



Athletics

2011 - 2012

Open World Learning Community has a co-operative relationship with Central High School's and Capitol Hill Junior High School's athletic programs. Students at Open World Learning Community are encouraged to participate in activities throughout the year. At the end of the day, District school buses take students from OWL to Central High School. Transportation is **NOT** provided home following practices or games.

9th – 12th Grade at Central High School

Fall Athletics

Cross Country Running
Football
Boys Soccer

Girls Soccer
Girls Swimming and Diving
Girls Tennis

Girls Volleyball

Winter Athletics

Alpine Skiing (CO-ED)
Boys Basketball
Girls Basketball

Boys Hockey
Girls Hockey
Nordic Skiing (CO-ED)

Boys Swimming
Wrestling

Spring Athletics

Girls Badminton
Baseball
Boys Golf

Girls Golf
Girls Softball
Boys Tennis

Track & Field (CO-ED)

** Note: Transportation is **NOT** provided home following practices or games.

Registration:

To participate in any of these offerings ALL of the following must be completed:

- 1. A completed and signed 2011-2012 M.S.H.S.L. Parent Permit and health Questionnaire / Athletic Eligibility Statement
- 2. An up-to-date physical exam within the last three years on file with the School Nurse.
- 3. Pay participation fee (Make your check payable to Central High School.)

* **Additional forms are available from the OWL school office.**

**Turn in all documents to the activities office at Central High School by June 14th
for any fall sports.**

More information is available:

David Gundale ~ Open World Learning Community

Central High School – Athletic Office - Room 265
(651) 632-6029



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7th – 8th Grade at Capitol Hill Junior High School

Fall Athletics : September 12 thru October 18

Volleyball

Boys Soccer

Girls Soccer

Flag Football

Winter Athletics: October 31 thru January 13

Wrestling

Girls Basketball

Boys Basketball

Spring Athletics: April 2 thru May 31

Baseball

Softball

Badminton

Track & Field

Practice are generally held Monday, Wednesday and Friday from 2:45 – 4:30.

Games are generally held Tuesdays and Thursdays.

** Note: Transportation is **NOT** provided home following practices or games.

Registration:

To participate in any of these offerings ALL of the following must be completed:

- 1. A completed and signed Permission Slip.
- 2. An up-to-date Health Examination Form and physical exam within the last three years on file with the School Nurse.
- 3. Pay participation fee (Make your check payable to Capitol Hill.)
* **Additional forms are available from the OWL school office.**

Turn in all documents to Capitol Hill in care of Nadine Bergstrom, activities director, by the start of the first day of practice. Registration can be done on the first day of practice.

More information is available:

David Gundale ~ Open World Learning Community