



Saint Paul
PUBLIC SCHOOLS



COMO PARK

SENIOR HIGH SCHOOL

November 6, 2020 Newsletter



Updates from the Counseling Department and the Como Career & College Center (CCC)

IMPORTANT UPDATES FOR ALL STUDENTS

IMPORTANT MESSAGE ABOUT FINAL GRADES THIS QUARTER - Your student will not automatically receive a "P" in their classes. If your student doesn't receive a passing grade in a class, they will receive an "NP". NP will not hurt their GPA but it means they DO NOT EARN THE CREDIT. If your student receives NPs in classes needed for graduation, they will need to MAKE-UP that credit in credit recovery where they will have to take the class over and pass.

If you have any questions or need support, please contact your student's counselor:

AOE (all grades) - Ms. Thao (kia.thao@spps.org or 651-419-6939)

9th Grade - Mrs. Vang (choua2.vang@spps.org or 651-401-6660)

10th Grade - Mrs. Farah (farah.abuqalbeen@spps.org or 612-888-1135)

11th Grade - Mrs. Mendoza (rebecca.mendoza@spps.org or 651-419-1645)

12th Grade - Ms. Rignell (ashley.rignell@spps.org or 651-401-5656)

NOVEMBER CCC EVENTS FOR STUDENTS

Wednesdays with the CCC - Wednesdays, 2-3 PM - Google Meet: g.co/meet/CPHSComoCCC

- Applying to College (Nov 11), Writing Your College Essay (Nov 18), Recommendation Letters (Nov 25).

Financial Aid Fridays - Fridays, 2-3 PM - Google Meet: g.co/meet/CPHSComoCCC

Drop-in for support completing the FAFSA or MN Dream Act, applying for scholarships, and regarding questions you have on paying for post-secondary education

Visit the CCC Event Calendar on the homepage of the CCC website for more information on upcoming CCC Events: sites.google.com/stpaul.k12.mn.us/comoccc.

Schedule a 1:1 meeting with Ms. Bridgette from the CCC at calendly.com/comoccc/oneonone




[Click HERE](#) for more information on College Resources + Events, Student Career Resources, Family Resources, and Paying for College

CONTACT US

[Counseling Department Website](#)

[Career & College Center Website](#)



Seeking 9th and 10th to join Upward Bound!!
For more information, please contact Como Upward Bound
Advisor, Mainong at mainong.yang@century.edu or your
counselor today!
Applications are online at: <https://bit.ly/ccub20>

Freshmen and Sophomores, it is not too late to apply to Upward Bound. Upward Bound is a college readiness and academic program that supports your goal of going to college.

Applications are available by visiting the link: <https://bit.ly/ccub20>

Please talk to your counselor or contact the Como Upward Bound advisor, Mainong at mainong.yang@century.edu for more information.






We've extended our deadline!

Applications due on DECEMBER 1st!

Apply now at CollegePossible.Org/Join!

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College Possible helps students prepare for the ACT, maintain a strong academic record, create a college list, apply for financial aid, and much more!

Application requirements:

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Applications due **F gego dgt '3'w.'4242**. Take advantage of this opportunity today!



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A Cadet Sergeant Major appointment exists in each military unit from company to division/formation. She is a senior enlisted advisor! Just as it does amongst our 107 cadets within CPSHS MCJROTC, her main job is to assist the commander in the discipline and welfare of the enlisted men/women. Her authority and responsibility at parades and ceremonies extends over even commissioned officers while on the parade square. She is often recognized as the Commanding Officers "right hand woman". She is the duty expert in all the teachings of our Close Order Drill within MCJROTC. She also holds the billet as our Drill Master and Battalion Color Sergeant. Cadet Sergeant Major Eh Say Htoo is seen here teaching a small cadre of cadets some basic drill movements. She is the most experienced cadet in all facets of close order drill. Semper fi - she is alive.

The Como Park High School Booster Club is Participating in 'Give to the MAX' from November 1-19

<https://www.givemn.org/organization/Comoparkhighschoolboosterclub>

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A FRIENDLY REMINDER FROM THE SCHOOL NURSE

During this time of COVID-19, it is especially important to make sure that all your child's immunizations are up-to-date and in compliance with Minnesota immunization laws.

You may be receiving communication if your child is in need of immunizations. If your child needs immunization(s), please contact your health care provider. Here are the resources if you do not have a primary clinic:

Health Start school-based clinics, located in high schools with no-cost immunizations for adolescents:

- Como Health Start 651-412-8445
- St. Paul- Ramsey County Public Health, 651-266-1234
- Neighborhood Health Care Network, 651-489-2273, www.nhcn.org
- Student Placement Center (SPC) Health Office, 651-632-3763

* Please see Immunizations Resources for Families 2020-2021*

Children's Mobile Unit will be at Washington Technology (listed on resource sheet) every Thursday afternoon in November for immunizations/flu shots- call for appointment

For any questions, please contact me:

Lori Nakamura LSN, School Nurse

612-548-4097 (Temporary Google Voice Number)



Immunization Resources for Families 2020-2021

Free and Low Cost Immunizations for Children

<p>Eastside Family Clinic 895 East 7th St St. Paul, MN 55106 651-602-7500 Hours: Mon, Tues Fri 8:00am-5:00pm Wed, Thur 8:00am-8:00pm Sat 8:00am-12:00pm</p>	<p>Minnesota Community Health Clinics 153 Cesar Chavez St St. Paul, MN 55107 651-602-7500 Hours: Mon, Fri, Sat 8:00am-5:00pm Tues, Wed, Thur 8:00am-8:00pm</p>	<p>Saint Paul Public Schools: Placement Center 2102 University Ave W St Paul, MN 55114 651- 632-3763 Hours: Times Vary Call for appointment</p>
<p>Face to Face Health Center 1165 Arcade St St. Paul, MN 55106 651-772-5555 Hours: Mon-Th 10:00am-6:00pm Fri 10:00am-4:00pm</p>	<p>Open Cities Health Center 409 Dunlap St St. Paul, MN 55104 651-290-9200 Hours: Mon-Fri 8:00am-5:00pm</p>	<p>United Family Health Center 1026 W. 7th St. Paul, MN 55101 651-241-1000 Hours: Mon-Fri 8:00am-5:00pm</p>
<p>Health Start Clinics 651-412-8445 Call to schedule an appt at any of the clinic locations Hours: 8:00am-4:00pm Central HS (Tues, Thurs) Como HS (Tues, Thurs) Gordon Parks (Tues-Thurs) Harding HS (Tues, Fri) Highland Park (Tues,Wed) Johnson (Mondays) Washington HS (Mon, Wed)</p>	<p>Open Cities Health Center North End Clinic 916 Rice St St. Paul, MN 55117 651-290-9200 Hours: Mon-Wed 8:00am-5:00pm</p>	<p>Children's Mobile Unit Every Thursday in Nov from 3:30-5:30 Washington Technology Magnet School 1495 Rice Street St. Paul, MN 55117 Register online: https://www.childrensmn.org/forms/mobileclinicregistration/ or call 651-726-9500 to register</p>
	<p>Ramsey County Public Health 555 Cedar Street St. Paul, MN 55101 651-266-1234 Hours: Tues and Thurs 8:30am -10:30am 1:00pm-3:30pm</p>	<p>Notary Public at UPS Store Locations available throughout the city. Hours: By Appointment call or schedule online. \$5 charge for conscientious objector forms notarized.</p>

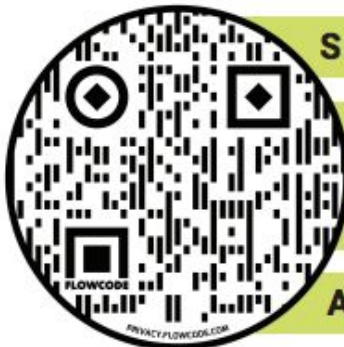
immunizations





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SIGN UP + ATTEND A WORKSHOP

Scan this QR code with your camera!

LEARN ABOUT MARKETING + ADVERTISING

GET CREATIVE + WIN PRIZES

APPLY FOR AN INTERNSHIP!

All workshops are currently virtual. Students can only attend one workshop per school year.

The BrandLab is out to change the face and voice of the marketing industry. Our vision is of a future industry that thrives with the insights and creativity of people from all backgrounds.



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