

## Literary Magazine *Verbal Promiscuity* seeking submissions

by Winfrey Oenga

NHS and Lit. Mag. committee is calling all artists for the 2017 issue of our school's literary magazine: *Verbal Promiscuity!* *Verbal Promiscuity* booklet is composed of visual and written work from the CHS students, where students are able to use their voices for a purpose. The NHS Literary committee designs this booklet with the help of Mrs. Colbert and accepts entries from CHS students.

Central students can submit all types of art such as; poems, poetry, photos, paintings, prose, drawings and short stories. Many students are motivated to make inspiring artwork that tells a story. Students may submit their own artwork, new or old. Submissions are due April 14. Submissions can be sent via email to [Verbalpromiscuity@gmail.com](mailto:Verbalpromiscuity@gmail.com) or turned into the box just outside Ms. Colbert's class.

*Verbal Promiscuity* features the work of students at Central. Submitted artwork is used to represent a unique theme that is created by the various forms of art. Some students use this opportunity to grow the skill needed in their art work and their catalog of art pieces. For most students this is the beginning of publishing their artwork. For example, "ANGELA" by Asha Bellamy was inspired by the beautiful existence of Angela Davis, a proud African American activist. ANGELA, for example, shows the creativity of Central students as well as the strength and texture of African American women and her intellect.



All editions of *Verbal Promiscuity* have a theme. In previous editions of *Verbal Promiscuity* students have drawn a theme by connecting their art and Central's influence and role in the society and the world. Themes have also included providing an audience for voices unheard and unrecognized.

Central invites students to be a part of *Verbal Promiscuity* and to help continue its journey at Central. Central is proud to be showing the creative abilities of the students at the school as they express their strong voices through their own individual work.

## 10<sup>th</sup> Grade MYP Project Fair

Monday night, March 27<sup>th</sup> the 10<sup>th</sup> Grade MYP (Middle Years Program-IB) classes of Mr. Ley and Mr. Elwell presented their projects to many family, friends and staff in the Central cafeteria.

About 60 student showed off their Design Cycle™ projects that included art, photography, coffee shops, video documentaries, cooking, sewing, robotics, mathematical design, website construction, musical composition, singing opera arias, bike assembly and disassembly and science projects on topics such as sleep patterns and hydration.

Mr. Ley said, "The students enjoyed sharing their projects."

The projects were to help students learn about themselves as learners and used the 4 step approach: investigation, planning, taking action and reflection. Mr. Elwell felt, "The students were all eager to share."



Lara Steen



Ella Ochs



Mae Guetschow & Kao Kou Xiong



Noah Johnson



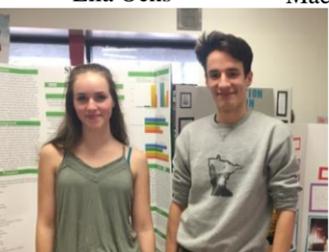
Bryan Le & Tosin Opakunle



Rhett Power, Grace McCarthy & Isabella Gonzalez



Chynna Moua



Clara Schilder-Manning & August Halverson



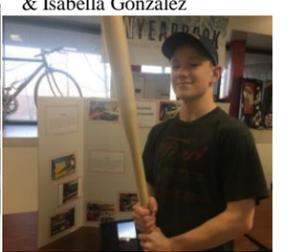
Brooklyn Jarrett



Adrian Ali-Caccamo



Birdy Xiong



Henry Myers



Students in rehearsal for Spring Play

*Moon Over Buffalo* is a comedy, with a lot of dramatic effects. The story centers around George and Charlotte Hay, two traveling performers. The two performers have been informed that a director will be watching their show, to see whether they should be cast as actors in his new show. After a few shenanigans the actors have to band together to put on the performance of the decade. The show is sure to give everyone a laugh.

You'll get to see some of your favorite Central theater kids hit the stage once again, in *Moon Over Buffalo* this April.

The cast includes: Via Logan, Booth McGowan, Will Pratt, Abi Moseman, Elena Medeiros, Tran Le, Samuel Awes and Benjamin Ortega

Drama Board to present

## *Moon Over Buffalo* April 21-23

by Cassie Devries

Coming up on April 21st and going through the 23rd, the Central Drama Board will be performing *Moon Over Buffalo*. With a cast of eight, it's a smaller show, but it has a big story.

## Central students and staff donate blood in second Student Council Blood Drive



American Red Cross

On Monday, March 6<sup>th</sup>, Central donated 32 units of blood to the American Red Cross.

## Seniors go to College

by Latrice Butts  
With spring comes college responses.



This means that Central seniors are starting to hear back from the colleges they applied to. After acceptance, there are few things that will help seniors select a school. First, seniors will receive a financial aid package; for many, this helps to determine where they will attend college. When asked, seniors stated that financial aid was a major factor in determining where they would attend college. Other factors considered when choosing a school include location, diversity of students and staff and subjects of study offered.

When asked how they felt about college, seniors had mixed responses. Some said they were excited and scared to attend, while others said that college is a necessity. Some even said they feel too broke [financially] to attend. When asked about the application process most felt it was easier than they had expected, despite thinking it was long, stressful and semi-annoying. Some questions were found to be shocking depending on where you apply. For example, St. Kates had religious questions as it is a religious school. However, while they found the actual application easy they felt that the FAFSA was extremely hard. When asked if they knew what they were going to study, some were undecided and others knew exactly what they would major in. Child development, nursing, art design and social work were some areas of study.

Wherever they are headed, Central seniors are having all sorts of emotions about going off to college!

## Mock Trial Team goes to State

by Leilani Andrews

On March 11<sup>th</sup>, Central's Mock Team competed in the State Mock Trial Tournament in St. Cloud at the Starns County Courthouse. Students used arguments as attorneys would with judges making decisions over the argument and then voting on who has successfully made their argument valid.

Asher Bernick-Roehr was selected All State Attorney award, and has considered possibly taking his success to a law school, someday. Asher stated that "The State Mock Trial Tournament was a gavel above the rest".

Sylvia Doer took home the All State Witness award.. Congratulations



## Central 150<sup>th</sup> Trivia

### PROM 1931



Sydney Warch won the Sportsmanship Award at the National Curling Competition in Michigan. Congratulations!

Order your Yearbook – [jostensyearbooks.com](http://jostensyearbooks.com)

## May Garvey composes “Heart of War” for Central orchestra

by Cassie DeVries

Never performed before, the orchestra piece “Heart of War” was premiered February 28<sup>th</sup> by Central’s Orchestra. This piece was composed by Central student, junior May Garvey who started writing the orchestra piece last year as a sophomore. However it wasn’t done in just one shot. Garvey revised her original piece that was written, turning it from “Rhythm of War” to “Heart of War”, with much of the sound changing as well.



The piece had started as “Rhythm of War” because of the strong percussion and pounding beat. However, now the percussion is inspired heavily by Chinese music, while the melody and harmony are came from Celtic culture. While Garvey isn’t Chinese, but is rather Hmong and Irish, she stated that she often listened to different styles of music, and her pieces were inspired by many of them. She describes, “It happens with whatever music I’m listening to at the moment, and I get into the feeling.”

“Heart of War” was written just as that, having been inspired by classical music as well as cinematic scores. However, this piece was most heavily inspired by how Garvey remembered her childhood, not exactly fitting in, and always playing in her own fantasy reality. That false reality crashes into reality in Garvey’s heart, and thus the “Heart of War” was born.

Not all artists are born creating, though. Up until last year, Garvey hadn’t wanted to compose, and had been afraid to try. However, once she started, she couldn’t stop, creating over a dozen pieces in the process.

While “Heart of War” was performed for the first time in Garvey’s junior year, she started writing it the year before, as a sophomore. While the piece started out with its strong percussion, that changed this year, because of how her personal life influenced the themes. As a child she grew up with a separate world for her adventures to happen in, much like other children. Garvey didn’t feel completely accepted, and the “Heart of War” represented the conflict between reality and her own false reality.

“Heart of War” has many different influences that are clashing, but come together to represent Garvey. Chinese music she had listened to worked into the percussion, while her Celtic influences wove into the melodic and more harmonic sense. She had a lot of cinematic influence, as well, with movies like “Lord of the Rings” and “Pirates of the Caribbean” running through her mind.

While Garvey started playing and becoming interested in music in kindergarten, she started as a music arranger her sophomore year. She was working on covers, saying that it would be too hard to actually compose her own piece. However, one day she found that the tunes she’d had in her head since she was a child could become a piece like none before. Thus “Heart of War” began.

In just a year of composing, Garvey has started over a dozen pieces that are currently in the process of being finished. She’s dabbling in everything from waltzes to duets and heritage inspired pieces. She likes to create things from what she’s recently heard. Only a year ago, Garvey couldn’t even think about being a composer, she’s fallen in love with it, and now would love to pursue it as a career.

The titles of her pieces came from originally how the piece sounded with percussion, but the revision was because of influences, personally, and the influences were how she wasn’t fully accepted, and her entire life she had a second world. She played with her sister.

She plays violin and viola, but she composes on the piano. She told herself composing was too hard, but in her sophomore year she realized she had a ton of tunes that she could use in songs, and they are things she’s had in her head for years.

She plans to write more. She has 14 pieces of unfinished pieces at the moment -from waltzes and jazz to other Celtic and Chinese pieces as well. There’s a range of duets. “It happens with whatever music I’m listening to at the moment, and I get into the feeling. And I make my own version of the theme.” she said.

There’s a lot of famous composers she listens to, from classic Beethoven, and John Williams in cinema to Joe Hisaishi and Winnan Rossy, that really helps.

She’d love to be a professional composer. “I love it! I want to pursue it,” says Garvey.



## Students from around the world at Central

by Latrice Butts

For many years students from all around the world, come to America on a specific scholarship to have a flexible and cultural year.

This year (2016-2017) six foreign students got an opportunity to complete their scholarship year at Central. By spending a whole year far apart from their natural families and home countries, they turn their colors to American culture.

We talked to some of these students and got responses about their life changing experiences.

**Malena Heckmann**, a 16 year old girl from Germany is on the Programme of International Experience. Her experience was completely different. She also talked about the weather, which is pretty cold here especially with the snow, it’s not that cold in Germany, where she’s from. She also share her thoughts “At first I was missing my family, as the time passes, I start my daily work and now I am enjoying it here”.

**Marica Folgheraiter**, a 16 year old girl from Italy took an exchange step in her life, by the support of Exchange organization called AFS (American Founders Society) Intercultural program. She shared her first thoughts of being in the USA “It was difficult to make friends at first but now all things are going with the flow perfectly”. It’s the opportunity that helps her learn more, while also looking forward to establishing more qualities.

**Areeba Aslam**, a 16 year old Pakistani girl, living here with her host family, far apart from her natural home, is experiencing the completely diverse culture on a scholarship through YES (Youth Exchange and Study) Programme through the AFS (American Founders Society) Organization. She said “Everyone should experience being foreign at least once.” She shares her cultural thoughts “The school system, weddings, dressing, food and many other daily life things are completely different”. We also talk about her experience living here, she said “It is not the year in a life, It is the life in the year”. “I learned a lot here by experiencing new things and broke the stereotypes about my country, after leaving this memorable year I will be able to break the stereotypes about USA in my country.”

By talking to all these completely diverse minds, we can get an idea of what being a foreign exchange student is like. To be from another country without your family, to present your country to other countries from outside the borders, is such a brave act for these teenagers. By being a part of the exchange program, they have turned strangers into friends.

*“You build a life for 16 years and leave it for 10 months,  
You build a life for 10 months and leave it forever.”*

## Roots & Shoots hosts Dodgeball Tournament



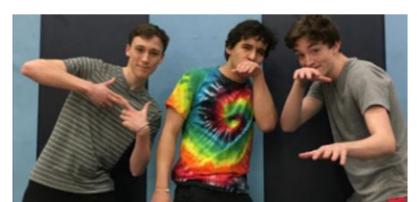
by Lovly Yang

On March 24 from 3-5 PM Roots & Shoots, a Central Club, held a fundraising Dodgeball Tournament at the MLK Rec Center. There were 8 teams of 5 members each. Some teams had players from other teams. However, one thing that everyone experienced was fun. The winning team, Thrc Boi! consisted of:

Simon Dreisbach, Ethan Nelson, Paul MacGregor, Linus Hennessee and David Kehr

The way the tournament functioned was that the winning team moved to the next round until only two teams remained. Everyone’s heart heart was beating faster in the final round. People were cheering and shouting out what to do back and forth. The winning team received free Roots & Shoots T-shirts and food.

Almost \$300 was raised for Roots & Shoots projects. Olive Murdock Meyer, coordinator of the tournament, thought it was successful and said, “It was fun.”



## Student Commentary

### Sexting

Sexting is the act of sending inappropriate messages or pictures to someone through technology on social media. As technology becomes more and more advanced it can be abused.

Sexting can have a lot of negative impacts on a person. Sexting takes away a person’s privacy and leads to more open vulnerability and can be very dangerous. Negative impacts from sexting can lead to suicide, bullying, or arrest. 40 percent do it as a joke, 34 percent do it to feel sexy, and 12 percent feel pressured to do it according to an international study.

Think twice before sending physical revealing images to another person through messages or through the internet. Most people sext without thinking clearly and rationally about how this can create bad, negative and uncomfortable consequences for the people involved. This can negatively carry into a person’s future even if it happened of years ago.

This can limit or can take away a person’s choices and freedoms in the future.

An example of sexting would be: two years ago, two North Carolina high schoolers, who were dating was sending nude pictures to each other. They were soon caught and both of them faced charges. “A simple possession, having it on your cellphone is a charge itself,” Sgt. Sean Swain of the Cumberland County Sheriff’s Office says.

Another example would be the sexting scandal that happened involving more than 35 Mid-Michigan high schoolers. Pictures that were sent were from a young woman using snapchat.

We decided to do a survey at Central High School. More than half of survey respondents knew what was sexting. Few people in the survey responded that they had experienced sexting. Half of the students got their phones between 11 and 16 years old.

We asked students for their overall opinions about sexting. Here is what one

student said in the survey, “I think that each person gets to decide for themselves whether they want to sext or not. There shouldn’t be so much stigma associated with sexting. There should also be harsher punishments for people that share private photos or texts without someone’s consent.”

Sexting can be very dangerous and can lead to vulnerability. In the future whether someone chooses to consent to doing sexting or not, in the end it’s their choice and their choice alone. If someone does consent to sexting know the dangers and consequences that can come along with doing sexting before deciding consent to do it. Know that if a person does decide to sext, don’t do it with just anyone. If someone consents, do it with someone who is trustworthy and has shown that. But be careful.

by Bella Gillespie-Cuesta  
and Lovly Xiong

**PROM**  
May 13<sup>th</sup>  
RiverCenter

## Central High Times

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Staff & Contributors: Cassie DeVries, Latrice Butts, Areeba Aslam, Leilani Andrews, Lovly Yang, Photo contributor Grace Tillotson & Olive Murdoch Meyer  
Advisors: Hannah Weber and Jack Schlukebier