



LINWOOD MONROE  
ARTS PLUS

# LMAP NEWS

February 10, 2017

Our mission is to provide a quality, comprehensive, arts-infused education

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Greetings!

Congratulations to our students and staff on a wonderful musical production of Annie, Jr. featured at last Friday's gathering.

The upper campus gathering will welcome sixth grade students to the stage to showcase their recent artist in residency work with local photographer and author, Wing Yung Huie. The lower campus gathering will feature PBIS (Positive Behaviors, Interventions and Supports—national model) recognition. PBIS recognition celebrates one class from each grade level for working really hard on the behaviors that contribute to a safe and sacred learning community—in the classroom, hallways, recess, and cafeteria. Each classroom will showcase one strategy in an art form that reminds students to be in self-control of their words and actions.

As reported in previous newsletter updates, the recruitment season is in full swing. We have had many prospective PreK, Kindergarten and 6<sup>th</sup> grade families visiting both campuses to learn about the LMAP experience as they finalize their school selections for next school year. Many families commented on the recommendations that they have received by current LMAP families, thank you so much for sharing your experiences with prospective families.

This coming Monday, February 13, we join Saint Paul Public Schools in hosting the National African-American Parent Involvement Day. We welcome all parents to join us for any of the events planned for the day. For more information about the day's events, please see the flyer included in our LMAP News.

Lastly, as mentioned in our previous update, the BZA hearing for review of the variances for our expansion project will take place on Monday, February 13 at 3:00 p.m. at **room 330 of the City Hall/Courthouse located at 15 West Kellogg Boulevard**. Visit **Advocates for LMAP** website from our main website to learn more about the BZA Hearing.

We look forward to connecting with you at one of our upcoming events.

Respectfully,

Bryan E. Bass, Principal  
Linwood Monroe Arts Plus

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Principal

Al Levin  
Assistant Principal,  
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# JOIN LMAP AT THE BOARD OF ZONING APPEALS!

After many delays, the day is at hand. The Saint Paul Board of Zoning Appeals will be holding a public hearing on the variances needed for the improvement of Linwood Monroe Arts Plus on **Monday, February 13, 2017 at 3:00pm in room 330 of the City Hall/Courthouse located at 15 West Kellogg Boulevard.**

Join parents, teachers, staff, students, representatives of the Saint Paul NAACP and the Saint Paul Federation of Teachers, and members of the wider LMAP community to let the City of Saint Paul know that our children deserve a school building that can support a quality, 21<sup>st</sup> Century, arts-infused education.

Saint Paul Public Schools, as part of its Facilities Master Plan, has identified both campuses of Linwood Monroe Arts Plus as priorities for improvement, expansion, and renovation to support LMAP's mission as the only PreK-8 creative arts magnet school in Saint Paul, as a Language Academy, and as a hub for students with Developmental Cognitive Disabilities. The much needed improvement of LMAP is currently being delayed by a small group of immediate neighbors to the Linwood campus, despite broad support of parents, teachers, administrators, and friends throughout the city.

Please visit [AdvocatesForLMAP.org](http://AdvocatesForLMAP.org) for more information on what these improvements will mean for the LMAP community, a video guided tour of the expansion, and tools for letting SPPS, the Board of Education, and your elected officials know how important this improvement is for the children of LMAP.



The next PTA meeting will be **March 9<sup>th</sup>, 2017**. Meetings are held the second Thursday of the month, are from 6:30-8:00pm, and always held at the Monroe campus (810 Palace Av, 55102). There will be free childcare and snacks for the kiddos.

For additional information about the PTA, events, or meetings, please contact PTA Secretary, Ann Blumer-LaMotte, at [LinwoodMonroePTA@gmail.com](mailto:LinwoodMonroePTA@gmail.com)

# Morning Drop-Off Procedures at Linwood Campus



Please do not drop off students along Osceola Avenue. The area in front of the school is reserved for school buses. The drop-off zone at the Linwood campus is on Oxford Street between Osceola and Fairmount. It has come to our attention that this area can become dangerous due to cars parked in the drop-off zone. Due to the large number of drop-offs, and for the safety of our students, we ask that you do not leave your vehicles unattended in the drop-off zone. *If you would like to enter the building, you may park your car beyond the second posting (please see pictures above), outside of the drop-off zone.*

Linwood school hours are 9:30am–4:00pm. Students may be dropped off at 9:15am. If you have questions regarding this policy, please see Al Levin, the assistant principal or call 651-293-6606.

Thank you for your compliance and for helping to keep our students safe!

## Afternoon Pick-Up Procedures at Linwood Campus

Again, as in previous years, our parent pick-up will remain in the cafeteria. *Please do not remain in the hallway near the center stairwell (or anywhere else in the hallways)* as students sometimes leave the line without the knowledge of the teacher. It also becomes more congested if parents are in the hallway. Please sign your child out with staff when picking up in the cafeteria.

## **Linwood Monroe Arts Plus – Lower Campus Arrival and Dismissal Procedure Reminder**

Doors open for students at 9:15am when buses arrive. Due to lack of supervision, students should not be in the building until bus arrival time. School starts at 9:30am. If students arrive after this they will be considered tardy and should be accompanied by an adult into school and issued a late pass from the front office. Please do not drop students off unaccompanied at the curb.

Student dismissal time is 4:00pm. Unless previous arrangements have been made, do not go to your student's classroom early to pick up. The parent / guardian pick-up area is in the cafeteria. If any transportation changes need to be made, please contact the front office by 2:00pm the day of the change so enough time is allowed to contact the student's teacher. If your student normally rides the bus, you must notify either the front office or your student's teacher. Please do not just inform your student that he or she will be picked up that day; a school official must also receive that message either via phone or email.

Thank you for your help in assuring all students' safety.

### **GREETINGS FROM KINDERGARTEN!**

Kindergartners have been busy working on writing "How-to" books. We have made popcorn, pizza, peanut butter and jelly sandwiches, and will be finishing this genre study by writing about how to make pancakes. After making these foods, we wrote a book for each, using the sequence words: first, next, then, and last.

Making the pancakes will lead into our Eric Carle author study this month. He has written and illustrated many famous children's books including: The Very Hungry Caterpillar, The Grouchy Ladybug, and Pancakes, Pancakes. During our author study we will explore the characters and settings of his books, and will create art work based on his creative process. We will practice retelling the stories and will explore writing opinions about his books.

Soon it will be the 100th day of school for Kindergartners. This is a very exciting day as we celebrate all we have learned in the first 100 days of school. We will explore the number 100 by counting by 1s, 10s, and 5s.

# PreK News

Hello Families!

PreK is excited to announce that we recently started our Yoga Calm Arts Residency with Ms. Chrissy Mignogna from Winged Heart Yoga. This is Chrissy's third year with PreK at LMAP. Yoga Calm utilizes breathing techniques, regulating movement and mindfulness activities to teach self-regulation to children of all ability levels. It is organized around 5 principles- Listening, Stillness, Grounding, Strength and Community. We focus on one principle each week and build on skills we have learned and practiced each time. In between our weekly sessions, we practice a few of our new skills in the classroom. After our Arts Residency, we will incorporate some skills into our daily routine. Our sessions always begin with the breathing ball and chime. Students take turns being the breathing ball leader, counter and the chime leader. This is followed by compliments given to each leader by other students. We then may go into a flow of poses where we reach to the sun in Mountain, move to Down Dog, lay down on our bellies in Crocodile, raise our chest in Cobra and end in Child's or Seed Pose. Chrissy introduces a new principle and new poses and we always end with stillness and quiet in Final Story.

In addition to our Yoga Calm Arts Residency, we recently started a new area of study- Adapting to Our World. This area of study focuses on adaptation in the children's world. Now that children have observed changes in Exploring Change in My World, they have the foundation to examine how these changes lead to adaptation. This area of study will focus on how we adapt to changes in the weather, personally (clothing, activities), in our families (foods, shelter), and in our communities (habitats, migration and hibernation and how these connect to human adaptation).

Last, we would like to remind all PreK families that the School Choice Priority Application Deadline is February 15, 2017. If you are planning on having your PreK child attend Linwood Monroe Arts Plus for Kindergarten, no application is needed!

## Cooking Around the World

First Grade has been busy cooking, as we learn about places in the world. We are finding these countries on the map and reading a book about each country or by an author of that country. We will be cooking from 7 different countries in February and March: Sudan, Iraq, Yemen, Syria, Somalia, Iran, and Libya.

Learning about the world and trying new foods helps us to understand about other cultures and appreciate similarities and differences. As our understanding of others grow, our empathy for others also grows.

This week cooked Ful Medames from Sudan and read the book My Name is Sangoel by Karen Williams. Next week, we will cook Fattoush from Iraq and read the book The Librarian of Basra by Jeanette Winter. We can learn so much through cooking: math, measurement, science, and health. Try the recipe at home! Most kids loved it.

### Ful Medames

- 1 can of fava beans
- 1 tsp. of minced garlic
- 1/2 tsp. of lemon juice
- 1 TBS of tahini
- 1 pinch of salt
- 3 TBS of hot water
- 1 tsp of olive oil

In sauce pot, combine fava bean (with liquid), garlic, and lemon juice. Bring to a boil. Remove from heat. Drain excess liquid and coarsely smash beans with fork. Return to heat, add tahini and salt. At school, we served it with rice. You can also serve with pita bread.