to continue doing?
- What do you want to change and do differently?
- What is your goal for quarter 2 and what steps will you take to accomplish this goal?

Reflection is always important when working towards success. Helping our students understand that it takes purpose and intentional steps to reach our goals is a critical life skill. Together, we can continue to help prepare them for success in high school and beyond.

Celebrations:

1. #PilotProps of the week! Ms. Steinhoff would like to celebrate Kiziah Davis. She is an amazing student who works hard and is a great example of what it means to be a community member. She helps students and staff when needed and is always modeling the Murray Way. Go Pilots!

2. #Pilotprops of the week! Ms. Carter would like to celebrate Nkele Gaseitsiwe. Nkele is a passionate go-getter in every aspect of her education. She is a strong communicator and her enthusiasm for class is infectious and always brings other students in! Keep up the great work!

3. #Pilotprops of the week! Ms. Pfeiffer would like to celebrate Izra Girma for being a kind and helpful classmate. Izra is always ready to support classmates and can always make me smile with a great joke! Go Pilots!

Your Co-Pilot,

Jamin McKenzie
Principal, Murray Middle School

Hello Murray Families

Did you know that Murray does not currently have a Parent Teacher Organization (PTO) or Parent Teacher Association (PTA)? Part of having a supportive, positive growth community is to have understanding and support for each other. Are you interested in becoming more involved in supporting and empowering our school community? Contact Faith Dietz, faithkd4@gmail.com, 651-402-9357.

Faith Dietz
Sixth Grade

News from 6th Grade ELA: Writers Workshop:
Students are wrapping up their personal narrative stories. We have worked very hard at revising and editing our stories using many different strategies. Please ask your 6th grader to read you their story. They are quite the treat! We will wrap up the quarter by making the stories into a digital storybook/movie. Make sure students are coming every day with fully-charged iPads.

Readers Workshop:
We are wrapping up our unit: A Deep Study of Character. Students learned how to analyze character behaviors, the psychological setting of a story, and how the setting affects our characters. We are currently analyzing how our characters react to social issues. Students should be reading at least 20-30 minutes every day after school.

Seventh Grade

Science with Mr. Altringer:
In 7th Grade Life Science students are learning about cells. Some of the 7th grade went on a field experience to Belwin Conservancy to investigate water quality as part of the Trout in the Classroom series. The Citizen Science Elective went as well to set out camera traps to study their class question “How does the type of habitat affect the number of types of species detected?”

Science with Ms. Dooley:
Life Science Classes have been studying cells and the parts that help keep them alive. We created posters modeling plant or animal cells, including similes for what each organelle would be in a different system (the cell wall of a plant cell is like the frame of a school bus, it gives shape and protects it). Next up: cell chemistry and functions – how do cells stay alive and reproduce?

Ms. Dooley's Comparative Anatomy class took a field trip to the Belwin Outdoor Science Center to study how various elements in different ecosystems on the property affect which animals and plants live there.

Social Studies with Ms. Atchison:
Seventh grade history recently wrapped up the Civil War and are now working on the Reconstruction Era. From there, we will begin work on the Progressive Era, including immigration, Industrial Revolution, Transcontinental Railroad, and the destruction of Native lifestyle.
Hello, my name is Chloe Hendrix and I am one of the Promise Fellows here at Murray Middle School. I recently graduated this past May from the University of Minnesota Twin Cities (go gophers!). While at the U of M, I pursued a B.S in Developmental Psychology with two minors in racial justice in urban schooling and applied psychology in educational and community settings. I also spent my time there doing various research projects in the Sociology and Educational Psych departments, along with working at an After School Program at Folwell Performing Arts Magnet. Research and working with children are some areas I’m passionate about, specifically in the realm of school psychology. In the next year or so, I am planning to be in a graduate program to obtain a license to work as a school psychologist. Along with this, I am interested in pursuing a PhD and lecturing at the university level.

While I am not here at Murray or working on grad school applications, I am most likely spending time outside with friends and family or dancing. I recently became a fan of biking and this past summer I did the week-long RAGBRAI event in Iowa. I’ve pursued dancing various styles competitively and I also led a dance student group in college. I love taking dance classes, performing, and teaching (Ms. Maddy and I teach Dance at Flipside)!

Something I like to remind myself when working with students is that “success” is going to look different for each person. I always want to build relationships and support students with this in mind. Also, I’ve found in my own life and working with youth that students are most engaged and successful when they feel connected to their environment and supported within it. I try my best to understand students while knowing that they hold various identities that may impact how they show up, such as their gender identity, cultural background, mental health, and other factors.

I have really enjoyed being here at Murray and I’m looking forward to the rest of the year!

---

Staff Spotlight

Hello, my name is Maddy Woodman. I am one of the AmeriCorps Promise Fellows at Murray Middle School. I provide one on one and small group support for students to help them be more successful at Murray. Students also see me around the building helping with lunch, teaching dance classes for Flipside, and helping with other school programs.

I am a recent graduate of the University of Minnesota where I received a BFA in dance and a minor in Spanish Studies. Before coming to Murray, I taught dance and fitness classes for 4 years. Most recently, I taught after school youth dance classes with the Minneapolis Public Schools community education program. When I began teaching, I discovered a passion for building relationships with students and providing space for them to grow and explore.

In my free time, I like to hike, cook, try new coffee shops, and hang with friends and family. I always enjoy new adventures, and especially like meeting new people and traveling to new places.

I am excited to be part of the Murray community. I believe that community and relationships are essential to the learning process, and I hope to provide more opportunities for students to feel that support at Murray.

---

Staff Spotlight

Hello, my name is Cara Hagen. I work in communications at the Murray sites. I am here to support at Murray. I provide more opportunities for students to feel that support at Murray.

---

HotSpots / WiFi

If you have an SPPS Hotspot at home that was checked out during Distance Learning, please send it to school to be checked out again. Either the librarian or I can do it quickly and easily. On November 11, Hotspots that have not been checked out again will be turned off. We want to support your internet access at home, but we also want to be sure the Hotspots are still needed. By having everyone who still needs their Hotspot check it out again, we will ensure continued access for those who need it.

If you do not have Internet access at home, please review the information at https://bit.ly/homeWiFi. Then you can let me know if a Hotspot or Comcast Internet Essentials is a better choice for your family.

Feel free to contact me with questions: cara.hagen@spps.org or text (612) 568-2358.

Thank you!

Murray Pilot Face Masks

Looking for a fun way to show school pride? On sale for fundraising purposes, we have Murray Pilot Face Masks. These super soft masks are made from a premium fabric material that’s double layered with adjustable ear loops and nose plate. They will be on sale in the main office for $5.00. Go Pilots!
COMO PARK
SENIOR HIGH SCHOOL
ACCELERATED PROGRAMS NIGHT
NOV. 16, 6:30-7:30 P.M.

What: Como Park High School is hosting Accelerated Programs Night. This is an opportunity for students and families to learn more about Como's college-level Advanced Placement classes, Post-Secondary Enrollment Option (PSEO) and Concurrent College Enrollment courses from Como staff and a student panel. Learn about our successful programs and have all your questions answered! Light refreshments will be provided.

When: Tuesday, Nov. 16, 2021 from 6:30-7:30 p.m.

Where: Como Park Senior High School Library, 740 Rose Avenue West, Saint Paul, MN 55117
Dear Como and Murray Parents,

We would like to welcome you to the Winter 2021-2022 season which will be starting in the middle of November. Please view the chart below for more information on start dates for all Winter sports. Due to the nationwide shortages of bus drivers, middle school sports will remain intramural. However, SPPS Athletics is exploring the possibility that middle school athletes can try out for high school teams. Transportation will NOT be available so student-athletes must find their own rides to tryouts and practices, but transportation will be provided for competitions from the high school to away events. The middle school AD and parent(s)/guardian(s) should help assess whether the 7th or 8th grader has the skill set and maturity to try out for a high school team.

Athletic Registration and Payment Procedure
You can visit Como high school and register in person. Our room number is 1109 and is located towards the east side of the building near the main gymnasium. In order for your child to be eligible for participation, you will need a Minnesota state high school league eligibility form, updated sports physical, and the sport fee of $45 or $20 for free and reduced lunch. Our office hours are 8:30am-4:00pm Monday-Friday. Enter through the main entrance and security will escort you to the athletic office. Please wear a mask whenever you are inside the building as required by the district.

For more information, you can visit our school home page. If you have any questions, please feel free to call or email. Here is a list of the Winter coaches and their emails if you want to contact them directly for practice logistics or game schedules:

<table>
<thead>
<tr>
<th>Sponsored Activity</th>
<th>Start Date</th>
<th>Coach Contact</th>
<th>Email</th>
<th>Sponsored Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nordic Ski Racing</td>
<td>Nov 15</td>
<td>Sasha Van Voorhis</td>
<td><a href="mailto:sasha.vanv@gmail.com">sasha.vanv@gmail.com</a></td>
<td>Nordic Ski Racing</td>
</tr>
<tr>
<td>Dance Team</td>
<td>Oct 25</td>
<td>Sydney Franklin</td>
<td><a href="mailto:highlandersdance@gmail.com">highlandersdance@gmail.com</a></td>
<td>Dance Team</td>
</tr>
<tr>
<td>Hockey, Girls</td>
<td>Nov 1</td>
<td>Tim Blase / Allie Duellman</td>
<td><a href="mailto:tim.blase@gmail.com">tim.blase@gmail.com</a>/</td>
<td>Hockey, Girls</td>
</tr>
<tr>
<td>Gymnastics, Girls</td>
<td>Nov 8</td>
<td>Tammy Little</td>
<td><a href="mailto:tammy.little@comcast.net">tammy.little@comcast.net</a></td>
<td>Gymnastics, Girls</td>
</tr>
<tr>
<td>Wrestling</td>
<td>Nov 22</td>
<td>Tjil Van der Wege / David Elson</td>
<td><a href="mailto:tjilvdw@gmail.com">tjilvdw@gmail.com</a>/</td>
<td>Wrestling</td>
</tr>
<tr>
<td>Swimming &amp; Diving, Boys</td>
<td>Nov 29</td>
<td>Steve Conery</td>
<td><a href="mailto:sjconery1@gmail.com">sjconery1@gmail.com</a></td>
<td>Swimming &amp; Diving, Boys</td>
</tr>
<tr>
<td>Hockey, Boys</td>
<td>Nov 15</td>
<td>Steve &quot;Moose&quot; Younghans</td>
<td><a href="mailto:moose@shopsstrauss.com">moose@shopsstrauss.com</a></td>
<td>Hockey, Boys</td>
</tr>
<tr>
<td>Basketball, Girls</td>
<td>Nov 15</td>
<td>Orlinda England</td>
<td><a href="mailto:orlinda214@gmail.com">orlinda214@gmail.com</a></td>
<td>Basketball, Girls</td>
</tr>
<tr>
<td>Adapted Floor Hockey</td>
<td>Nov 22</td>
<td>Malachi Long</td>
<td><a href="mailto:malachi.long@spps.org">malachi.long@spps.org</a></td>
<td>Adapted Floor Hockey</td>
</tr>
<tr>
<td>Basketball, Boys</td>
<td>Nov 22</td>
<td>Donnell Gibson</td>
<td><a href="mailto:donnell.gibson@spps.org">donnell.gibson@spps.org</a></td>
<td>Basketball, Boys</td>
</tr>
</tbody>
</table>

Go Cougars,
Koua Yang Athletic Director
koua.yang@spps.org
651-744-3104
Flipside Afterschool classes have begun!
There is still room and time to register!

There will be no bus transportation available after Flipside until further notice. Students MUST have their own way home to participate in Flipside and be picked up by 5:10pm. Staff are not able to stay late to wait for students to be picked up.

2 steps to register:
1st, An adult must complete the registration form using the below link or QR code or, getting a paper registration form in the main office.


2nd, Select the classes you want to take here:


Flipside Program Mission
We believe that all youth deserve the chance to reach their full potential. Our program partners with licensed teachers, community experts, and community organizations to provide engaging, fun, and interesting activities that will help young people discover their passion and develop 21st Century skills to succeed in life. We look forward to meeting your child(ren)!

Fast Facts
~ Welcomes all youth in grades 6 through 8 ~ There is no cost to participate ~ Snacks are provided daily ~ Participation in Flipside is voluntary, however consistent attendance is expected.

<table>
<thead>
<tr>
<th>Flipside Program Information</th>
<th>Program Coordinator Kari Gonzalez</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:30 p.m. – 5:00 p.m.</td>
<td>Phone 651-744-3189</td>
</tr>
<tr>
<td>Monday through Thursday</td>
<td>Email <a href="mailto:kari.gonzalez@spps.org">kari.gonzalez@spps.org</a></td>
</tr>
<tr>
<td>Session 1: October 11 – January 25, 2022</td>
<td>School Office 651-293-8740</td>
</tr>
<tr>
<td>Session 2: January 31, 2022 – May 12, 2022</td>
<td>Transportation 651-696-9600</td>
</tr>
</tbody>
</table>
Flipside is now offering virtual classes

✓ All classes are free
✓ All virtual classes use Google Meet
✓ Virtual classes have students from multiple middle schools
✓ Participants can do both in-person and virtual classes
✓ Scan the QR code to register
✓ Contact your Flipside Coordinator with questions or to get help registering.

Kari Gonzalez  kari.gonzalez@spps.org  651-744-3189

Flipside is sponsored by the SPPS Digital & Alternative Education, Athletics and Community Education Departments in partnership with the Saint Paul Public Library and is partially funded with a grant from the Minnesota Department of Education using federal funding, CFDA B4.287, Every Student Succeeds Act, Title IV B – 21 Century Community Learning Centers. The contents of this publication do not necessarily represent the policy of the Federal Department of Education or the state Department of Education and you should not assume endorsement by the federal or state government.

Flipside Virtual Class Descriptions

<table>
<thead>
<tr>
<th>Class Name</th>
<th>Partner</th>
<th>Day &amp; Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dakota Language</td>
<td>American Indian Family Center and Interfaith Action</td>
<td>Mondays Only 4:30-6:30 pm October 25-January 24</td>
<td>This class will focus on learning Dakota language, culture, and ways of life.</td>
</tr>
<tr>
<td>Flipside EDGE</td>
<td>ehudl</td>
<td>Monday &amp; Wednesday 4:00-6:00 pm November 8-May 11</td>
<td>This is where boredom ends and After School gaming and esports begins. Whatever you play, however you play, we’re the engine that drives your fun. Play with or against friends with no coach required. See you on the EDGE.</td>
</tr>
<tr>
<td>Drones 101</td>
<td></td>
<td>Monday &amp; Wednesday 5:00-6:00 pm October 28-January 25</td>
<td>Learn what drones are, how they’re used, and the engineering behind it. After this class, you will have the knowledge to use a drone in real time.</td>
</tr>
<tr>
<td>Activity</td>
<td>Organization/Details</td>
<td>Days and Times</td>
<td>Description</td>
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</tr>
<tr>
<td>Project AIM (11-14 year old</td>
<td>Minnesota Community Care - Health Start School-Based Clinics</td>
<td>Monday &amp;</td>
<td>Students will be encouraged to consider their future in terms of a personal legacy, see a picture of themselves in the future as successful adults, set goals to achieve their desired future selves, identify strengths and resources needed for future success, build effective communication skills and protect their future through reducing risk behaviors today.</td>
</tr>
<tr>
<td>students)</td>
<td></td>
<td>Wednesday</td>
<td><strong>November 8-December 15</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>4:00-5:00 pm</td>
<td></td>
</tr>
<tr>
<td>Indigenous Art</td>
<td>American Indian Family Center and Interfaith Action</td>
<td>Wednesdays Only</td>
<td>We will paint and sketch with professional artists around St. Paul. Students will receive art supplies and be able to keep and/or exhibit whatever they create.</td>
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<td>4:30-6:30 pm</td>
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<td></td>
<td></td>
<td>October 27-January 19</td>
<td></td>
</tr>
<tr>
<td>Karen Club &amp; Tutoring</td>
<td>Karen Organization of MN</td>
<td>High School-</td>
<td>Students have an opportunity to receive tutoring support from our youth development coordinators and volunteer tutors. KOM also teaches leadership training, health education, and cultural activities.</td>
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<tr>
<td></td>
<td></td>
<td>Monday &amp;</td>
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<tr>
<td></td>
<td></td>
<td>Wednesday</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>3:30-5:30 pm</td>
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<tr>
<td></td>
<td></td>
<td>Middle School-</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Tuesday &amp; Thursdays</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>3:30-5:30 pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>ends May 11, 2022</td>
<td></td>
</tr>
<tr>
<td>Film Appreciation</td>
<td></td>
<td>Tuesday &amp;</td>
<td>Students will learn the origins of movies starting with early silent films, to how they evolved to talkies, and then color. We will explore films of every genre and era, studying iconic filmmakers. We will watch films while discussing their meaning and importance, teaching students to watch movies with a more critical eye. We will be showing films ranging from G to PG13 (no R ratings).</td>
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<td></td>
<td></td>
<td>Thursday</td>
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<tr>
<td></td>
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<td>4:30-6:30 pm</td>
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<td></td>
<td></td>
<td>October 26-January 25</td>
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</tbody>
</table>
teenventure
Non-School Day FALL Field Trip: Friday, November 19th, 2021
MASKS REQUIRED AND WILL BE PROVIDED

Quick Information

November 19, 2021

Teenventure is a college and career exploration program designed for middle school age youth (5th-8th graders). Quality supervision is provided by four full time staff and 6-7 college aged mentors who will inspire academic achievement. At each career site, our youth meet with a variety of employees who share their education, training, and career experience with an opportunity for youth to ask questions.

♦ Program begins at 9:00am
♦ Program ends at 4:30pm
♦ Meet Up Location: Rice Street Recreation
   1041 Marion Street
   Saint Paul, MN 55117
♦ Lunch and snack are provided free of cost
♦ Transportation is provided. Students may choose from 6 school bus locations to be dropped off and picked up at. Masks are required inside the bus.
♦ Cost: Free
♦ Contact Cee Xiong at 651-744-1997 with questions

Field Trip Activities

Career Destinations:

Snapology
Come learn about robotics and coding! Build your own robots with LEGO kits and use the coding you’ll learn to control your robots. Masks are required.
2649 Lyndale Ave. S, 55408

Pavek Museum
Thinking about becoming a journalist or working at a radio station? Come learn about electronic communication and go live on a radio broadcast!
Masks are required.
3517 Raleigh Ave., 55416

Steller Hair
Learn what it’s like being a hairdresser and get a hands-on experience cutting hair! Masks are required.
945 Broadway St. NE, 55413

Afternoon Activity:

Skateville
Challenge yourself to learn how to roller-skate and inline rollerblades with your friends. Fun adventures are waiting! Masks are required.
201 River Ridge Cir S., 55337

Connect with us @sppsteenventure
Important Fieldtrip Information:

Office phone: 651-744-1997
Trip Day cell phone: 651-283-7515 (only answered on 11/19/2021)
Coordinator Email: ceetchia.xiong@spps.org

- Field trip choices are subject to change
- Read confirmation letter sent home with youth for final field trip choice and bus stop
- Please arrive 5 minutes before scheduled bus pick-up time. There will be a staff at each location.
- In the case of cancellation, please call the number below 24 hours in advance
- Please dress for the weather

MASKS REQUIRED AND WILL BE PROVIDED

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:20 am - 8:45 am</td>
<td>Bus pick up</td>
<td>Bus Locations</td>
</tr>
<tr>
<td>8:45 am - 9:00 am</td>
<td>Parent drop off</td>
<td>Rice Street Recreation</td>
</tr>
<tr>
<td>9:00 am - 10:00 am</td>
<td>Registration and group activities</td>
<td>Rice Street Recreation</td>
</tr>
<tr>
<td>10:30 am - 12:00 pm</td>
<td>Career fieldtrips</td>
<td>Fieldtrip locations</td>
</tr>
</tbody>
</table>

Career Location 1: Snapology
Career Location 2: Pavek Museum
Career Location 3: Steller Hair

Address: 2649 Lyndale Ave S., Minneapolis, MN 55408
Address: 3517 Raleigh Ave., St. Louis, MN 55416
Address: 945 Broadway St. NE, Minneapolis, MN 55413

12:30 pm - 3:00 pm
Lunch and Sever’s Corn Maze
Sever’s Corn Maze

Afternoon Fun: Skateville
Address: 201 River Ridge Cr S., Burnsville, MN 55337

3:30 pm - 4:30 pm
Snack and reflection time
Rice Street Recreation

4:30 pm
Parent pick up
Rice Street Recreation

4:30 pm - 5:00 pm
Bus drop off
Bus Locations

Bus Location | Pick up Location | Pick up Time | Drop off Time |
-------------|------------------|--------------|--------------|
Harding Senior High School 1540 Sixth Street E | Main Entrance, near Third Street | 8:35 am | 4:40 pm |
Johnson Senior High School 1349 Arcadia St. | Main Entrance | 8:45 am | 4:50 pm |
Central Senior High School 275 Lexington Pkwy N | Marshall Street Entrance | 8:40 am | 4:40 pm |
Como Park Senior High School 740 Rose Avenue West | Main entrance, Door 1 | 8:50 am | 4:50 pm |
Humboldt Senior High School 30 Baker Street East | Back entrance, Door 1, Gorman and Baker | 8:25 am | 4:50 pm |
Highland Park Middle School 975 Snelling Avenue S | Back entrance, Door 20 | 8:40 am | 5:00 pm |
Rice Street Recreation 1041 Marion St | Parking lot | 9:00 am | 4:30 pm |

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teenventure November 19 Registration Form

Register online here: https://bit.ly/NovTeenVenture

Or complete and return this paper form to the main office by Friday November 12th, 2021

Student Last Name: ___________________ First Name_________________ SPPS Student ID# ___________ Grade ___________

Birthday: ____________________________ (If no ID, leave blank)

Parent/Guardian Last Name: ___________________ First Name: ____________________________

Cell Phone: ___________________________ Home Phone:

____________________________________ Email Address:

____________________________________ School: ____________________ Please add information about your child that may be helpful for program staff to know?

____________________________________

Please add any medical needs such as prescriptions, food allergies or medication allergies?

____________________________________

Transportation to Rice Street Recreation:

My child will: (Please select one of the following options)

☐ Walk
☐ Parent/guardian drop off by 9:00am to Rice Street Recreation
☐ Bus (Choose a bus below & arrive 5 minutes before the time listed)

<table>
<thead>
<tr>
<th>Bus Stop</th>
<th>Pick up</th>
<th>Return</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harding HS</td>
<td>8:35 am</td>
<td>4:40 pm</td>
</tr>
<tr>
<td>Johnson HS</td>
<td>8:45 am</td>
<td>4:50 pm</td>
</tr>
<tr>
<td>Highland HS</td>
<td>8:40 am</td>
<td>5:00 pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bus Stop</th>
<th>Pick up</th>
<th>Return</th>
</tr>
</thead>
<tbody>
<tr>
<td>Humboldt HS</td>
<td>8:25 am</td>
<td>4:50 pm</td>
</tr>
<tr>
<td>Central HS</td>
<td>8:40 am</td>
<td>4:40 pm</td>
</tr>
<tr>
<td>Como HS</td>
<td>8:50 am</td>
<td>4:50 pm</td>
</tr>
</tbody>
</table>

Choose Your Fieldtrip (Rank by choice 1-3)

_____ Snapology    _____ Pavek Museum    _____ Steller Hair

Teenventure Program Evaluation Notice

This program continually works to improve the program quality and experience for students through regular evaluation. By enrolling in this program, your child will participate in program evaluation activities such as surveys. These activities help us get funding so the program is free for St. Paul residents. For detailed information, please see the Data Privacy Notice. Surveys are also available for review at www.spps.org/flipside.

☐ Yes, I give my child permission
☐ No, I do not want my child to participate

Media Release:

Staff of Saint Paul Public Schools, community organizations and media representatives may want to interview, photograph or videotape your child for use in publications, television reports, public presentations and websites. The photographs may be of groups of students or individuals, and the students’ names may be used. For student protection online, a student’s photo and last name will not appear together on school or District websites. Thank you for your cooperation in helping us highlight the good work and efforts of our learners and instructors.

☐ Yes, I give permission for my child to be photographed
☐ No, I do not want my child photographed

My signature below signifies that I understand the statements above and give my child permission to participate.

Parent/Guardian Signature: ____________________________ Date ____________
Umfundalai
A contemporary African dance technique, which means essence or essential in Kiswahili

Wednesdays, September 22nd - December 15th

Youth (ages 13-18): 5:30 - 7 pm CT
Adults: 7:15 - 8:45 pm CT

$15

CO-MOTION Center for Movement
655 Fairview Ave, St. Paul, MN
55104 (Studio 5)

with Leanna Browne

In-Person and Virtual Options Available (For In-Person, Spots Limited and Masks Required)

To register, fill out the Wed. Youth Class Google Form or Adult Class Google Form

Venmo: @Leanna-Browne
Zelle: brownelv@gmail.com
(In memo, please include "Umfundalai + date of class" (+ participant's initials for youth class))

Contact Leanna at brownelv@gmail.com for more info
Umfundalai

A contemporary African dance technique, which means essence or essential in Kiswahili

Select Saturdays, October 2nd - December 11th

Adults (Virtual): 10/2, 10/16, 10/30, 11/6, 11/13, 12/4, 12/11

1-2:30 pm CT (10/2)
10:30 am - 12 pm CT (remaining dates)

with Leanna Browne

$15

To register, fill out the select Sat. Adult Class Google Form

Venmo: @Leanna-Browne
Zelle: brownelv@gmail.com
(In memo, please include "Umfundalai + date of class"

Contact Leanna at brownelv@gmail.com for more info
# Immunization Resources for Families 2021-2022

**Free and Low Cost Immunizations for Children**

<table>
<thead>
<tr>
<th>Clinic/Center</th>
<th>Address</th>
<th>Phone</th>
<th>Hours</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Eastside Family Clinic</strong></td>
<td>895 East 7th St</td>
<td>St. Paul, MN 55106</td>
<td>651-602-7500</td>
<td>Mon, Tues Fri 8:00am-5:00pm Wed, Thur 8:00am-6:00pm Sat 8:00am-12:00pm</td>
</tr>
<tr>
<td><strong>Open Cities Health Center</strong></td>
<td>409 Dunlap St</td>
<td>St. Paul, MN 55104</td>
<td>651-290-9200</td>
<td>Mon-Fri 8:00am-5:00pm</td>
</tr>
<tr>
<td><strong>United Family Health Center</strong></td>
<td>1026 W. 7th</td>
<td>St. Paul, MN 55101</td>
<td>651-241-1000</td>
<td>Mon-Fri 8:00am-5:00pm</td>
</tr>
<tr>
<td><strong>Face to Face Health Center</strong></td>
<td>1185 Arcade St</td>
<td>St. Paul, MN 55106</td>
<td>651-772-5555</td>
<td>Mon-Th 10:00am-6:00pm Fri 10:00am-4:00pm</td>
</tr>
<tr>
<td><strong>Open Cities Health Center North End Clinic</strong></td>
<td>916 Rice St</td>
<td>St. Paul, MN 55117</td>
<td>651-290-9200</td>
<td>Mon-Wed 8:00am-5:00pm</td>
</tr>
<tr>
<td><strong>Notary Public at St. Paul Public Libraries</strong></td>
<td></td>
<td></td>
<td></td>
<td>Locations available throughout the city. Call ahead to confirm the notary is available. $1 charge for notarizing conscientious objector forms.</td>
</tr>
<tr>
<td><strong>Health Start Clinics</strong></td>
<td>651-233-8951</td>
<td></td>
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<tr>
<td><strong>Ramsey County Public Health</strong></td>
<td>555 Cedar Street</td>
<td>St. Paul, MN 55101</td>
<td>651-266-1234</td>
<td>Tues and Thurs 8:30am-10:30am 1:00pm-3:30pm</td>
</tr>
<tr>
<td><strong>Notary Public at UPS Store</strong></td>
<td></td>
<td></td>
<td></td>
<td>Locations available throughout the city. By Appointment call or schedule online. $5 charge for notarizing conscientious objector forms.</td>
</tr>
<tr>
<td><strong>Minnesota Community Health Clinics</strong></td>
<td>153 Cesar Chavez St</td>
<td>St. Paul, MN 55107</td>
<td>651-602-7500</td>
<td>Mon, Fri, Sat 8:00am-5:00pm Tues, Wed, Thur 8:00am-8:00pm</td>
</tr>
<tr>
<td><strong>Saint Paul Public Schools: Placement Center</strong></td>
<td>2102 University Ave W</td>
<td>St Paul, MN 55114</td>
<td>651-632-3753</td>
<td>Appointments Available Mon, Tues, Wed, Fri 8:30am-3:30pm Thurs 12:30pm *Prek to 12th students who are uninsured or have State Funded Insurance ONLY.</td>
</tr>
</tbody>
</table>