

# Winter Clothing List

This is a guide for packing appropriately for your northwoods experience. If your family does not have an item on this list, it is not necessary to purchase new clothing. We can find or lend you any type of gear you might require during our trip.

## Basic Trip Items:

1. One large suitcase or duffel bag for clothing (labeled).
2. One sleeping bag/pillow sealed in a trash bag (labeled).
3. One backpack or small carry on bag for the bus.
4. One lunch with beverage for bus trip to camp.
5. One large towel and bathing suit for Sauna and jump in lake.
6. One wash cloth with bar soap.
7. One toothbrush with toothpaste.
8. One pair of warm boots, thermal underwear, wool socks, hat, mittens, and gloves.
9. Any personal hygiene products other than electronic devices.

## Head and Hands:

1. Wool Hat - covering ears and forehead
2. Scarf - keeps cheeks and neck warm
3. Mittens - 2 pairs since they may get wet

## Upper Body:

1. Long Underwear - wool or synthetic
2. Sweater
3. Nylon jacket - keeps snow off your layers
4. T-shirts
5. Sweatshirt

## Lower Body:

1. Long Underwear - wool or synthetic
2. Nylon snow pants - keep snow off your layers
3. Swimsuit - for taking a sauna
4. Wool or synthetic pants - layer over long underwear
5. Sweat pants or jeans - indoor use

## Feet:

1. Wool socks - 4 pairs at least 50% wool
2. Winter lined boots - removable liners work best
3. Tennis shoes - indoor use

## Sleeping:

1. Sleeping bag - use in heated cabin
2. Pillow

## Personal Items:

1. Water bottle
2. Towel
3. Camera and film
4. Small backpack
5. Flashlight
6. Sunglasses
7. Chapstick
8. Skin Lotion
9. Books and Journal