



## Audubon Center of the North Woods

### What to Bring and What to Leave at Home (Winter)



*Students and adults are responsible for bringing personal items and clothing appropriate to the season. Remember that your group will be outside for the day, and being properly dressed for outdoors is essential for comfort and safety. We want this trip to be as pleasant as possible.*

#### **Clothing**

- Snow boots (required for participation)
- Tennis shoes for evening use
- Warm hat (ear muffs are not enough)
- Two pairs of mittens (mittens are better than gloves)
- Snowmobile suit or warm jacket and snow pants
- Long underwear
- Sweaters or sweatshirts
- Changes of outer clothing
- Changes of inner clothing
- Several pairs of socks (wool are warmer)

#### **Personal Gear**

- **Water bottle**
- Sleeping bag or sheets & blankets
- Pillow
- Towel
- Soap in a container
- Shampoo
- Toothbrush & paste
- Pajamas & slippers
- Writing materials
- Book to read

#### **Optional Personal Gear**

- Camera & film
- Audubon Center Store money
- Sunglasses

#### **Please Leave at Home**

- Radios, iPods, CD, DVD, or tape players, video game players
- Electrical appliances (hair dryers, curling irons, etc)
- Chewing gum, candy, pop
- Alcohol, tobacco, drugs, weapons
- Non-recyclable items

**Note:** *Before boarding the bus, we will meet in the gym and we will look through your bag with you to make sure you have the right equipment and are leaving behind inappropriate equipment.*